**ECSE Home Learning Information**

**Parent/Guardians,**

During these unprecedented times of school closure, it is important that your special needs child continue to follow a daily routine. To help support you and your child during this time, I will be providing weekly activities for you to do with your child at home. I know that life is very different right now and understand that not everyone has the same resources or time/schedule at home, but if you would take a moment to look over the information and activities I have provided for your child it would be very helpful in continuing their learning while we are away from school.

**Please also be aware and mindful of what your child can handle.** Because of your child’s age and/or disability, you should not expect your child to be able to sit and focus on an activity for longer than 10-15 minutes (sometimes less!). Please use these activities as a guide and use your best judgement to make it work for your child and your schedule.

**Thank you for all you do for your child!!**

**Enjoy this time with your kiddo(s) & family and practice healthy hygiene routines!!**

**Please feel free to contact me for any questions or concerns!!**

**I am HAPPY TO HELP!**

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| **Teacher Name - ECSE Teacher** |
| **Email address** |
| **Virtual Office Hours: Tuesday-Friday 1 - 2:30 PM** |

**Creating a Schedule at Home**

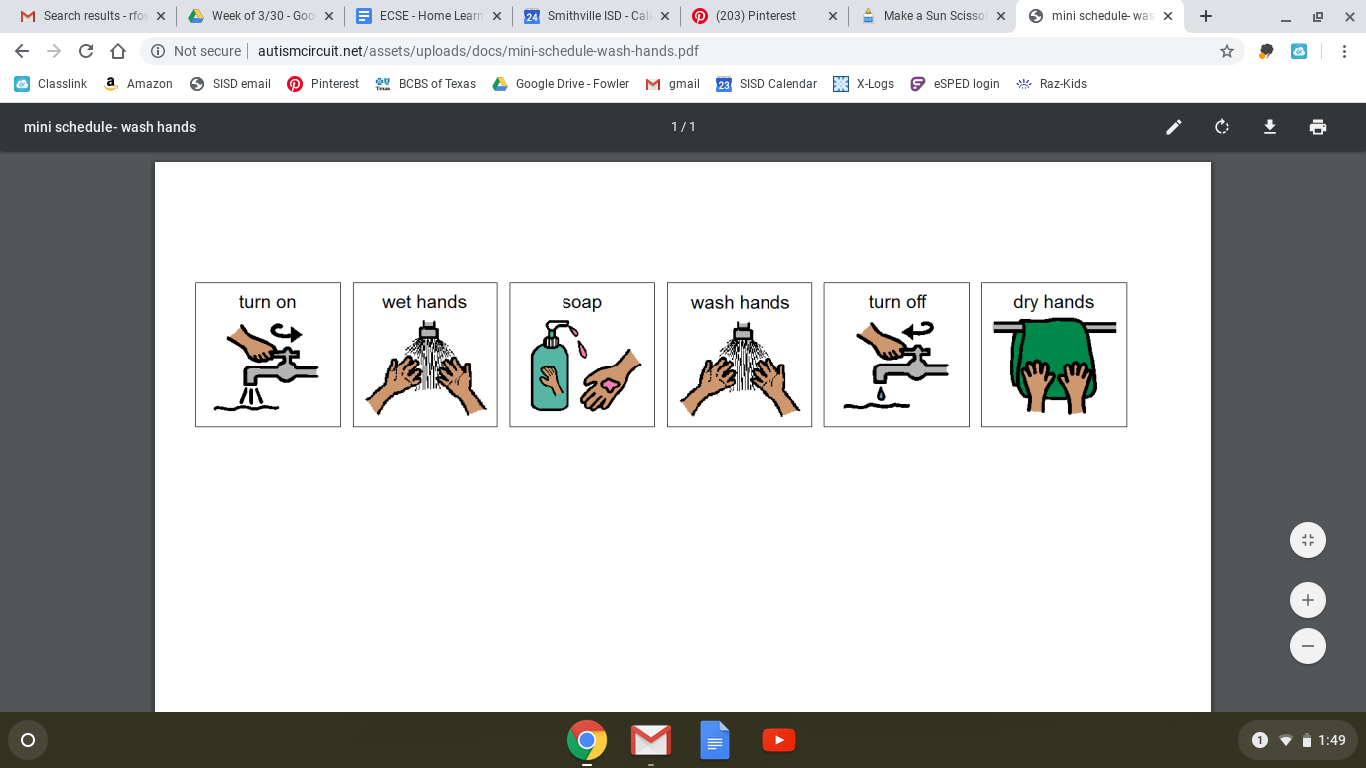
Your child functions best when his/her day is predictable, therefore creating a home daily schedule will be very important during this time. Because every child may wake up at a different time, I provided a **sample schedule** with flexible times.

