

### Things You Can Do to Manage Your Child's Behavior at Home



Give your child  
positive  
reinforcement.



ex. TV time, call a friend, social  
media break, drawing break, toy time

Additional ideas: [direc.to/dtsL](https://www.direc.to/dtsL)



Praise good and  
appropriate  
behavior.



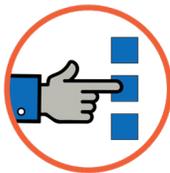
Link to replacement behavior video:  
[direc.to/dtsH](https://www.direc.to/dtsH)



Respond calmly if  
challenging behaviors  
occur.



Strategies for responding calmly:  
[direc.to/dtsE](https://www.direc.to/dtsE)



Choose a couple  
strategies to prevent  
challenging behaviors.



Strategies for preventing challenging  
behaviors: [direc.to/dtrd](https://www.direc.to/dtrd)



Help your child by  
breaking up their  
assignments into  
smaller sections.



This provides your child with small,  
frequent, and attainable goals.

Ways to break up assignments:  
[direc.to/dtsB](https://www.direc.to/dtsB)



Help your child  
understand their  
emotions and to  
self-calm.



Self-regulation tips: [direc.to/dtrg](https://www.direc.to/dtrg)



### Tips to Plan for Learning



Review your child's Individualized Education Program (IEP) and their Behavior Intervention Plan (BIP).



Communicate with your child's school and special education teachers.



Strategies and tips that provide support for specific behaviors - Allows to maximize learning and positive parent - child relationships. ([direc.to/dtra](http://direc.to/dtra))



Gather materials you need for all assignments.



Does your child need help completing assignments, or can they do it independently?



Find a quiet place for your child to be able to focus and remove distractions such as toys or a TV. ([direc.to/dtrT](http://direc.to/dtrT))

### Set Your Schedule



Have consistent structures and routines. ([direc.to/dtrn](http://direc.to/dtrn))



Use a visual schedule. ([direc.to/dtrQ](http://direc.to/dtrQ))



Have a daily assignment list - this will also help monitor your child's progress.

