



The Physical Fitness Assessment Initiative (PFAI) Application

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Informative session covering the physical fitness assessment application and the following meeting objectives:

- Introduce the PFAI Application in the TEA Login (TEAL) environment
- Discuss steps in the PFAI data upload process
- Review the Uploaded Data Summary
- Discuss the PFAI help system
- Share the Report Generator process and
- Answer your questions



Audience: This presentation is designed for districts and charters using the PFAI application in TEAL to upload their fitness assessment data to the agency.

(Districts and charters with FitnessGram accounts must use FitnessGram to report data.)

Physical Fitness Assessment Initiative (PFAI) Application

PFAI Resources for Uploading Data

Information and resources, which include a PFAI Quick Start Guide, PFAI File Information and Upload Help Template, PFAI Data Template Spreadsheet, and PFAI Data Submission FAQs, have been posted to the [Physical Fitness Assessment Initiative](#) web page.

Announcements

Physical fitness assessment data for the 2023-2024 school year must be submitted to TEA using the PFAI application available through the Texas Education Agency Login (TEAL). The data is due on Friday, June 14, 2024 by 5 p.m.

The documents listed below are provided to assist school districts with a successful upload experience:

- [Quick Start Guide: Physical Fitness Assessment Initiative \(PFAI\)](#) – provides information about gaining access to PFAI through the TEAL system, organizing data, and using the PFAI application
- [PFAI File Information and Upload Help Template \(.pdf\)](#) – provides detailed information on creating the PFAI student data submission file
- [PFAI File Information and Upload Help Template \(.xlsx\)](#) – provides detailed information on creating the PFAI student data submission file
- [PFAI Data Template \(Spreadsheet\)](#) – provides a ready-to-use data template
- [PFAI Data Submission FAQs](#) – provides answers to frequently asked questions



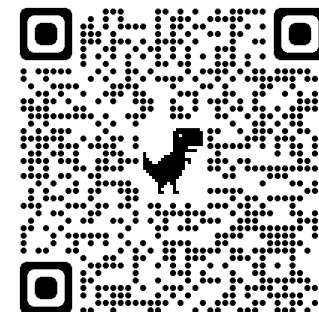
PFAI
Webpage

PFAI Application

To submit data, districts are required to have a TEAL Login (TEAL) account with access to the [PFAI application](#).

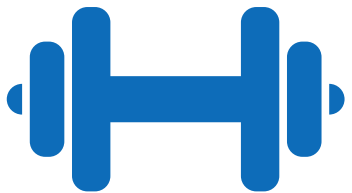
PFAI Physical Fitness Assessment Initiative	TEAL	Request Access Online	Find contact information at Physical Fitness Assessment Initiative pfaiprogramsupport@tea.texas.gov
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Screenshot of PFAI in TEAL Secure Applications List

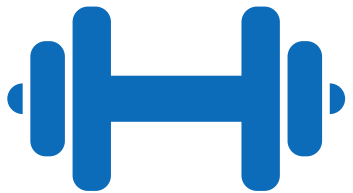


TEAL
Webpage

- You must **apply for access** to the PFAI application through the TEAL online request system. This process may take 1–10 days. (See page 3 of the PFAI Quick Start Guide.)
- To avoid missing the submission deadline, please do not wait until June 1 to apply for PFAI access in TEAL.
 - *Take action immediately if you do not yet have an account.*
 - Note: If you applied for PFAI access through TEAL *last year* and were granted access, you do not need to reapply.
 - Exception: If it has been *more than a year* since you last logged in, your account may have been placed on inactive status, and in this case, you would need to reapply.



- Users with access may upload data to TEA. All fitness assessment data must be collected before beginning the upload process.
- **Close of business on the second Friday of June is the *deadline* to upload fitness data to TEA–June 12, 2026.**



Steps in the PFAI Data Upload Process

Steps in the Fitness Data Upload Process

1. Assign district data upload submitter(s).
2. Complete physical fitness assessments and enter ALL data into the ready-to-use data template.
3. Prepare the file for data upload.
4. Log into the PFAI application.
5. Upload data.



Each local district must designate appropriate staff responsible to support the identified data entry strategy. This could be one or more persons depending on the option selected.

- **Options** (page 7 of the PFAI Quick Start Guide)
 - A **Campus Submitter** may submit data for a **single** campus. Example: The district identifies **one** person at each campus who is responsible for uploading data files for that specific campus.
 - A **Multiple Campus Submitter** may submit data for **multiple** campuses in a district. Example: A district may choose to designate three multiple campus submitters, one submitting data for elementary campuses, one for middle school campuses, and one for high school campuses.
 - A **District Submitter** may submit **one** data file(s) for **all** campuses in a district. Example: A district may choose to have campus personnel submit data to **one** person designated as the district submitter who will submit data for the entire district.

Step Two: Complete Fitness Assessment and Data Entry–1

- Complete the fitness assessment for all students in grade 3 or higher enrolled in a course that satisfies the curriculum requirements for physical education (PE) (page 9 of the PFAI Quick Start Guide)
 - Must assess students in grades 3-8
 - Must assess any student in grades 9-12 enrolled in a TEKS-based PE course
 - Must assess any high school student in a substitution for PE
 - Students enrolled in athletics, off-campus PE, or ROTC must always be assessed
 - Students participating in the activities of drill team, cheerleading, or marching band are *only* assessed if they are substituting the activity for the PE credit
- Be sure that all students have been assessed and all data has been collected prior to uploading data
- Enter all data into the PFAI application



AEROBIC CAPACITY

- **Progressive Aerobic Cardiovascular Endurance Run (PACER):** Paced, 20-meter shuttle run increasing in intensity as time progresses

OR:

- **One-Mile Run:** Run a mile as fast as possible (walk, if necessary)

OR:

- **Walk Test:** Walk a mile as fast as possible (only for ages 13 or up)



BODY COMPOSITION

- **Skin Fold Test:** Measure percent body fat by testing triceps and calf areas

OR:

- **Body Mass Index:** Calculate based on height and weight



FLEXIBILITY

- **Back-Saver Sit and Reach:** Sit with one knee bent and one leg straight against a box and reach forward; alternate legs

OR:

- **Shoulder Stretch:** With one arm over the shoulder and one arm tucked under behind the back, reach to get fingers to touch; alternate arms



MUSCULAR STRENGTH AND ENDURANCE

- 1. Curl-Up:** Lie down on back with knees bent and feet unanchored, set a specified pace; complete as many repetitions as possible, with a maximum of 75



- 2. Trunk Lift:** Lie face down, slowly raise upper body; test facilitator measures the distance between the floor and student's chin

- 3. Choose one of three options:**

- **Push-Up:** Lower body to a 90-degree elbow angle and push up, set a specified pace; complete as many repetitions as possible

OR:

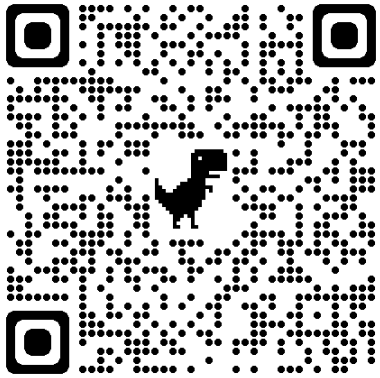
- **Modified Pull-Up** (proper equipment required): Hands on a low bar, legs straight and feet touching the ground, pull up as many times as possible

OR:

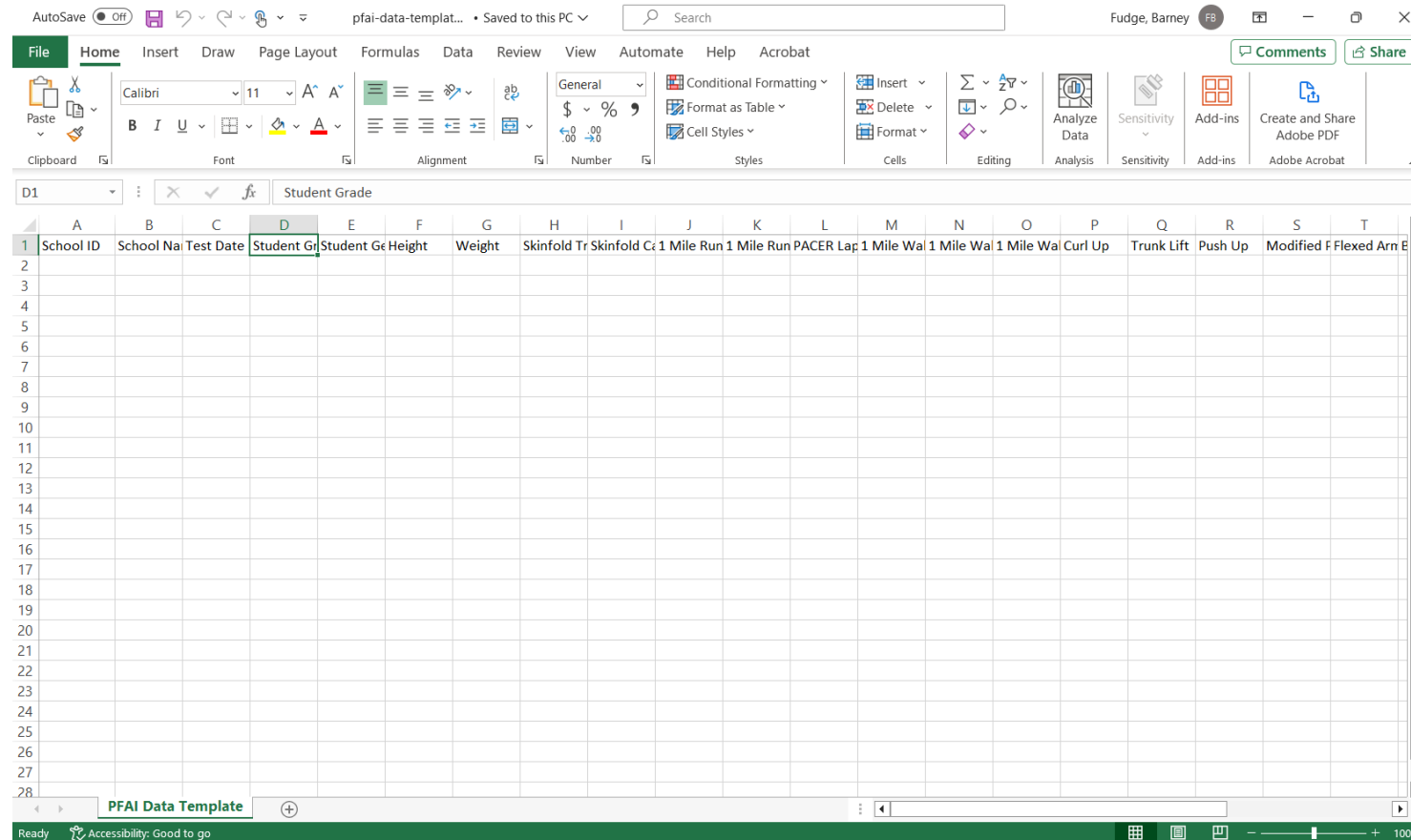
- **Flexed Arm Hang:** Hang chin above a bar as long as possible

Step Three: Prepare the File for Data Upload-Template-1

Ready-to-use data template that can be downloaded from the Physical Fitness Assessment Initiative web page.



QR Code for PFAI Webpage



Step Three: Prepare the File for Data Upload-Template–2

- The ready-to-use data template has not changed from the previous school year.
- The template may not be modified in anyway (e.g., no moving columns or changing header names).
- Columns may not be deleted.
- No student names, initials, student IDs, or date of birth are needed, only the student's grade and gender.
- Please keep a copy of the student's name for your local records to identify the student's results in case parents request the results.
- Please keep a copy of your data file that you uploaded for your local records.



Step Three: Prepare the File for Data Upload-Table-1

Data table listed in the PFAI Quick Start Guide that corresponds with the ready-to-use data template (page 9 of the PFAI Quick Start Guide).

■ TEA AskTED Database

Order	Element Name	Description	Type	Possible Values
1	School ID	Identification number of School (9 Digit County District Campus Number)	String (9)	Required Only use whole numbers. Do not use Hyphens. Leading zero required, if applicable to the School ID.
2	School Name	Name of School	String (75)	Required
3	Test Date	Make sure the upload file has only the most recent or current test date. (mm/dd/yyyy)	DateTime	Required Values may contain leading zeroes or not. Examples: "3/1/2021" "03/01/2021" * Note: Quotes above are only for reference and should not be used in actual value.
4	Student Grade	Current grade level.	Integer	Required Leading zeros acceptable (ie "03" or "3"). "3" - Third Grade "4" - Fourth Grade "5" - Fifth Grade "6" - Sixth Grade "7" - Seventh Grade "8" - Eighth Grade "9" - Ninth Grade "10" - Tenth Grade "11" - Eleventh Grade "12" - Twelfth Grade * Note: Quotes above are only for reference and should not be used in actual value.
5	Student Gender	Student gender	String (1)	Required Not case-sensitive (ie "M" or "m" are acceptable) "M" - Male "F" - Female * Note: Quotes above are only for reference and should not be used in actual value.



Step Three: Prepare the File for Data Upload-Table–2

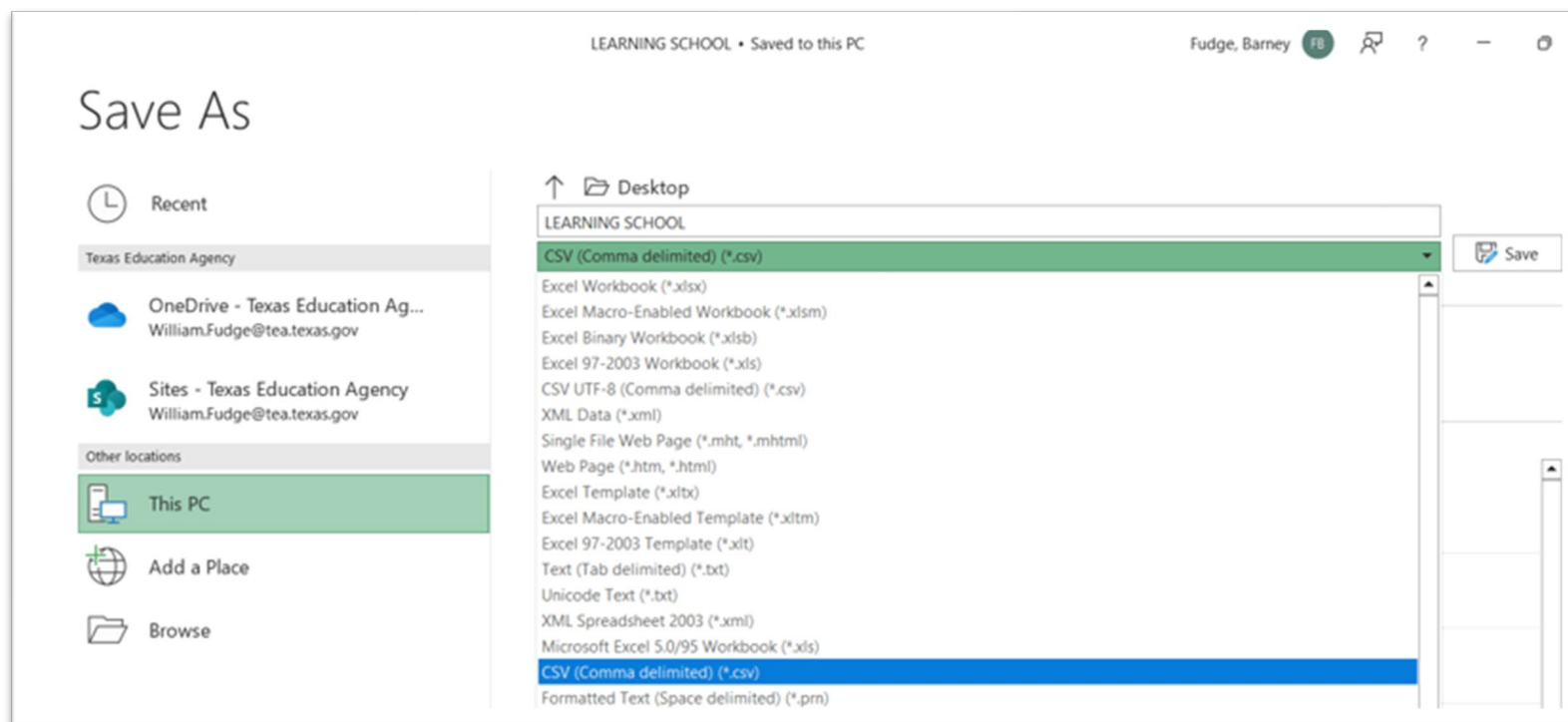
When entering your data into the ready-to-use data template, please reference the data table to make sure the following is accurate:

