DRAFT Proposed Revisions Texas Essential Knowledge and Skills (TEKS) Health Education, Physical Health and Hygiene Strand

These recommendations reflect revisions to the health education Texas Essential Knowledge and Skills (TEKS) that have been recommended by State Board of Education's TEKS review and revision work group for the physical health and hygiene strand. This document reflects the recommendations for kindergarten–grade 5. Proposed deletions are shown in red font with strikethroughs (deletions). Text proposed to be moved from its current student expectation is shown in purple, italicized font with strikethrough (moved text) and is shown in the proposed new location in purple, italicized font with underlines (new text location). Additions are shown in green font with underlines (additions).

Comments in the right-hand column provide explanations for the proposed changes. The following notations were used as part of the explanations:

- MV-multiple viewpoints from within the work group
- VA—information added, changed, or deleted to increase vertical alignment
- WGC—student expectation from the current TEKS that Work Group C has recommended to add to the strand

			Stra	nd: Physical Health and	Hygiene			
			-	Substrand: Body Syste	ms	-		_
Topics	KS/SE	к	1	2	3	4	5	Comments
	KS	The student knows the l	basic structures and fun	ctions of the human bod	y and how they relate to	personal health throug	ghout the lifespan.	
Anatomy & <u>Physiology</u> <del>(of all</del> <del>11 systems)</del>	(A)	K.4.A name the five senses K.4.B name major body parts and their functions <u>to include</u> <u>skeletal, muscular,</u> <u>circulatory, respiratory</u> <u>K.6.D discuss basic</u> <u>parts of the body's</u> <u>defense system</u> <u>against germs such as</u> <u>the skin</u>	1.4.A identify and demonstrate use of the five senses 1.4.B identify major body structures and organs and describe their basic functions to include integumentary 1.4.C identify and apply principles of good posture for healthy growth and development	<ul> <li>2.3.B identify the major organs of the body such as the heart, lungs, and brain and describe their primary function</li> <li>2.3.C identify the major body structures, organs, and systems of the body and describe their primary function to include immune</li> <li>2.4.C explain how the body provides protection from disease</li> </ul>	<ul> <li>3.3.B explain the body's defense systems and how they fight disease</li> <li>3.4.A list and explain the stages of growth and development</li> <li>3.4.B name, and locate, and describe the primary function and major components of the body systems to include digestive, and urinary</li> <li>3.4.C explain the interrelationships of the body systems</li> </ul>	<ul> <li>4.2.A describe how health behaviors affect body systems</li> <li>4.2.B describe the basic functions of the major body systems: such as the circulatory and digestive systems to include nervous, and endocrine</li> <li>5.2.B identify and describe changes in male and female anatomy that occur during puberty (by gender)</li> </ul>	<ul> <li>5.2.A describe the structure, functions, and interdependence of the major body systems to include reproductive</li> <li>5.2.B identify and describe changes in male and female anatomy that occur during puberty (both genders)</li> <li>5.4.A explain how to maintain the healthy status of body systems such as avoiding smoking to protect the lungs</li> </ul>	<ul> <li>Deleted (of all 11 systems) as they are introduced over time (K-12)</li> <li>K.6.D removed because group B recommended to be introduced in 1<sup>st</sup> grade</li> <li>1.4.C is covered with 1.4.B as the functions of skeletal and muscular</li> <li>2.3.B is now combined with 2.3.C</li> <li>3.4.A not relevant at this age</li> <li>5.4.A delete "such as" because it may limit the teacher's perspective</li> </ul>
<del>Physiology</del> (of all 11 systems)	(B)	K.6.D discuss basic parts of the body's defense system against germs such as the skin	-1.4.A identify and demonstrate use of the five senses	2.3.B identify the major organs of the body such as the heart, lungs, and brain and describe	3.3.B explain the body's defense systems and how they fight disease	4.2.A describe how health behaviors affect body systems	5.2.A describe the structure, functions, and interdependence of major body systems	Combined Physiology with Anatomy because most of the expectations were repeated.

