

School Health Survey 2024-2025

The Texas Education Code (TEC), §38.0141, requires the Texas Education Agency (TEA) to collect data relating to student health and physical activity from each school district/charter district. The School Health Survey has been developed for this purpose. The data gathered will allow the agency to better address the various health-related needs of Texas schools and students statewide.

The survey will take approximately 15-30 minutes to complete. This survey must be **completed online** and can be **submitted only once** for each school district (including a district designated as a district of innovation) and open-enrollment charter school. Responses should reflect the entire 2024-2025 academic year and may require input from different staff members within the district/charter school to completely answer the survey questions.

Please coordinate with staff to ensure there is **one submission** per school district/open-enrollment charter completed on a single device. Should a school district or open-enrollment charter submit the survey more than once, the most recent submission, even if incomplete, will be considered the final submission.

Survey completion deadline – **FRIDAY, May 30, 2025**

INSTRUCTIONS

The online submission requires you to complete the entire survey of fifteen questions. To make changes, simply click on the new response. In some cases, you will need to unclick a previous answer to change the response. To move through the survey, click the previous/next (Forward arrow/Back arrow) buttons at the bottom of each page.

At the end of the survey, you may wish to print a copy of the completed survey for your records **BEFORE** you click "DONE." After clicking "DONE" you will not be able to re-enter the survey to make changes.

You will receive a "pop-up" message as your confirmation receipt. You will not receive any other confirmation.

Thank you for your participation in the 2024-2025 School Health Survey.

Please select your education service center (ESC) geographic region and local education agency (LEA) from the list below.

ESC Geographic Region

LEA Name and County District Number (CDN)

▼

Preparer Information

Name of Preparer (First/Last Name) _____

Title of Preparer _____

Email Address of Preparer _____

1. How many times did your School Health Advisory Council (SHAC) meet during the 2024-2025 academic year?

▼ 0 (1) ... 4

2. During the 2024-2025 academic year, what was your district/charter school's practice for meeting the elementary school physical activity requirement?

30 minutes/day for all grade levels

30 minutes/day for some grade levels, 135 minutes/week for others

135 minutes/week for all grade levels

More than 135 minutes/week

More than 150 minutes/week

Other (provide details in box) _____

3. During the 2024-2025 academic year, what was your district/charter school's practice for meeting the middle/junior high school physical activity requirement?

30 minutes/day in physical education for four semesters

225 minutes/two weeks in physical education for four semesters

Other (provide details in box) _____

Four semesters of physical activity in alternative programs

A mixture of physical education and alternative programs

4. During the 2024-2025 academic year, did each campus in your district/charter school have the appropriate equipment and adequate facilities for students to engage in the amount and intensity of physical activity as part of the required curriculum outlined in TEC [§28.002\(l\)](#)?

Yes

No

5. During the 2024-2025 academic year, did your district/charter school have a policy to allow teachers or administrators in the district to withhold physical activity from a student as a form of punishment?

Yes

No

6. During the 2024-2025 academic year, did your district/charter school allow modifications or accommodations to enable physical education courses to meet the needs of students with disabilities?

Yes

No

7. During the 2024-2025 academic year, did your district/charter school notify parents that they could request in writing their child's physical fitness assessment results at the end of the school year?

Yes

No

8. During the 2024-2025 academic year, did your district/charter school adopt/have in place policies and procedures that prescribed penalties for the use of electronic-cigarettes and tobacco products by students and others on campuses or at school-sponsored or school-related activities?

Yes

No

9. During the 2024-2025 academic year, did your district/charter school have any of the following policies for unassigned medications? Mark all that apply.

- Epinephrine auto injector policy
- Medication for respiratory distress policy
- Opioid antagonists policy for elementary schools (grades 5 and under)
- Opioid antagonists policy for middle/junior high schools and high schools (grades 6-12)

10. During the 2024-2025 academic year, did your district/charter school provide training for staff in dealing with students at risk of suicide, recognizing early warning signs, and how to intervene effectively with students?

- Yes
- No

11. During the 2024-2025 academic year, which Coordinated School Health Program did your district/charter school implement in elementary schools?

- Bienestar
- CATCH
- Other (provide details in box) _____
- Great Body Shop
- SPARK (Prior to May 2019)

12. During the 2024-2025 academic year, which Coordinated School Health Program did your district/charter school implement in middle and/or junior high schools?

- Bienestar
- CATCH
- Other (provide details in box) _____

Great Body Shop

SPARK (Prior to May 2019)

13. During the 2024-2025 academic year, did your district/charter school require health education as a graduation requirement for high school students?

Yes

Other (provide details in box) _____

No

14. During the 2024-2025 academic year, did your district/charter school adopt policies to meet the U.S. Department of Agriculture (USDA) food requirements per TEC [§28.004\(k\)\(3\)\(B\)](#)?

Yes

Other (please provide details in box) _____

No

15. During the 2024-2025 academic year, did your local wellness policy address any of the following? (Mark all that apply).

Increased opportunities for students to be physically active

Increased opportunities for students to select and consume healthier foods and/or snacks

Improved access to fresh fruits and vegetables (e.g., implementing a farm-to-school program or fruit and vegetable snack program)

Other (provide details in box)