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| **Activity** | **Time Frame** | **Notes** |
| Morning Routine | 30-45 minutes | wake up, potty, get dressed, breakfast, brush teeth |
| Choice time (free play) | 1 hour | Blocks, Pretend play, etc. Playing with your child and modeling language is a great learning opportunity. |
| Virtual Circle Time | 15 minutes | Watch Mrs. Fowler lead our daily circle time |
| Sensory Play | 30 minutes | Play-doh, sand, water beads, kinetic sand, beans, pasta, etc |
| Learning time | 15 minutes | See weekly activities |
| Lunch | 30 minutes | Remaining seated and focused on eating is an important skill. |
| Outside time | 1 hour | Enjoy the sunshine! |
| Virtual story time | 15 minutes | Watch Mrs. Fowler read you a story! |
| Rest time | 1-2 hours | Resting is important for growth and development. |
| Snack | 15 minutes | This is a good opportunity to practice requesting. |
| Fine Motor time | 15 minutes | See weekly activities |
| Choice time (outside time or free play) | 1 hour | Enjoy the sunshine! |
| Learning time | 15 minutes | See weekly activities |
| Evening routine | 1-2 hours | Dinner, bath time, brush teeth, storytime |

**Visuals**

We use visuals in our classroom everyday. This includes a visual schedule as well as procedural visuals (for example - going potty, washing hands, what to do in the cafeteria, etc). Below are some visuals for you to utilize at home. Please let me know if you have any questions on how to implement these with your child.





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| Morning Routine |

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| Toilet  **Potty** | Child getting dressed  **Get Dressed** | Child eating breakfast  **Eat breakfast** | Child brushing teeth  **Brush Teeth** |

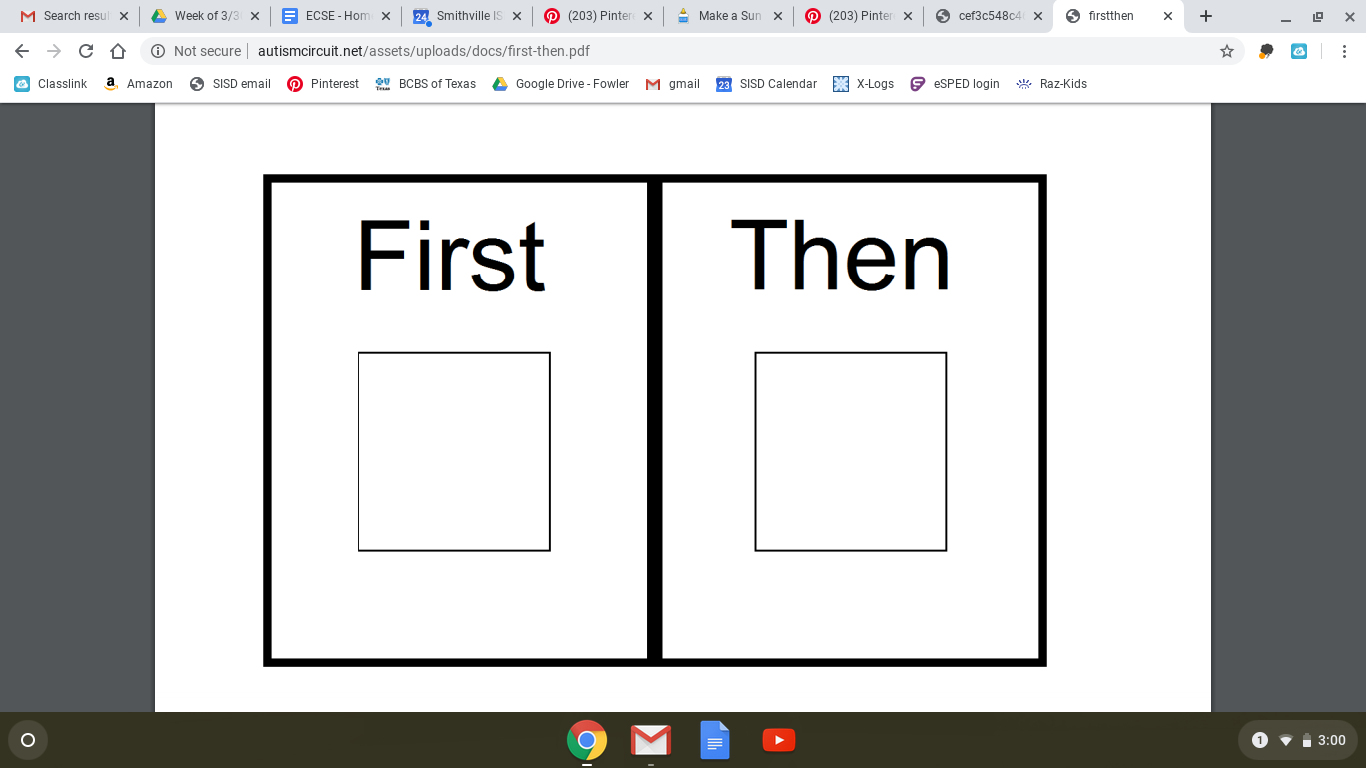
Here are some schedule cards to go along with the sample schedule provided above if you would like to implement a visual schedule at home. Cut them apart to use.