			Stra	nd: Physical Health and	Hygiene							
	Substrand: Body Systems											
Topics	KS/SE	К	1	2	3	4	5	Comments				
			1.4.B identify major	their primary	3.4.A list and explain	4.2.B describe the						
			body structures and	function	the stages of growth	basic function of	5.4.A explain how to					
			organs and describes		and development	major body systems	maintain the healthy					
			their basic functions	2.3.C identify the		such as the	status of body					
				major systems of the	3.4.B name and	circulatory and	systems such as					
			1.4.C identify and	<del>body</del>	locate major	digestive systems	avoiding smoking to					
			apply principles of		components of the		protect the lungs					
			good posture for	2.4.C explain how the	body systems							
			healthy growth and	body provides								
			development	protection from	3.4.C explain the							
				disease	interrelationships of							
					the body systems							

				Strand: Physical He	ealth and Hygiene			
				Substrand: Growth	and Development			-
Topics	KS/SE	к	1	2	3	4	5	Comments
	KS	***WGC believes there	e are no developmentally ap	ppropriate skills to include i	n this combined topic***			
Cognitive <u>and</u> <u>Physical</u> development (including adolescent brain development and its impact of decision-making abilities, <u>skills and</u> developmental milestones)	(A)						5.9.C utilize critical thinking in decision making and problem solving 5.9.D describe benefits in setting and implementing short and long-term goals 5.9.E explain the necessity of perseverance to achieve goals	5.9(C, D, E) covered in goal-setting and decision making under Mental Health ***WGC believes there are no developmentally appropriate skills to include in this combined topic***
Physical development (skills and developmental milestones)	(B)	K.4.C name and demonstrate good posture principles such as standing straight with shoulders back	1.4.A identify and demonstrate use of the five senses1.4.B identify major body structures and organs and describes their basic functions1.4.C identify and apply principles of good posture for healthy growth and development	-2.1.A explain actions an individual can take when not feeling well	3.4.A list and explain the stages of growth and development		5.2.A describe the structure, functions, and interdependence of major body systems	Physical development combined with Cognitive development 1.4.A & B, 5.2A covered in A & P 2.1.A included in Health care 3.4.A not relevant at this age K.4.C and 1.4.C should be covered in A&P section with skeletal and muscular systems

Strand: Physical Health and Hygiene											
				Substrand: Persor	nal Health and Hygiene						
Topics	KS/SE	к	1	2	3	4	5	Comments			
	KS	informed decisions.		reventative health behavio		-					
Goal-setting and Health care literacy and decision-making to enhance health	(A)	K.3.A demonstrate how to seek the help of parents/guardians and other trusted adults in making decisions and solving problems K.5.A name people who can provide helpful health information such as parents, doctors, teachers, and nurses K.5.B explain the importance of health information	<ul> <li>1.3.A explain ways to seek the help of parents/guardians and other trusted adults in making decisions and solving problems</li> <li>1.3.B describe how decisions can be reached and problems can be solved</li> <li>1.3.C explain the importance of goal setting and task completion</li> <li>1.1.B describe activities that are provided by health care professionals such as medical check-up and dental exams</li> <li>1.5.A identify people who can</li> </ul>	2.9.C demonstrate refusal skills 2.11.A explain steps in the decision making process and the importance of following the steps 2.11.C list the steps and describe the importance of task completion and goal setting 2.1.A explain actions an individual can take when not feeling well 2.1.G describe how a healthy diet can help protect the body against some diseases 2.4.A explain ways in which germs are transmitted, methods of preventing the spread of germs, and	<ul> <li>3.1.A explain how personal-health habits affect self and others</li> <li>3.1.F explain strategies for maintaining a personal health plan such as a commitment to good personal hygiene, and checkups, and an awareness of safety skills</li> <li>3.11.A practice critical- thinking skills when making health decisions</li> <li>3.11.B gather data to help make informed health choices</li> <li>3.11.C explain the positive and negative consequences of making a health- related choice</li> </ul>	<ul> <li>4.11.A explain the importance of seeking guidance from parents and other trusted adults in making health decisions and solving problems</li> <li>4.11.B explain the advantages of setting short and long-term goals</li> <li>4.11.E describe steps in decision making and problem solving</li> <li>4.3.A identify characteristics of health information</li> <li>4.3.B describe the importance of accessing health information through a variety of health resources</li> </ul>	5.9.A describe health- related situations that require parent/adult assistance such as a discussion of the health-related consequences of high- risk health behaviors or going to a doctor5.9.B assess the role of assertiveness, refusal skills, and peer pressure on decision making and problem solving5.9.C utilize critical thinking in decision making and problem solving5.9.D describe benefits in setting and implementing short and long term goals5.9.E explain the necessity of	TEKS covered in mental health: K.3.A, 1.3(A, B, C), 2.9.C, 2.11(A, C), 3.11(A, F, G), 4.11(B, E), 5.8.A, 5.9(B, C, D, E, F) 1.5.B, 5.9.A deleted "such as" example because it limits application 1.7(B, C), 2.1.G, 2.4.A, 3.1(A, F) 5.4.B covered in preventative 2.4.C included in A & P WGC recommends not to include 2.7.B, 5.4.D WGC recommends not to include 3.5.B because it's covered in 3.5.A			

