PFAI File Information and Upload Help Template

This document provides detailed information on creating the PFAI student data submission file. Information about all worksheets follows.

Worksheet two, Upload Help, contains definitions of data required for the PFAI student data submission file. Worksheet three contains a spreadsheet with sample data and cell formatting details. The PFAI student data submission file must be saved and uploaded as a csv (comma delimited) (*.csv) file. Data may also be uploaded as a text (*.txt) file.

If errors are reported when uploading data files in PFAI, open the file in Excel or Notepad and view the file to identify and correct errors. Note: If the file is reopened in Excel, formatting that may have existed for columns A, C, and D may be lost and if so, must be reformatted. For details, see Organizing Data for the PFAI File in the Quick-Start Guide.

A formatted spreadsheet for creating the PFAI upload file can be accessed from https://tea.texas.gov/texas-schools/health-safety-discipline/physical-fitness-assessment-initiative.

For detailed information and assistance, please see the Quick-Start Guide: Physical Fitness Assessment

Student Upload to TEA

Element Name	Description	Type	Possible Values
School ID	Identification number of School	String (9)	Required
	(9 Digit County District Campus Number)		Only use whole numbers. Do not use Hyphens.
			Leading zero required, if applicable to School ID.
School Name	Name of School	String (75)	Required
Test Date	Make sure the upload file has only the most recent or	DateTime	Required
	current test date.		Values may contain leading zeroes or not.
	(mm/dd/yyyy)		Examples:
			"3/1/2021"
			"03/01/2021"
			* Note: Quotes above are only for reference and should not be used in
			actual value.
Student Grade	Current grade level.	Integer	Required
Student Grade	Current grade level.	intogor	Leading zeros acceptable (i.e. "03 or "3").
			"3" - Third Grade
			"4" - Fourth Grade
			"5" - Fifth Grade
			"6" - Sixth Grade
			"7" - Seventh Grade
			"8" - Eighth Grade
			"9" - Ninth Grade
			"10" - Tenth Grade
			"11" - Eleventh Grade
			"12" - Twelfth Grade
			* Note: Quotes above are only for reference and should not be used in
			actual value.
Student Gender	Student gender	String (1)	Required
			Not case-sensitive (i.e. "M" or "m" are acceptable)
			"M" - Male
			"F"- Female
			* Note: Quotes above are only for reference and should not be used in
			actual value.
Height	Expressed as total inches.	Integer	A whole number.
	(PFAI will calculate BMI from height and weight)		Lines 8 and 9 (H/W) OR 10 and 11 (Skinfold) should be completed.
Weight	Expressed in pounds.	Integer	A whole number.
Objects Id Telesco	(PFAI will calculate BMI from height and weight)	Into and	Lines 8 and 9 (H/W) OR 10 and 11 (Skinfold) should be completed.
Skinfold Tricep	Skinfold Tricep Site	Integer	A whole number.
	(PFAI will calculate % body fat from both skinfold sites)		Lines 8 and 9 (H/W) OR 10 and 11 (Skinfold) should be completed.
Skinfold Calf	Skinfold Calf Site	Integer	A whole number.
Similar San	(PFAI will calculate % body fat from both skinfold sites)	intogo.	Lines 8 and 9 (H/W) OR 10 and 11 (Skinfold) should be completed.
	(1774 Mill Galdalato 70 Body fat from Body Statistical State)		Elifos o una o (11/11) Ore to una 11 (okumola) snoula de completea.
1 Mile Run (Minutes)	One-mile Run in minutes	Integer	A whole number.
, ,		ŭ	Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
1 Mile Run (Seconds)	One-mile Run in seconds (0-59)	Integer	A whole number 0-59 only.
			Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
PACER Laps	Progressive Aerobic Cardiovascular Endurance Run	Integer	A whole number 0-300 only.
	(PACER) Laps		Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
1 Mile Walk (Minutes)	One-mile Walk in minutes	Integer	A whole number.
			Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
1 Mile Walk (Seconds)	One-mile Walk in seconds (0-59)	Integer	A whole number 0-59 only.
			Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
1 Mile Walk Heart Rate	One-mile Walk heart rate	Integer	A whole number.
- · · ·			Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
Curl Up		Integer	A whole number 0-75 only.
Trunk Lift	Expressed in inches not to exceed 12	Integer	A whole number 0-12 only.