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| **Seated child playing with toys**  **Choice Time** | **Seated children on circular rug**  **Circle Time** | **Play dough**  **Sensory Play** | **Student at desk with schoolwork**  **Learning TIme** |
| **Plate with lunch food Lunch** | **Swingset and slide**  **Outside Time** | **Adult reading story aloud**  **Storytime** | **Children napping**  **Naptime** |
| **Snack food and beverage**  **Snack** | **Scissors, glue, paper, beads**  **Fine Motor** | **Student at desk with schoolwork**  **Learning TIme** | **Swingset and slide**  **Outside Time** |
| **Seated child playing with toys**  **Choice Time** | **Sandbox with pail and shovel**  **Sensory Play** | toilet  **Potty** | toilet  **Potty** |

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| Evening Routine |

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| **Dinner food on plate and beverage**  **Dinner** | child taking bath  **Bath Time** | child brushing teeth  **Brush Teeth** | **adult reading story aloud  Storytime** | **child sleeping**  **Bed time** |

We use “First, Then” language in your child’s classroom all day, every day. This language helps your child understand that there is something preferred coming after something that might be less preferred. For example - “First potty, then snack”; “First work, then play-doh”.



**Potty Training at Home**

**STUDENT** has been working hard on potty training at school! **PLEASE** continue to work on this skill while at home during the school closure. Here are some tips to help make potty training successful at home:

1. Establish a schedule or routine. At school **STUDENT** sits on the potty every 45 minutes to an hour.
2. Utilize the visuals on the previous pages.
3. Use “First, Then” language. If she fusses and does not want to sit on the potty, provide a preferred activity with “First, Then” language.

**“First potty, then gummy”**

1. Get excited! When she goes potty - CELEBRATE! And make it a big deal about it. At school we clap and cheer and sing “I’m a big girl now”.
2. Be consistent. Accidents are bound to happen, but consistency is key to successful potty training.

**Language at Home**

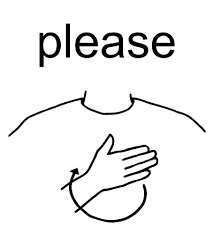
It is very important to continue to focus on language during our time away from school. For **STUDENT** this will include modeling social language and labeling objects. Here are some examples:

“I want the \_\_\_\_.”  
“Do you have to go potty?” “I have to go potty.”

“I see the \_\_\_\_.”

“It’s time to wash our hands. First we get the soap, then we turn on the water…..”

You can also reinforce simple signs for communication.

  
Another good place to start is during asking/requesting events. Encourage **STUDENT** to follow a set sentence stem when asking for or requesting an item:

**“Can I please have a ……..”**

**“Can I please go to the …….”**

You will mostly likely have to model this for her and then have them repeat each part of the sentence stem after you.

Remember I am here to support you during this time! Please reach out if you have specific questions or if you would like me to model this for you.

**Reading to Your Child**

Reading to your child is the most important thing you can do during this time away from school. Reading to your child has a significant positive impact on your child’s vocabulary. The more words they hear - the more words they know! Reading to your child also helps their ability to stay focused and engaged on a task.