Strand: Physical Health and Hygiene											
				Substrand: Persor	nal Health and Hygiene						
Topics	KS/SE	к	1	2	3	4	5	Comments			
			provide helpful	the importance of	3.11.D explain the	4.5.A set personal-	perseverance to				
			health information	immunization	importance of seeking	health goals for	achieve goals				
			such as parents,		assistance in making	preventing illness					
			teachers, nurses,	2.4.C explain how the	decisions about health		5.9.F explain the				
			and physicians	body provides			importance of				
				<del>protection from</del>	3.11.F describe goal-		parent/trusted adult				
			<u>1.5.B list ways</u>	<del>disease</del>	setting skills		<del>guidance in goal</del>				
			health information				setting				
			<u>can be used <del>such as</del></u>	2.6.A identify people	3.11.G explain the						
			knowing how to	who can provide health	importance of time						
			brush teeth	<u>information</u>	passage with respect		5.11.B [Note: there is				
			<del>properly</del>		to a goal		<mark>no 5.11.]</mark>				
				2.6.B identify various							
			Combined 1.6.A	media that provide	3.5.A demonstrate the		5.3.A describe				
			and 1.6.B to read:	health information	ability to locate		methods of accessing				
			identify examples		resources from		health information				
			<u>of health</u>	2.7.A describe how the	parents and family						
			<u>information</u>	media can influence an	members, school, and		5.3.B demonstrate				
			provided by various	individual's health	the community		ways to communicate				
			media; and how	<u>choices</u>			health information				
			media and		3.7.A describe how		such as posters,				
			technology can		the media can		videos, and brochures				
			affect behaviors		influence knowledge						
			such as television,		and health behaviors;		5.4.B relate the				
			computers, and		and		importance of				
			video games				immunizations in				
					3.7.B identify ways in		disease prevention				
			1.7.B identify		which health care has						
			<u>common illnesses</u>		improved as a result of		5.4.C distinguish				
			and diseases and		technology.		between myth and				
			their symptoms				fact related to disease				

	Strand: Physical Health and Hygiene										
	1		1	Substrand: Person	al Health and Hygiene	L					
Topics	KS/SE	к	1	2	3	4	5	Comments			
			<ul> <li>1.7.C explain common practices that control the way germs are spread</li> <li>1.8.A name various members of his/her family who help them to promote and practice health habits</li> </ul>				and disease prevention5.4.E explain how to manage common minor illnesses such as colds and skin infections5.7.A research the effect of media on health-promoting behaviors5.7.B identify the use of health-related technology in the school such as audiometry and the Internet5.8.A explain the importance of communication skills as a major influence on the social and emotional health of the individual and family				