- Column order and names of headers in the data file have no changes.
- Test date is entered as mm/dd/yyyy.
- Height is a whole number expressed in inches.
- Weight is a whole number expressed in pounds.
- One mile run minutes must be a whole number.
- One mile run seconds must be a whole number (0-59).
- Curl ups must be a whole number between 0-75.
- Trunk lift must be a whole number expressed in inches between 0-12.



Step Three: Prepare the File for Data Upload-Save File

- Once the fitness scores are collected, the designated submitter(s) will upload the data in a CSV (comma delimited) (*.csv) or text (*.txt) (page 12 of the PFAI Quick Start Guide).
- Please note, all test results must be entered in the selected file format **before** uploading.



Step Four: Logging Into the PFAI Application–1

Once you have received an email notification, you are ready to log into the PFAI application from the [TEAL login page](#).



TEA Login (TEAL)

NOTICE: TEA Web Applications will not be available each Sunday morning from 5:00am to 2:00pm due to routine maintenance. Please do not access your applications during this time period. **You could lose data.**

Don't have an account? [Request New User Account](#)

Username:

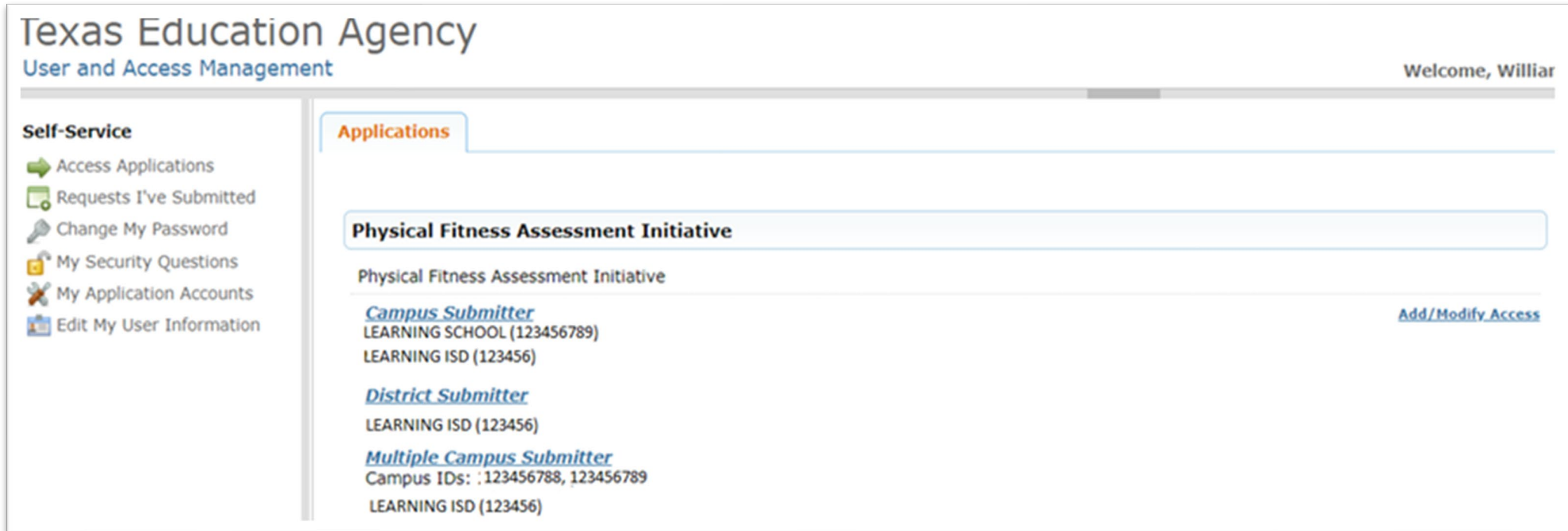
Password: [Show Password](#)

[Forgot your password?](#)
[Forgot your username?](#)

[TEA Login Application Help](#) | [Help for Educator Account Setup](#)
[Help with Password Reset](#)

Step Four: Logging Into the PFAI Application–2

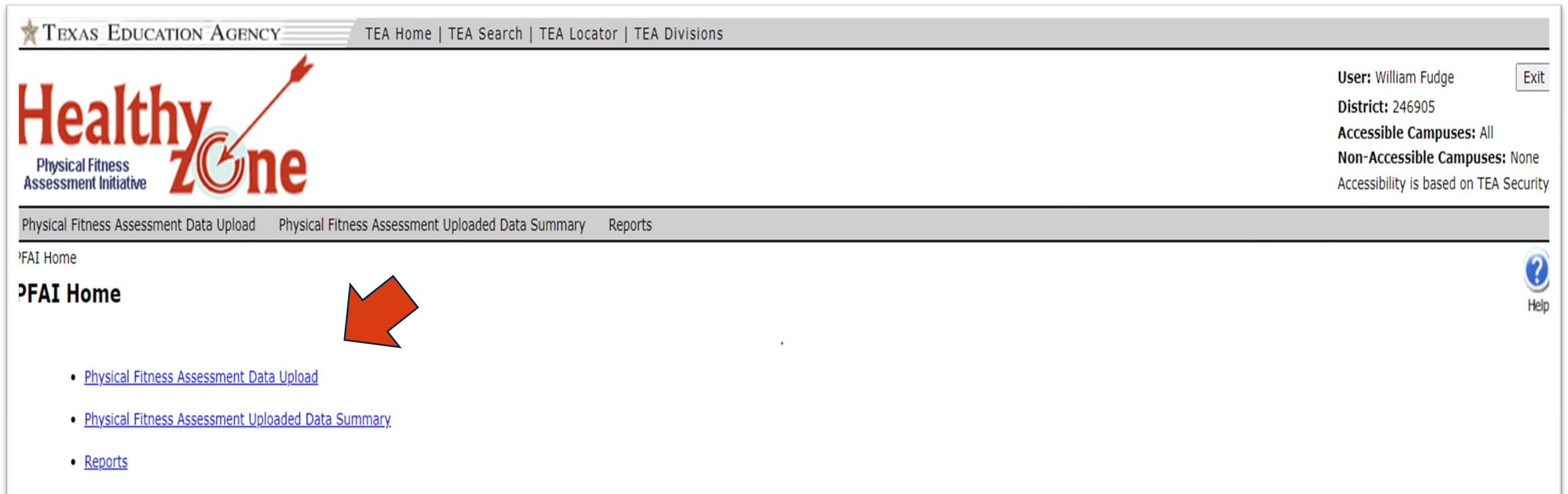
- You will be directed to the **Application List** page where you will see the link to the PFAI application, as well as any other applications for which you have access (page 13 of the PFAI Quick Start Guide).
- Click the link to **PFAI – Physical Fitness Assessment Initiative**.