Student Upload to TEA

Element Name	Description	Type	Possible Values							
Push Up		Integer	A whole number 0-99 only.							
•		-	Line 20 (Push Up) OR 21 (Modified) OR 22 (Flexed)							
Modified Pull Up		Integer	A whole number 0-999 only.							
•		-	Line 20 (Push Up) OR 21 (Modified) OR 22 (Flexed)							
Flexed Arm Hang	Expressed in seconds	Integer	A whole number 0-999 only.							
-		-	Line 20 (Push Up) OR 21 (Modified) OR 22 (Flexed)							
Back Saver Sit & Reach - Left	Expressed in inches not to exceed 12	Integer	A whole number 0-12 only.							
		-	Lines 23 and 24 (Back Saver) OR 25 and 26 (Shoulder Stretch)							
Back Saver Sit & Reach - Right	Expressed in inches not to exceed 12	Integer	A whole number 0-12 only.							
Ü	'		Lines 23 and 24 (Back Saver) OR 25 and 26 (Shoulder Stretch)							
Shoulder Stretch - Left		Integer	"1" - No							
			"2" - Yes							
			* Note: Quotes above are only for reference and should not be used in							
			actual value.							
			Lines 23 and 24 (Back Saver) OR 25 and 26 (Shoulder Stretch)							
Shoulder Stretch - Right		Integer	"1" - No							
g		9	"2" - Yes							
			* Note: Quotes above are only for reference and should not be used in							
			actual value.							
			Lines 23 and 24 (Back Saver) OR 25 and 26 (Shoulder Stretch)							
IsHispanicLatino	Ethnicity: If selected then Student is considered	Boolean	"1" - Selected							
ioi nopamozauno	Hispanic/Latino otherwise Not Hispanic/Latino	Booloan	"0" or Blank - Not Selected							
	Thispanio Eduno Guiciwise Not Thispanio Eduno		* Note: Quotes above are only for reference and should not be used in							
			actual value.							
lsAmericanIndianAlaskaNative	Race: If selected then Student is considered American	Boolean	"1" - Selected							
io mondamiani madiana	Indian or Alaska Native	Boolouii	"0" or Blank - Not Selected							
	Indian of Alaska Native		* Note: Quotes above are only for reference and should not be used in							
			actual value.							
IsAsian	Race: If selected then Student is considered Asian	Boolean	"1" - Selected							
isAsiaii	Nace. Il selected then Student is considered Asian	Doolean	"0" or Blank - Not Selected							
			* Note: Quotes above are only for reference and should not be used in							
			actual value.							
IsBlackAfricanAmerican	Race: If selected then Student is considered Black or	Boolean	"1" - Selected							
isblacio uncari uncheari	African American	Doolcan	"0" or Blank - Not Selected							
	Allicali Allicicali		* Note: Quotes above are only for reference and should not be used in							
			actual value.							
IsNativeHawaiian∩therPacificIsland	Race: If selected then Student is considered Native	Boolean	"1" - Selected							
	Hawaiian or Other Pacific Islander	Doolean	"0" or Blank - Not Selected							
	nawalian of Other Facilic Islander		* Note: Quotes above are only for reference and should not be used in							
			actual value.							
IsWhite	Race: If selected then Student is considered White	Boolean	"1" - Selected							
isvaline	race: Il selected trieri Student is considered White	Doolean	"0" or Blank - Not Selected							
			* Note: Quotes above are only for reference and should not be used in							
			actual value.							

School ID	School Name	Test Date	Student Grade	Student Gender	Height	Weight	Skinfold								Curl Up Trunk					Back Saver Sit &			IsHispanicL	a IsAmericanIndian	Al IsAsian		IsNativeHawaiianOt	
							Tricep		(Minutes)	(Seconds)	Laps	(Minutes)	(Seconds)	Heart Rate	Lift		Pull Up	Arm	& Reach-Left	Reach-Right	Stretch-Left	Right	tino	askaNative		merican	herPacificIslander	
22222222	Great High School	3/8/2021	10	F	63	114			15	32					24	5			7	5				1	0 0	0	() 1
02222222	Texas MS	4/1/2021	8	m	70	110			14	10					30	9			9	9				1	0 0	0	0) 1
FORMAT: Gustom - Type: 00000000 OR Text If formatted as text and the School ID begins with a zero, the zero must be entered.	FORMAT: General	FORMAT: Date - Type: 3/14/2012	FORMAT: General	FORMAT: General	FORMAT: General	FORMAT: General	FORMAT: General	FORMAT: General	FORMAT: General	FORMAT: General	FORMAT: General																	

Sample Data with Formatting Information

School ID School Test Date Student Student Height Weight Skinfold	Shoulder Stretch Je Hispanic I	aia latanaisantadian				
		anic isamencammulan	an Isasian	IsBlackAfrica	an IsNativeHawaiian	isWhite
School ID School Test Date Student Reight Re	Right Latino /	AlaskaNative		American	OtherPacificIsland	