	Strand: Physical Health and Hygiene											
				Substrand: Persor	nal Health and Hygiene							
Topics	KS/SE	к	1	2	3	4	5	Comments				
<del>Oral health</del>	<del>(B)</del>		<ul> <li>1.1.A describe and practice activities that enhance individual health such as enough sleep, nutrition, and exercise</li> <li>1.1.B describe activities that are provided by health care professionals such as medical check-up and dental exams</li> <li>1.5.B list ways health information can be used such as knowing how to brush teeth properly</li> </ul>	2.1.B describe and demonstrate personal health habits such as brushing and flossing teeth and exercise	3.1.A explain how personal-health habits affect self and others 3.1.F explain strategies for maintaining a personal-health plan such as a commitment to good personal hygiene and checkups and an awareness of safety skills			This section has moved to preventative health				
Sleep	<del>(c)</del>	K.1.A identify and practice personal health habits that help individuals stay healthy such as a proper amount of sleep and clean hands	1.1.A describe and practice activities that enhance individual health such as enough sleep, nutrition, and exercise		3.1.A explain how personal-health habits affect self and others 3.1.F explain strategies for maintaining a personal-health plan such as a commitment	-4.1.E explain how sleep affects academic performance		This section has moved to preventative health				

				Strand: Physical	Health and Hygiene			
				Substrand: Persor	al Health and Hygiene			
Topics	KS/SE	к	1	2	3	4	5	Comments
			1.5.B list ways health information can be used such as knowing how to brush teeth properly		to good personal hygiene and checkups and an awareness of safety skills			
Personal Grooming	<del>(D)</del>	-	1.5.B list ways health information can be used such as knowing how to brush teeth properly	2.1.B describe and demonstrate personal health habits such as brushing and flossing teeth and exercise 2.4.A explain ways in which germs are transmitted, methods of preventing the spread of germs, and the importance of immunization	3.1.A explain how personal health habits affect self and others 3.1.F explain strategies for maintaining a personal-health plan such as a commitment to good personal hygiene and checkups and an awareness of safety skills			This section has moved to preventative health
Preventative health (common illnesses, <u>chronic conditions,</u> <u>personal hygiene</u> <del>hand washing</del> , <u>and</u> checkups)	(E)	K.1.A identify and practice personal health habits that help individuals stay healthy such as a proper amount of sleep and clean hands personal/oral hygiene and sleep	1.1.A describe and practice activities that enhance individual health such as enough sleep, nutrition, and exercise personal/oral hygiene and sleep	2.1.A explain actions an individual can take when not feeling well 2.1.B describe and demonstrate personal health habits such as brushing and flossing teeth and exercise personal/oral hygiene and sleep	<ul> <li>3.1.A explain how personal-health habits affect self and others</li> <li>3.1.F explain strategies for maintaining a personal-health plan such as-a commitment to good personal hygiene and checkups and an awareness of</li> </ul>	4.11.F [Note: there is no 4.11.F.] 4.1.F was added 4.1.E explain how sleep affects health and academic performance WGC: 4.1.F identify the importance of taking personal responsibility for	5.1.F analyze the components of a personal health maintenance plan for individuals and families <del>such as stress</del> management and personal safety 5.4.B relate the importance of	Tick-borne/vector borne illnesses Any removal of "such as" is due to limits on considerations of what to teach. 1.1.B, 1.5.B, 2.1.A, 5.7.B, 5.9.A are covered under health care literacy