Tips for making read alouds fun and exciting for your child:

* Let your child pick the book - if they are interested they are more likely to stay engaged
* Let them help turn the pages - this increases engagement and is good fine motor skill
* Use funny voices
* Create a fun reading space in your house
* Act out the story with or for your child

**ECSE Home Learning Activities**

**Week Of:** March 30 **Student:** \_\_\_\_\_\_\_\_

\*\*Please note that these activities are meant to be done WITH your child. Your child is still learning how to be an independent learner. The same activities will be done each day with a slight variation. Please read the notes for each activity to see how they will vary from day to day.

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| **MONDAY** |
| * **VIRTUAL CIRCLE TIME**   + I will email this link daily * **LEARNING TIME #1**   + Find 5 objects around your house (canned foods, stuffed animals, blocks, etc) and model counting the 5 objects for **STUDENT**. Be sure to touch each object as your count. Then prompt **STuDENT** to count the objects. Afterwards say “I have 5 \_\_\_”. Have Rebecca repeat you.   + Repeat this activity for 2 more sets of 5 objects. * **VIRTUAL STORY TIME:**   + I will email this link daily * **FINE MOTOR:**    + Scoop transfer activity     - You will need two small bowls. Fill one with beans, rice, sand…..anything that can be easily scooped. Leave the second bowl empty.     - Give **STUDENT** a spoon and instruct her to scoop the contents out of one bowl and fill the second bowl.     - Encourage her to hold the bowl steady with her nondominant hand while she is scooping and pouring.     - She can repeat this activity several times. * **LEARNING TIME #2:**    + Using the alphabet chart, sing the ABC’s with **STUDENT** while touching each letter on the alphabet chart. You may have to model this for her or do hand over hand support.   + Using the uppercase letter flash cards, pick 5 letters and have her match them to the alphabet chart. \*\*Pick 5 different letters each day. * **Read at least two books to your child each day** |

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| **TUESDAY** |
| * **VIRTUAL CIRCLE TIME**   + I will email this link daily * **LEARNING TIME #1**   + Cut out the colored circles for the sorting activity.   + Have **STUDENT** name each color.   + Place one of each color in a row then have **STUDENT** match the remaining circles.   + When she is finished prompt her to say “I sorted by color”.   + Ask - Where are the red circles? Where are the blue circles? Where are the yellow circles? Where are the green circles? Where are the orange circles? * **VIRTUAL STORY TIME:**   + I will email this link daily * **FINE MOTOR:**    + Stringing beads     - Items that can be used as string: shoe lace, plastic straw, pipe cleaner, spaghetti noodle, yarn, etc     - Items that can be used as beads: pasta, a plastic straw cut into pieces     - Have **STUDENT** put as least 5 “beads” on a string * **LEARNING TIME #2:**    + Using the alphabet chart, sing the ABC’s with **STUDENT** while touching each letter on the alphabet chart. You may have to model this for her or do hand over hand support.   + Using the uppercase letter flash cards, pick 5 letters and have her match them to the alphabet chart. **\*\*Pick 5 different letters each day.** * **Read at least two books to your child each day** |

**Color Sorting Activity - Tuesday**

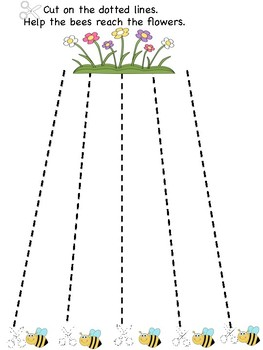
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| **WEDNESDAY** |
| * **VIRTUAL CIRCLE TIME**   + I will email this link daily * **LEARNING TIME #1**   + Cut out the shapes for the sorting activity.   + Have **STUDENT** name each shape.   + Place one of each shape in a row then have **STUDENT** match the remaining shapes.   + When she is finished prompt her to say “I sorted by shape”.   + Ask - Where are the circles? Where are squares? Where are the triangles? Where are the rectangles? * **VIRTUAL STORY TIME:**   + I will email this link daily * **FINE MOTOR:**    + Cutting     - Use the cutting template in this packet to practice cutting     - Some things to remember when cutting:       * The thumb should be pointed up       * Fingers and thumb should go “open, close, open, close”       * Cutting is a two-handed skill. The non-dominant hand that is holding the paper is important too!       * You may have to provide hand over hand support to help **STUDENT**.. * **LEARNING TIME #2:**    + Using the alphabet chart, sing the ABC’s with **STUDENT** while touching each letter on the alphabet chart. You may have to model this for her or do hand over hand support.   + Using the uppercase letter flash cards, pick 5 letters and have her match them to the alphabet chart. **\*\*Pick 5 different letters each day.** * **Read at least two books to your child each day** |