The screenshot displays the Texas Education Agency User and Access Management interface. The page title is "Texas Education Agency" with the subtitle "User and Access Management". A user greeting "Welcome, Williar" is visible in the top right. On the left, a "Self-Service" menu includes links for "Access Applications", "Requests I've Submitted", "Change My Password", "My Security Questions", "My Application Accounts", and "Edit My User Information". The main content area is titled "Applications" and features a section for the "Physical Fitness Assessment Initiative". This section lists three roles: "Campus Submitter" (LEARNING SCHOOL (123456789), LEARNING ISD (123456)), "District Submitter" (LEARNING ISD (123456)), and "Multiple Campus Submitter" (Campus IDs: 123456788, 123456789, LEARNING ISD (123456)). An "Add/Modify Access" link is located to the right of the application details.

Step Five: Uploading Data-PFAI Main Page-1

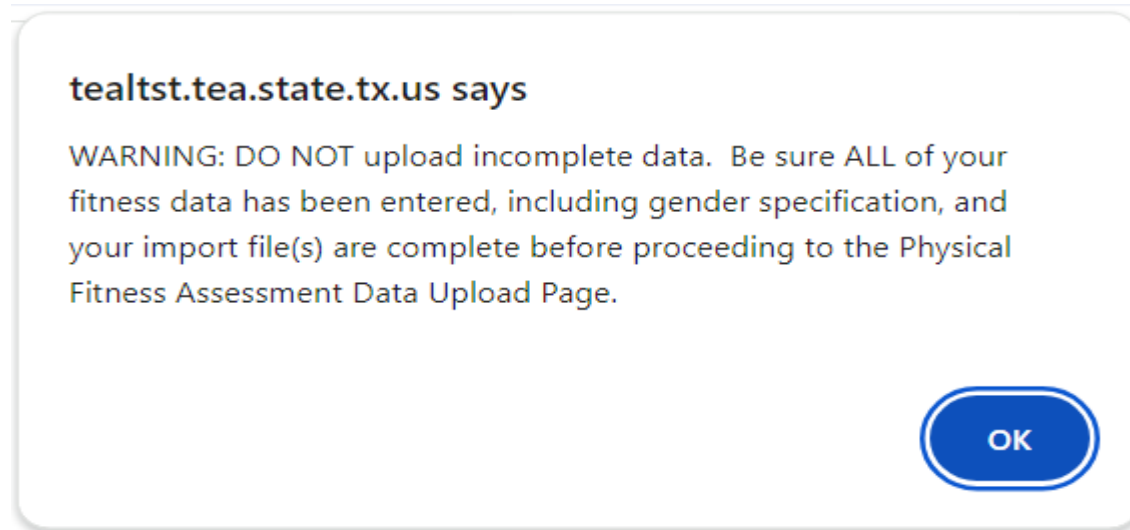
From the PFAI Home page, click the **Physical Fitness Assessment Data Upload** link.



The screenshot shows the PFAI Home page interface. At the top, there is a navigation bar with the Texas Education Agency logo and links for TEA Home, TEA Search, TEA Locator, and TEA Divisions. Below this is a header section with the 'Healthy Zone' logo and the text 'Physical Fitness Assessment Initiative'. To the right of the header, user information is displayed: 'User: William Fudge', 'District: 246905', 'Accessible Campuses: All', and 'Non-Accessible Campuses: None', with a note that 'Accessibility is based on TEA Security'. Below the header is a secondary navigation bar with links for 'Physical Fitness Assessment Data Upload', 'Physical Fitness Assessment Uploaded Data Summary', and 'Reports'. The main content area is titled 'PFAI Home' and contains a list of links: 'Physical Fitness Assessment Data Upload', 'Physical Fitness Assessment Uploaded Data Summary', and 'Reports'. A large red arrow points to the 'Physical Fitness Assessment Data Upload' link. A 'Help' icon is visible in the bottom right corner of the page.

Step Five: Uploading Data-PFAI Main Page–2

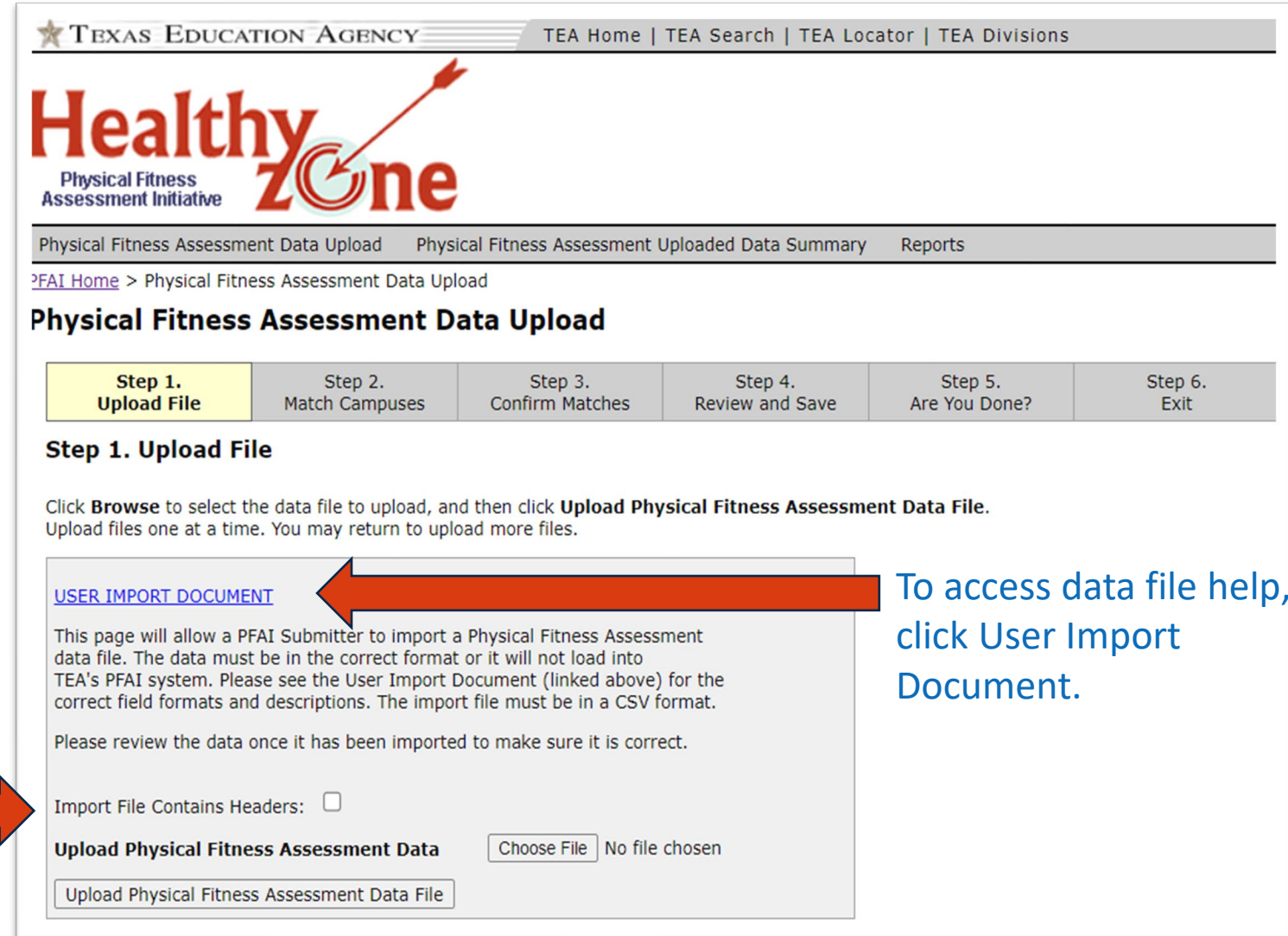
- A dialog box appears warning you NOT to upload your data unless ALL data is complete. Be sure to read the notice and then click **OK** to continue.