Physical Health and Hygiene Strand, Elementary

Strand: Physical Health and Hygiene										
			Substrand: Persor	nal Health and Hygiene						
Topics KS/SE	к	1	2	3	4	5	Comments			
	K.6.C explain how germs cause illness and disease and the practices used to control the spread of germs such as washing hands K.7.B identify ways to prevent the transmission of head lice such as sharing brushes and caps Identify the appearance of vectors (including ticks and mosquitos) and their hosts (such grass, animals), that may cause illness and the proper removal/care	1.1.B describeservices activitiesthat are providedby health careprofessionals suchas medical check-up and dentalexams1.5.B list wayshealth informationcan be used suchas knowing how tobrush teethproperly1.7.A name typesof germs that causeillness and disease1.7.B identifycommon illnessesand diseases andtheir symptomsincluding, asthma,heart disease,stroke, diabetesand epilepsy1.7.C explaincommon practices	<ul> <li>2.1.F describe the importance of individual health maintenance activities such as regular medical and dental checkups</li> <li>2.1.G describe how a healthy diet can help protect the body against some diseases</li> <li>2.4.A explain ways in which germs are transmitted, methods of preventing the spread of germs, and the importance of immunization</li> <li>2.4.B identify causes of disease other than germs such as allergies, and asthma, heart disease, stroke, diabetes and epilepsy</li> <li>2.4.D apply practices to control spread of germs in daily life such as</li> </ul>	<ul> <li>safety skills personal/oral hygiene and sleep</li> <li>3.3.A identify health behaviors that prevent the spread of disease and avoid behaviors that cause the transmission of disease</li> <li>3.3.B explain the body's defense systems and how they fight disease</li> <li>3.3.C explain actions to take when illness occurs including, asthma, heart disease, stroke, diabetes and epilepsy</li> <li>Explain how to perform a self-check for vectors (including ticks and mosquitos)</li> </ul>	developing and maintaining a personal health plan such as fitness, nutrition, stress management, and personal safety.4.5.A set personal- health goals for preventing illness4.5.B identify different pathogens and explain how the body protects itself from pathogens such as viruses, bacteria, and fungi4.5.C discuss ways in which prevention and transmission of disease are affected by individual behaviors4.5.D distinguish between communicable and noncommunicable and noncommunicable diseases.	immunizations in disease prevention 5.7.B identify the use of health-related technology in the school such as audiometry and the Internet 5.9.A describe health- related situations that require parent/adult assistance such as a discussion of the health-related consequences of high- risk health behaviors or going to a doctor Distinguish between the various vectors (including ticks and mosquitos) and treatment if infected.	<ul> <li>3.3.B covered in A&amp;P</li> <li>2.1.G possible to be a duplication in nutrition</li> <li>K.6.A was included into K.6.C</li> <li>K.6.B is covered in 1<sup>st</sup> grade</li> <li>1.7.B</li> <li>WGC recommends that the following expectation should be included in the strand of Injury and Violence Prevention &amp; Safety: K.5.A, K.7.A, 1.2.E,</li> <li>1.8.B, 2.3.A, 2.5.A, 2.5.B,</li> <li>3.6(A, B, C, D), 4.6(A, B)</li> <li>WGC recommends that 2.5.C not be addressed</li> </ul>			

				Strand: Physical	Health and Hygiene			
				Substrand: Persor	nal Health and Hygiene			
Topics	KS/SE	к	1	2	3	4	5	Comments
			that control the way germs are spread <u>Describe how</u> <u>vectors (including</u> <u>ticks and</u> <u>mosquitos) can be</u> <u>transferred and</u> <u>how to avoid them</u>	hand washing and skin care 2.5.A identify hazards in the environment that affect health and safety such as having loaded guns in the home and drinking untreated water Describe how vectors (including ticks and mosquitos) can be transferred and how to avoid them		<ul> <li>4.7.A explain how the media can influence health behaviors</li> <li>4.7.B describe ways technology can influence health</li> <li>Discuss the signs and symptoms (that could include rash, fever, headache) that may occur after contact with a vector (including ticks and mosquitos)</li> </ul>		
Health care (information, accessing the health care system, including the roles of health care providers)	(F)	K.5.A name people who can provide helpful health information such as parents, doctors, teachers, and nurses K.5.B explain the importance of health information	1.1.B describe activities that are provided by health care professionals such as medical check-up and dental exams1.5.A identify people who can provide helpful health information such as parents,	<ul> <li>2.1.A explain actions an individual can take when not feeling well</li> <li>-2.1.G describe how a healthy diet can help protect the body against some diseases</li> <li>2.4.A explain ways in which germs are transmitted, methods of preventing the spread of germs, and</li> </ul>	3.5.A demonstrate the ability to locate resources from parents and family members, school, and the community	<ul> <li>4.3.A identify characteristics of health information</li> <li>4.3.B describe the importance of accessing health information through a variety of health resources</li> <li>4.5.A set personal- health goals for preventing illness</li> </ul>	5.3.A describe methods of accessing health information 5.3.B demonstrate ways to communicate health information such as posters, videos, and brochures 5.4.B relate the importance of immunizations in disease prevention	Combined with health care literacy and decision making enhance health