**Shape Sorting Activity - Wednesday**

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**Cutting Practice - Wednesday**

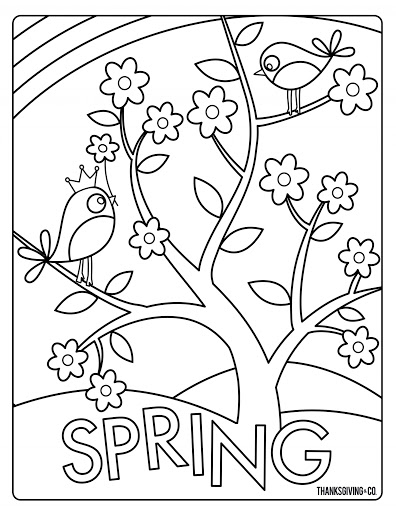
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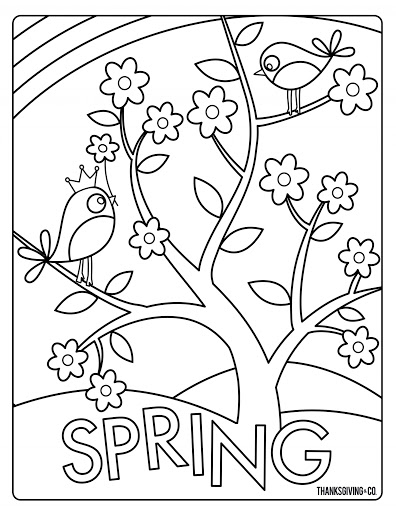
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| **THURSDAY** |
| * **VIRTUAL CIRCLE TIME**   + I will email this link daily * **LEARNING TIME #1**   + Cut out the flowers for the sorting activity.   + Show **STUDENT** a big flower and say “big flower”. Have **STUDENT** repeat you.   + Show **STUDENT** a little flower and say “little flower” Have **STUDENT** repeat you.   + Place one of each size in a row then have **STUDENT** sort the remaining flowers by size.   + When she is finished prompt her to say “I sorted by size”.   + Ask - Where are the big flowers? Where are the little flowers? * **VIRTUAL STORY TIME:**   + I will email this link daily * **FINE MOTOR:**    + Name writing practice     - Use the laminated name handwriting template and the dry erase marker to practice writing **STUDENT’s** name. You will most likely have to help her with hand over hand support.     - Be sure to say the letters of her name as you help her write them. * **LEARNING TIME #2:**    + Using the alphabet chart, sing the ABC’s with **STUDENT** while touching each letter on the alphabet chart. You may have to model this for her or do hand over hand support.   + Using the uppercase letter flash cards, pick 5 letters and have her match them to the alphabet chart. **\*\*Pick 5 different letters each day.** * **Read at least two books to your child each day** |

**Size Sorting Activity - Thursday**

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| **Sunflower** | **Sunflower** | **Sunflower** |
| **Sunflower** | **Sunflower** | **Sunflower** |
| **Sunflower** | **Sunflower** | **Sunflower** |
| **Sunflower** | **Sunflower** | **Sunflower** |

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| **FRIDAY** |
| * **VIRTUAL CIRCLE TIME**   + I will email this link daily * **LEARNING TIME #1**   + Repeat **STUDENT’s** favorite sorting activity from the week. OR repeat the activity she had the most trouble with. * **VIRTUAL STORY TIME:**   + I will email this link daily * **FINE MOTOR:**    + Complete one of the optional crafts below OR color the flower coloring page. * **LEARNING TIME #2:**    + Using the alphabet chart, sing the ABC’s with **STUDENT** while touching each letter on the alphabet chart. You may have to model this for her or do hand over hand support.   + Using the uppercase letter flash cards, pick 5 letters and have her match them to the alphabet chart. **\*\*Pick 5 different letters each day.** * **Read at least two books to your child each day** |





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| **OPTIONAL CRAFT IDEAS TO TRY**  Supplies not provided by the teacher - these are just ideas if you have craft supplies available!  If you create any of the crafts - snap a picture and email to your teacher! |
| **Succulent Hand Painting**  Green paint on hand, press on paper  Cut out pot, glue on top  Using Qtip, dip in paint and dab colorful flowers on the ends! |
| **Paper Plate Flower**  Cut around edges for petals  Paint each petal  Paint popsicle stick green  Cut out leaves |