- **NOTE:** You must wait until all your data is entered into the PFAI data upload template (including gender, age, and grade), before continuing.

Step Five: Uploading Data-PFAI Data Upload Page-1

- Click **OK** and the **PFAI Data Upload** page appears.
Files must be uploaded *one at a time*.
- Click “Choose File” to open your browser and find your data file to be uploaded.
- Please also remember to check the box for “Import File Contains Headers”.



TEXAS EDUCATION AGENCY | TEA Home | TEA Search | TEA Locator | TEA Divisions

Healthy Zone

Physical Fitness Assessment Initiative

Physical Fitness Assessment Data Upload | Physical Fitness Assessment Uploaded Data Summary | Reports

[PFAI Home](#) > Physical Fitness Assessment Data Upload

Physical Fitness Assessment Data Upload

Step 1. Upload File	Step 2. Match Campuses	Step 3. Confirm Matches	Step 4. Review and Save	Step 5. Are You Done?	Step 6. Exit
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Step 1. Upload File

Click **Browse** to select the data file to upload, and then click **Upload Physical Fitness Assessment Data File**. Upload files one at a time. You may return to upload more files.

[USER IMPORT DOCUMENT](#)

This page will allow a PFAI Submitter to import a Physical Fitness Assessment data file. The data must be in the correct format or it will not load into TEA's PFAI system. Please see the User Import Document (linked above) for the correct field formats and descriptions. The import file must be in a CSV format.

Please review the data once it has been imported to make sure it is correct.

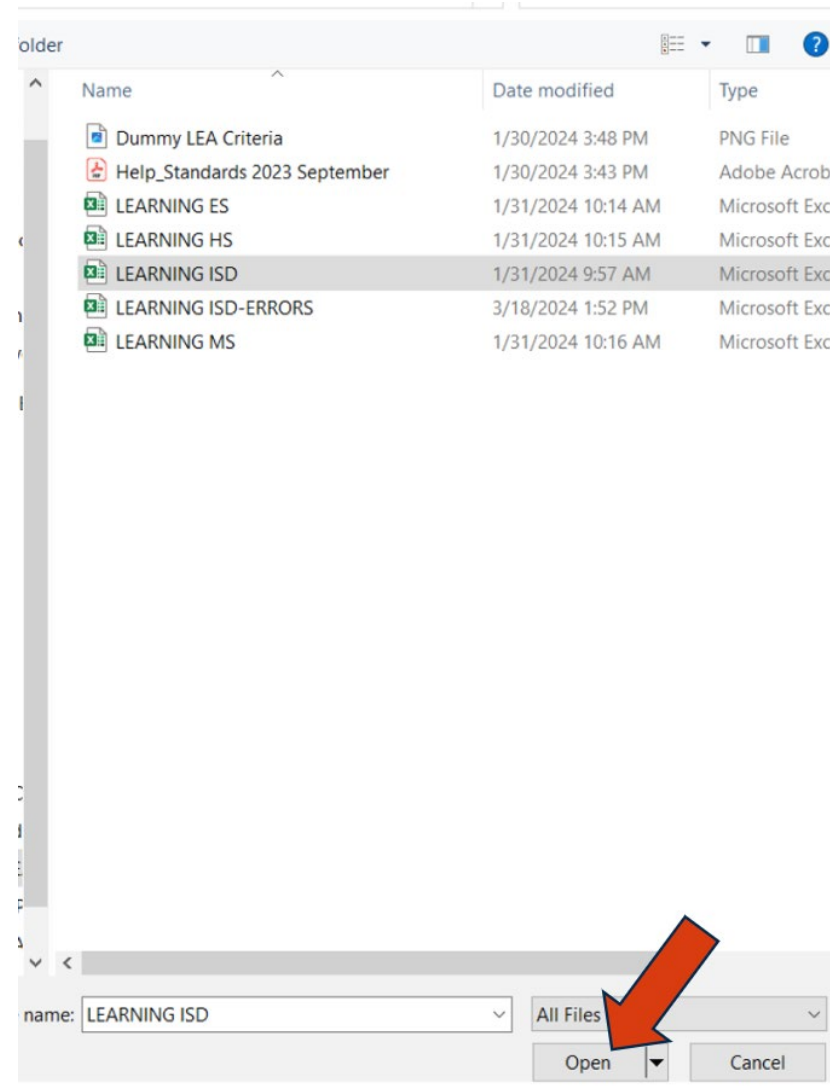
Import File Contains Headers:

Upload Physical Fitness Assessment Data No file chosen

To access data file help, click User Import Document.

Step Five: Uploading Data-PFAI Data Upload Page–2

Be sure your data file is saved to a location you can browse to; highlight the file you wish to upload and click **Open**.



Step Five: Uploading Data

- The path to the data file appears in the box next to the **Choose File** button. Be sure the file path goes to the correct file.
- Click **Upload Physical Fitness Assessment Data File** to upload the file. It may take several seconds for the file to upload, depending on the size of the file.

[PFAI Home](#) > Physical Fitness Assessment Data Upload

Physical Fitness Assessment Data Upload

Step 1. Upload File	Step 2. Match Campuses	Step 3. Confirm Matches	Step 4. Review and Save	Step 5. Are You Done?	Step 6. Exit
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Please review the data once it has been imported to make sure it is correct.

Import File Contains Headers:

Upload Physical Fitness Assessment Data LEARNINGSCHOOL.csv



Step Five: Uploading Data-Match Campus Names

- If the campus name(s) in your data file is exactly the same as the campus name(s) in the TEA AskTED database, the system automatically matches them, and the drop-down list is disabled.
- If the campus name in your file and the campus name in the TEA AskTED database do NOT match exactly, you must select the corresponding campus name from the dropdown list.
- Match all names in your data file and TEA campus names and click **Match Campuses**.

[PFAT Home](#) > Physical Fitness Assessment Data Upload


Physical Fitness Assessment Data Upload

Step 1. Upload File	Step 2. Match Campuses	Step 3. Confirm Matches	Step 4. Review and Save	Step 5. Are You Done?	Step 6. Exit
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Step 2. Match Campuses

Make sure each **Physical Fitness Assessment Campus** name listed on the left is paired with the matching **TEA Campus** name on the right campus names are matched.

Physical Fitness Assessment Campus	TEA Campus
LEARNING SCHOOL	LEARNING SCHOOL <input type="text"/>



- A list appears of the campus names you matched.
- Confirm that each campus name is correctly matched to the corresponding TEA Campus name and click **Confirm Matches**.

[PFAI Home](#) > Physical Fitness Assessment Data Upload

Physical Fitness Assessment Data Upload

Step 1. Upload File	Step 2. Match Campuses	Step 3. Confirm Matches	Step 4. Review and Save	Step 5. Are You Done?	Step 6. Exit
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Step 3. Confirm Matches

Review the list of uploaded campuses. If all of the **Physical Fitness Assessment Campus** names listed on the left are correctly paired with the **TEA Campus** names on the right, click **Confirm Matches**.

Physical Fitness Assessment Campus	TEA Campus	TEA Campus ID
LEARNING SCHOOL	LEARNING SCHOOL	123456789

Step Five: Uploading Data-Review and Save

- The list of confirmed campuses appears.
- Review your data to ensure it is accurate and click **Save**.


