

Written Summary of Restraint Use*

Student name: _____

Date of restraint: _____ Time began: _____ Time ended: _____

Nature of restraint (describe type of restraint used): _____

Location of restraint: _____

Name(s) of staff member(s), volunteer(s), and/or independent contractor(s) administering restraint: _____

Description of activity in which student was engaged immediately preceding the use of restraint: _____

Student's behavior that prompted the restraint:

- Imminent serious physical harm to themselves
- Imminent serious physical harm to others
- Imminent serious physical harm to themselves and others
- Imminent serious property destruction
- Imminent serious physical harm to themselves and imminent serious property destruction
- Imminent serious physical harm to others and imminent serious property destruction
- Imminent serious physical harm to themselves and others and imminent serious property destruction

Describe student behavior(s) that prompted the restraint: _____

Efforts made to de-escalate the situation:

- Provided choices
- Verbal redirection
- Calming techniques
- Reduced demands
- Reduced verbal interaction
- Other _____

Explain: _____

Alternatives to restraint that were attempted:

- Removal of other students
- Request for assistance
- Other _____
- Voluntary removal of student to another location

Explain: _____

Observation of student at end of restraint: _____

Behavioral Intervention Plan (BIP) Considerations:

Does the student have a behavior intervention plan or a behavioral improvement plan?

- Yes No

If **No** is the answer to the underlined question above, information on the procedure for the student’s parent or guardian to request an admission, review, and dismissal (ARD) committee meeting to discuss the possibility of conducting a functional behavioral assessment of the student and developing a plan for the student is described in the box below.

LEAs must provide information on their procedure for requesting an ARD committee meeting for this discussion.

If **Yes** is the answer to the underlined question above, might the plan need to be revised because of the behavior that led to the restraint? Yes No

If “yes” is the answer to the question above, identify the staff member responsible for scheduling an ARD committee meeting to discuss this potential revision.