				Strand: Physical H	ealth and Hygiene			
				Substrand: Personal	Health and Hygiene			
Topics	KS/SE	к	1	2	3	4	5	Comments
			teachers, nurses,	the importance of				
			and physicians	immunization			5.4.C distinguish	
							between myth and	
			1.5.B-list ways	2.4.C explain how the			fact related to disease	
			health information	body provides			and disease	
			can be used such as	protection from			prevention	
			knowing how to	<del>disease</del>				
			brush teeth				5.4.E explain how to	
			properly	2.6.A identify people			manage common minor illnesses such as	
				who can provide health				
			1.7.A name types	information			colds and skin infections	
			of germs that cause illness and disease	2.6.B identify various			Intections	
			mness and disease	media that provide			5.7.A research the	
			1.7.B-identify	health information			effect of media on	
			common illnesses	nearth mormation			health-promoting	
			and diseases and				behaviors	
			their symptoms				benaviors	
			their symptoms				5.7.B identify the use	
			1.7.C explain				of health-related	
			common practices				technology in the	
			that control the				school such as	
			way germs are				audiometry and the	
			spread				Internet	
			Spread				internet	
			1.8.A name various				5.8.A explain the	
			members of his/her				importance of	
			family who help				communication skills	
			them to promote				as a major influence on	
			and practice health				the social and	
			habits				emotional health of	

				Strand: Physical	Health and Hygiene							
	Substrand: Personal Health and Hygiene											
Topics	KS/SE	к	1	2	3	4	5	Comments				
							the individual and family 5.9.A describe health- related situations that require parent/adult assistance such as a discussion of the health-related consequences of high- risk health behaviors or going to a doctor					

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Comments in the right-hand column provide explanations for the proposed changes. The following notations were used as part of the explanations:

- MV—multiple viewpoints from within the work group
- VA—information added, changed, or deleted to increase vertical alignment
- WGC-student expectation from the current TEKS that Work Group C has recommended to add to the strand

			Strand: Physica	I Health and Hygiene				
Substrand: Body Systems								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments		
	KS	The student examines the	structure, function, and relation	nships of body systems and their rele	evance to personal health.			
Anatomy and Physiology (of all 11 systems)	(A)	<ul> <li>6.2.A analyze-Recognize the relationships among the body systems</li> <li>6.2.B describe changes in male and female anatomy and physiology during puberty</li> <li>Identify and locate the major organs of 11 body systems.</li> <li>6.2.C analyze the role of hormones as they relate to growth and development and personal health</li> </ul>	7.2.B describe the influence of the endocrine system on growth and development         Describe the major organs and functions of the 11 body systems.         Explain the relationships between the 11 body systems.	H1.1.D describe the causes, symptoms, and treatment of eating disordersH1.1.H examine causes and effects of stress and develop strategies for managing stress and coping with anxiety and depressionH1.2.A analyze the relationship between health promotion and disease preventionH1.2.G investigate the potential negative effects of combining drugs, including prescription and over the- counter drugsH1.3.A explain fetal development from conception through pregnancy and birth		Combined Physiology with Anatomy to streamline H1.1.D and H1.1H should be covered in Mental Health Added Anatomy and physiology specific concepts to 6 <sup>th</sup> and 7-8 <sup>th</sup> grades 6.2.A – delete analyze, add recognize to alter level for teacher guidance 6.2.C Moved from Physiology topic due to combining of topics 7.2.B Moved from Physiology topic due to combining of topics H1.2.A – delete – covered in preventative health H1.2.G and H1.3.C are covered in Alcohol, Tobacco, and Other Drugs H1.3.A deleted – located in growth & development – physical development		