[PFAI Home](#) > Physical Fitness Assessment Data Upload

Physical Fitness Assessment Data Upload

Step 1. Upload File	Step 2. Match Campuses	Step 3. Confirm Matches	Step 4. Review and Save	Step 5. Are You Done?	Step 6. Exit
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Step 4. Review and Save

Review the summary of uploaded data. Click **Save** if data is complete and correct, or click **Cancel** to clear data and begin again.

 Save Cancel


Campus ID	Campus Name	Grade	Gender	Students Tested
123456789	LEARNING SCHOOL	3	Girls	1
123456789	LEARNING SCHOOL	3	Boys	1
123456789	LEARNING SCHOOL	4	Girls	1
123456789	LEARNING SCHOOL	4	Boys	1
123456789	LEARNING SCHOOL	5	Girls	1

Step Five: Uploading Data-Are You Done?

- **Multiple Campus Submitters** may have more than one file to upload.
- After clicking **Save**, the system asks if you are done uploading files.
- Click **Upload More Files** if you need to add data or click **Finished** if you have no additional files to upload.

[PFAI Home](#) > Physical Fitness Assessment Data Upload



Physical Fitness Assessment Data Upload

<input checked="" type="checkbox"/> Success	Your data has been uploaded. Do you have any additional files to load?
 Information	A summary of all uploaded data for this district is shown below.

Step 1. Upload File	Step 2. Match Campuses	Step 3. Confirm Matches	Step 4. Review and Save	Step 5. Are You Done?	Step 6. Exit
------------------------	---------------------------	----------------------------	----------------------------	----------------------------------	-----------------

Step 5. Are You Done?

Review the summary of uploaded data. If all of your fitness data is uploaded, click **Finished** to log out of the PFAI application. Click **Upload**

Campus ID	Campus Name	Grade	Gender	Students Tested
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Step Five: Uploading Data-Exit

After clicking **Finished**, click **Exit** to return to the PFAI login page.

[PFAI Home](#) > Physical Fitness Assessment Data Upload

Physical Fitness Assessment Data Upload

Step 1. Upload File	Step 2. Match Campuses	Step 3. Confirm Matches	Step 4. Review and Save	Step 5. Are You Done?	Step 6. Exit
------------------------	---------------------------	----------------------------	----------------------------	--------------------------	-------------------------

Step 6. Exit

Your data has been successfully uploaded. Click **Exit** to log out of the PFAI application.

←

Step Five: Uploading Data-Additional Files

- If you selected **Upload More Files**, you must repeat Steps 1-3 again to add the file. Once you click **Confirm Matches**, Step 4 appears with a summary of the existing data as well as a summary of the data you are adding.
- Review the summary to ensure that the data you are adding is NEW data that has not been previously uploaded.
- After reviewing, you must choose to:
 - **ADD** the file by clicking **Add to Existing Data**
 - OR click **Cancel** if you do not wish to add the data.

Data has already been uploaded for this campus. Do you want to add to this data?

Step 1. Upload File Step 2. Match Campuses Step 3. Confirm Matches **Step 4. Review and Save**

Step 4. Review and Save

Cancel **Add to Existing Data**

New Data

Campus ID	Grade	Gender	Students Tested
123456788	3	Male	21
123456788	5	Male	22
123456788	4	Male	25
123456788	3	Female	19
123456788	5	Female	18
123456788	4	Female	26

Existing Data

Campus ID	Grade	Gender	Students Tested
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- **Multiple Campus Submitters** may have more than one file to upload.
- After clicking **Save**, the system asks if you are done uploading files.
- Click **Upload More Files** if you need to add data or click **Finished** if you have no additional files to upload.

[PFAI Home](#) > Physical Fitness Assessment Data Upload

Physical Fitness Assessment Data Upload

<input checked="" type="checkbox"/> Success	Your data has been uploaded. Do you have any additional files to load?
i Information	A summary of all uploaded data for this district is shown below.

Step 1. Upload File	Step 2. Match Campuses	Step 3. Confirm Matches	Step 4. Review and Save	Step 5. Are You Done?	Step 6. Exit
------------------------	---------------------------	----------------------------	----------------------------	----------------------------------	-----------------

Step 5. Are You Done?

Review the summary of uploaded data. If all of your fitness data is uploaded, click **Finished** to log out of the PFAI application. Click **Uploa**

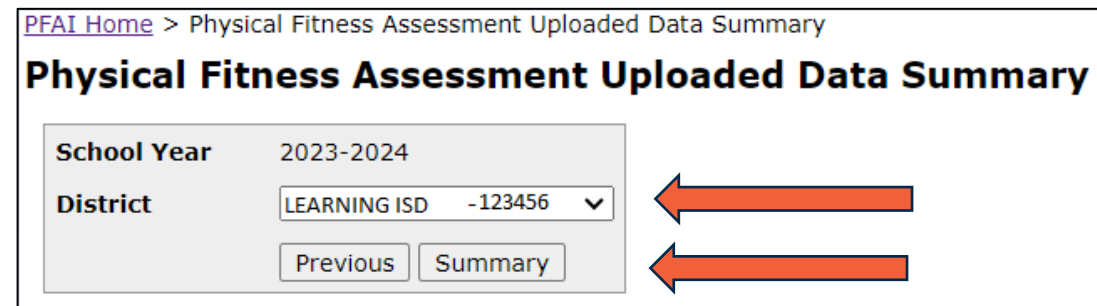
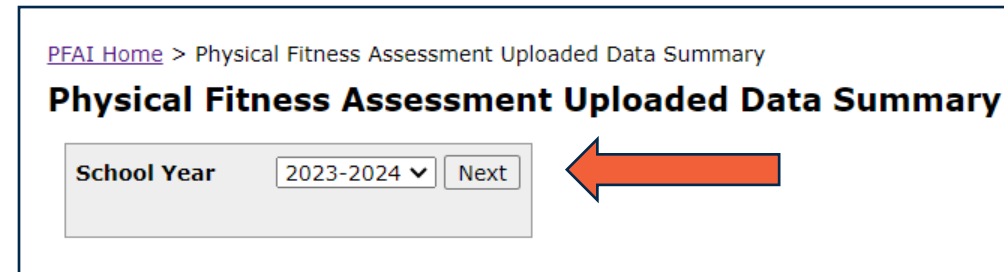
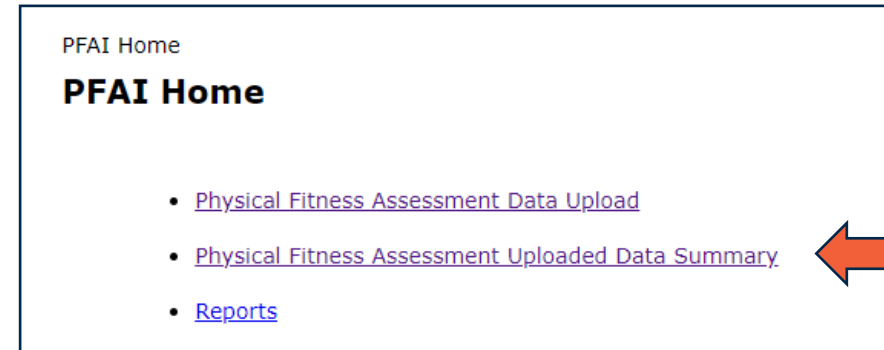
Campus ID	Campus Name	Grade	Gender	Students Tested
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The Uploaded Data Summary

Uploaded Data Summary

- If you wish to view or print a summary of your uploaded data, click the **Uploaded Data Summary** link from the PFAI home page.
- Select the school year then click **Next**.
- Select your district then click **Summary**.
- A summary of all uploaded data appears.

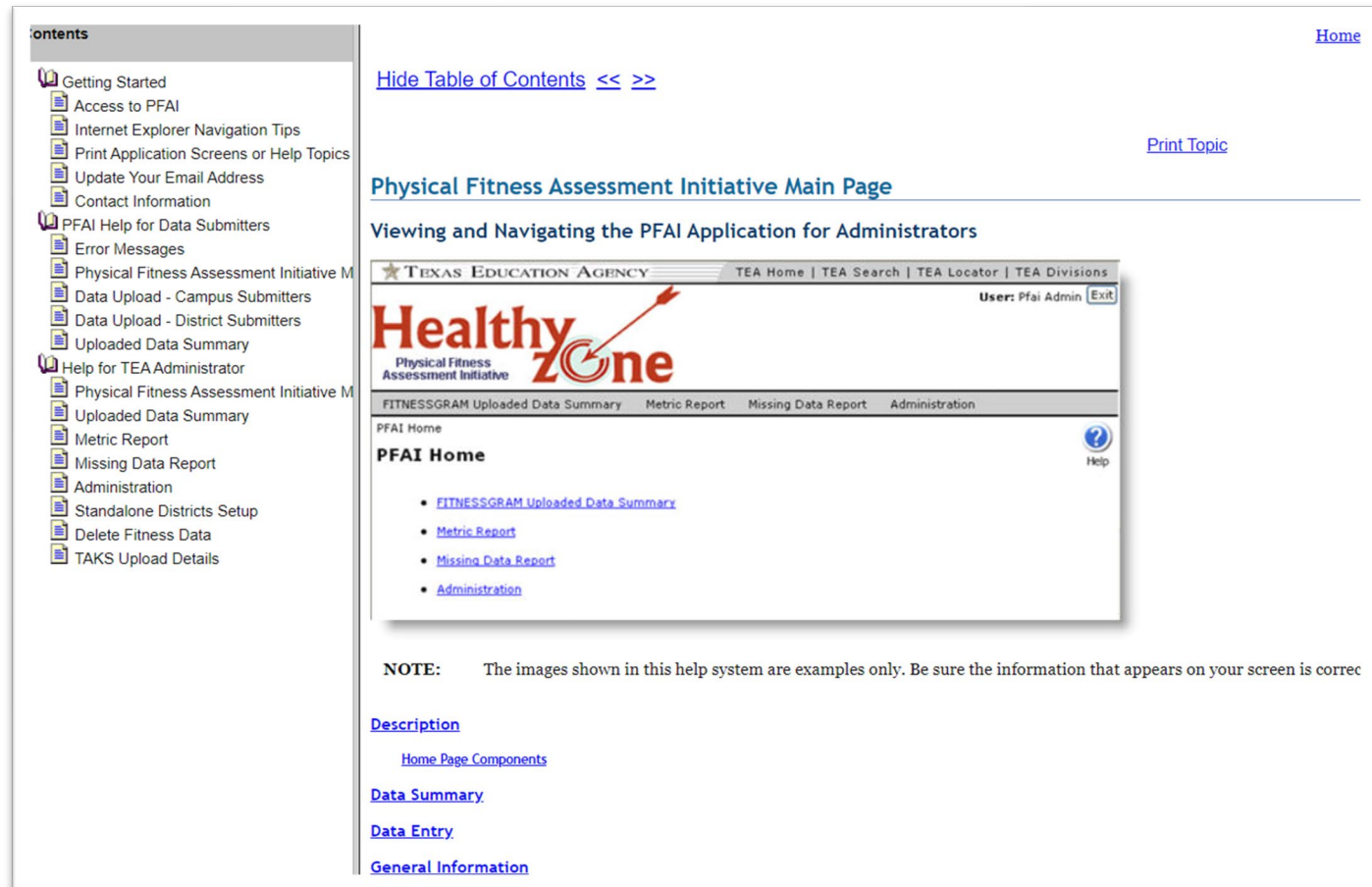


The PFAI Help System

For further details about PFAI or using the PFAI Application to upload fitness data, click the **Help** icon in the upper right corner of the screen to access the PFAI help system.



The help system opens in new window.



The screenshot shows the PFAI Help System interface. On the left is a 'Contents' sidebar with a tree view of topics including 'Getting Started', 'PFAI Help for Data Submitters', and 'Help for TEA Administrator'. The main content area displays the 'Physical Fitness Assessment Initiative Main Page' with a 'Healthy Zone' logo and navigation links for 'FITNESSGRAM Uploaded Data Summary', 'Metric Report', 'Missing Data Report', and 'Administration'. A 'NOTE' section states that images are examples only. Below the note are links for 'Description', 'Home Page Components', 'Data Summary', 'Data Entry', and 'General Information'.

The PFAI Report Generator

A report generator can be accessed from the [TEA PFAI website](#).

How to Get Started

Using the PFAI Application in TEAL

- All Texas schools will use the PFAI application in TEAL to upload data to TEA.
- Schools should appoint individuals responsible for submitting physical fitness data via the PFAI application and ensure that they are equipped with user names and passwords for a TEAL account.
- Instructions for registering for a TEAL account are provided in the Quick Start Guide: Physical Fitness Assessment Initiative (PFAI).
- All student data must be submitted at one time using the PFAI application in TEAL. Districts must wait until information for every eligible student has been gathered, and then upload all data to TEA in one submission.
- The Quick Start Guide: Physical Fitness Assessment Initiative (PFAI) provides step-by-step instructions for uploading student data in the PFAI application.
- For technical assistance for the PFAI application in TEAL, email pfaiprogramsupport@tea.texas.gov.

More Information

- [PFAI FitnessGram® Assessment Resources](#) - provides information to assist with administering and entering data for the PFAI

Visit the following additional sites for more information on the PFAI:

- [Aggregated Fitness Assessment Results](#)
- [Report Generator](#)



The report generator allows the you to access any combination of data existing in the PFAI application.

[PFAI Home](#) > [Reports](#) > Report Generator

Report Generator

School Year

Criteria:

District

Campus

Grade

Gender

Report Variables

Total Students Tested
Total Students Achieving Hfz At Least Once
Percentage Achieving Hfz At Least Once
Total Students Not Achieving Hfz On Any Category
Percentage Not Achieving Hfz On Any Category
Total Students Achieving Hfz Exactly Once
Percentage Achieving Hfz Exactly Once
Total Students Achieving Hfz Exactly Twice

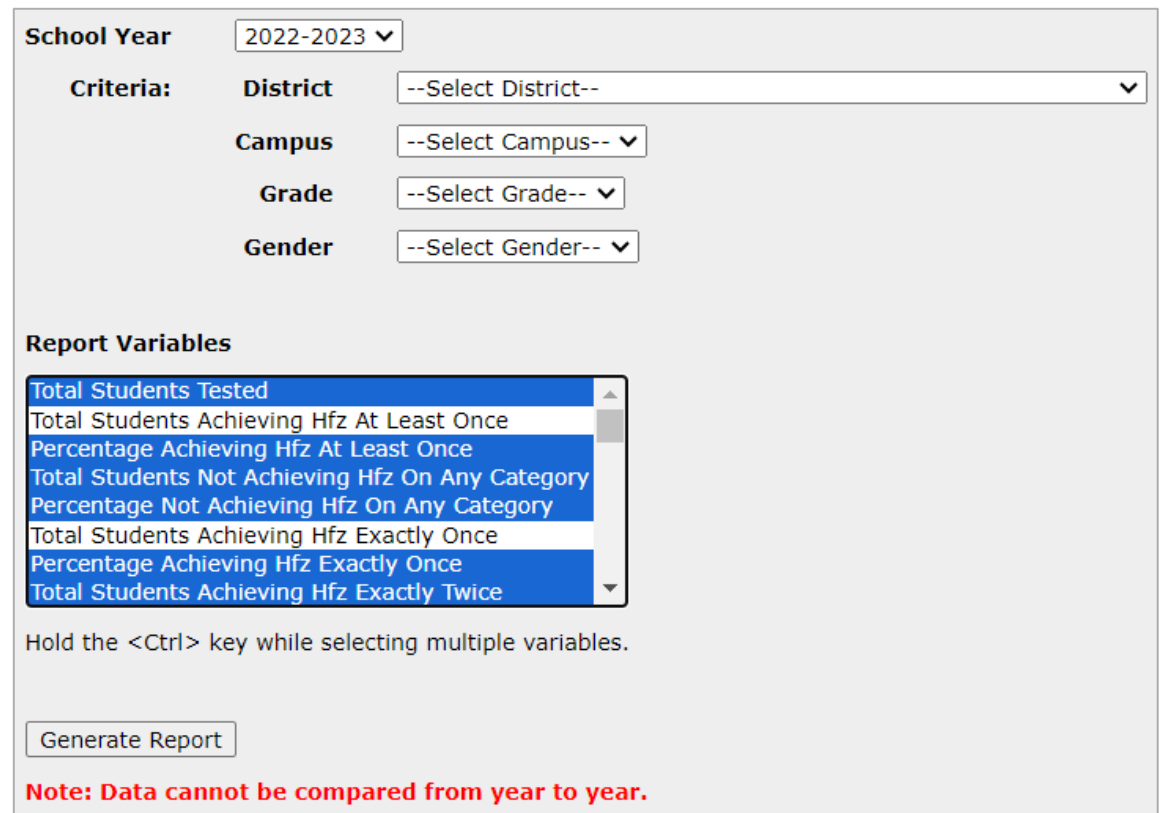
Hold the <Ctrl> key while selecting multiple variables.

Note: Data cannot be compared from year to year.

- Select your report variables.
- Select one or more criteria (district, campus, grade, and/or gender) and then select any combination of variables from the report variables box.
- Use the <ctrl> button on your computer to click and select individual variables or use the <shift> button on your computer to select all variables. At least one variable must be selected.
- Click “generate report” to export the data.

[PFAI Home](#) > [Reports](#) > Report Generator

Report Generator



The screenshot shows the Report Generator interface. At the top, there is a breadcrumb trail: [PFAI Home](#) > [Reports](#) > Report Generator. Below this is the title "Report Generator". The interface is divided into several sections:

- School Year:** A dropdown menu set to "2022-2023".
- Criteria:** Four dropdown menus for "District", "Campus", "Grade", and "Gender", each with "--Select [Category]--" as the current selection.
- Report Variables:** A list of variables with a scrollable selection box. The selected variables are: "Total Students Tested", "Total Students Achieving Hfz At Least Once", "Percentage Achieving Hfz At Least Once", "Total Students Not Achieving Hfz On Any Category", "Percentage Not Achieving Hfz On Any Category", "Total Students Achieving Hfz Exactly Once", "Percentage Achieving Hfz Exactly Once", and "Total Students Achieving Hfz Exactly Twice".
- Instructions:** Below the selection box, it says "Hold the <Ctrl> key while selecting multiple variables."
- Buttons:** A "Generate Report" button is located at the bottom left.
- Note:** A red note at the bottom right states: "Note: Data cannot be compared from year to year."

Within Excel, you can sort and search data using the standard features of Excel.

PFAI Data								
School Year	2023							
District ID	123456							
Campus ID	123456789							
Grade	'03'							
Gender	'M'							
District ID	District Name	Campus ID	Campus Name	Grade	Gender	Total Students Tested	Percentage Achieving Hfz At Least Once	Total Students Not Achieving Hfz On Category
123456	LEARNING ISD	123456789	LEARNINGSCHOOL	3	Boys	13		100

1. Apply for access to the PFAI application through the [TEAL online request system](#) immediately.
2. Download and use the PFAI support materials from the [Physical Fitness Assessment Initiative](#) web page.
 - PFAI Quick Start Guide
 - PFAI File Information and Upload Help Template,
 - PFAI Data Template Spreadsheet
 - PFAI Data Submission FAQs
3. Submit your physical fitness data by close of business by **5:00 p.m. (Central) June 12, 2026.**

If you need help with TEAL or the PFAI application, please contact TEA at the links below.

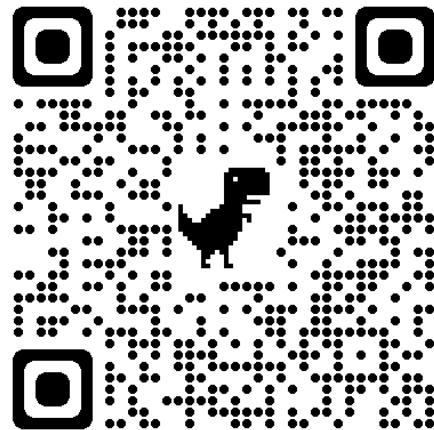
- Teal Account Assistance

Submit a [TEAL Account Help Desk Ticket](#).

- PFAI Application Assistance

Email: pfaiprogramsupport@tea.texas.gov

Find Curriculum on the TEA Help Desk



<https://helpdesk.tea.texas.gov/>

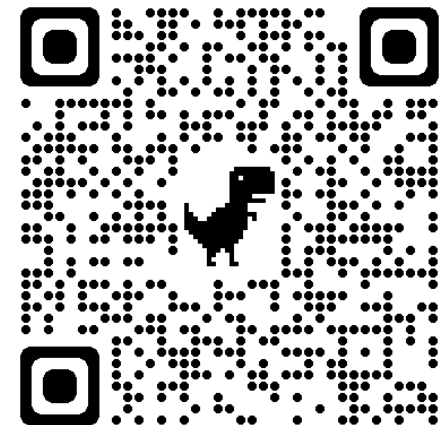
The screenshot shows the TEA Help Desk interface with a grid of service categories. A yellow arrow points to the 'Curriculum' category, which is highlighted with a yellow border. The 'Curriculum' category includes 'Curriculum Request Forms, TEKS Guide Support, Machine Readable TEKS'.

Category	Icon	Description
TEAL Access	Key and lock	Need access to your TEAL account?
Educator Certification and CPE	Two people	Do you have educator related questions?
Educator Testing and Preparation Programs	Person at computer	Have questions about educator testing or preparation programs?
Fingerprinting and Do Not Hire Registry	Finger being scanned	Fingerprinting and Do Not Hire Registry
Grants	Calculator	Grants, eGrants, and Expenditure Reporting (ER) Questions
GED - Certificate of High School Equivalency	GED certificate	GED, HISET & TASC (TxCHSE)
Texas Virtual School Network	TXVSN logo	Catalog Courses/Online Schools
Instructional Materials and Implementation	Book icon	Have questions about instructional materials?
Student Assessment	Bar chart with star	Alternative Assessment 2, &
CAPPS HR-PR	Three people	For former TEA employees to get their ID/password reset
Ascend	Map of Texas with star	Ascend Questions/Issues
Texas Gateway	Texas Gateway logo	TEA-approved instructional resources
Career and Technical Education (CTE)	TEXAS CTE logo	Material, Resources, Style Guide, Best Practices, Content Editing
Curriculum	Open book	Curriculum Request Forms, TEKS Guide Support, Machine Readable TEKS
Student Recognition Programs	Person with star	Do you have student recognition programs related questions?

Curriculum-Related Newsletters

Sign up for TEA [newsletters, updates, and announcements.](#)

- Bilingual/ESL Education
- Early Childhood Education
- Counselors in Schools
- English Language Arts Reading
- Fine Arts
- **Health and Physical Education**
- Languages Other Than English
- Mathematics
- Science
- Spanish Curriculum Standards
- Social Studies
- Technology Applications
- **To the Administrator Addressed**



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