				l Health and Hygiene					
	Substrand: Body Systems								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments			
				H1.3.C analyze the harmful effects of certain substances such as alcohol, tobacco, and prescription drugs and environmental hazards such as lead on the fetusH1.6.A examine the effects of health behaviors on body systemsH1.6.C appraise the significance of body changes occurring during adolescenceAnalyze the structure, locations, functions of, and relationships among the 11 body systems and their		Added new high school SE to incorporate a more coherent approach to body systems and understanding of how they function			
Physiology (of all 11 systems)	(B)	<ul> <li>6.2.A analyze the relationships among the body systems</li> <li>6.2.B describe changes in male and female anatomy and physiology during puberty</li> <li>6.2.C analyze the role of hormones as they relate to growth and development and personal health</li> </ul>	7.2.B describe the influence of the endocrine system on growth and development	effects on individual health H1.1.D describe the causes, symptoms, and treatment of eating disorders H1.1.H examine causes and effects of stress and develop strategies for managing stress and coping with anxiety and depression H1.2.A analyze the relationship between health promotion and disease prevention		<ul> <li>6.2.C Moved from Physiology to combine with Anatomy</li> <li>7.2.B Moved from Physiology to combine with Anatomy</li> <li>H1.1.D; H1.1.H; H1.2.A; H1.2.G; H1.3.A; H1.3.C; H1.6.A; H1.6.C – deleted due to not being applicable and Physiology combining with Anatomy</li> </ul>			

			Strand: Phys	sical Health and Hygiene				
Substrand: Body Systems								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments		
				H1.2.G investigate the				
				potential negative effects of				
				combining drugs, including				
				prescription and over the-				
				<del>counter drugs</del>				
				H1.3.A explain fetal development from				
				conception through				
				pregnancy and birth				
				H1.3.C analyze the harmful				
				effects of certain substances				
				such as alcohol, tobacco, and				
				prescription drugs and environmental hazards such				
				as lead on the fetus				
				H1.6.A examine the effects of				
				health behaviors on body				
				<del>systems</del>				
				H1.6.C appraise the				
				significance of body changes				
				occurring during adolescence				

	Strand: Physical Health and Hygiene								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments			
	KS	The student comprehends personal health.	the physical and cognitive deve	elopmental changes throughout	the lifespan as they relate to				
Cognitive development (including adolescent brain development and its impact of decision-making abilities, developmental milestones) Physical development (skills and developmental milestones)	(A)	<ul> <li><u>6.2.B describe changes in male and female anatomy and physiology during puberty</u></li> <li><u>6.2.C analyze the role of hormones as they relate to growth and development and personal health</u></li> <li><u>WG C:</u> 7.1.D describe the life cycle of human beings including birth, dying, and death</li> <li><u>WG C:</u> 7.2.A explain how Identify differences in growth patterns among adolescents such as onset of puberty may affect personal health</li> </ul>	<ul> <li>7.1.D describe-Examine the life cycle of human beings including birth, dying, and death</li> <li>7.2.A explain how differences in growth patterns among adolescents such as onset of puberty may affect personal health</li> <li>7.2.B describe the influence of the endocrine system on growth and development</li> </ul>	<ul> <li>H1.1.C explain the relationship between nutrition, quality of life, and disease</li> <li>H1.1.D describe the causes, symptoms, and treatment of eating disorders</li> <li>H1.1.H examine causes and effects of stress and develop strategies for managing stress and coping with anxiety and depression</li> <li>H1.1.I describe the importance of taking responsibility for establishing and implementing health maintenance for individuals and family members of all ages</li> <li>H1.3.A explain fetal development from conception through</li> </ul>	Adv. H.17.8 There is no 178	<ul> <li>Moved Physical Development to combine with Cognitive Development to streamline</li> <li>If Adv.H.17.B is supposed to actually be Adv. H 1.7.B, does not apply to this topic – delete</li> <li>H1.1.D – belongs in Mental Health &amp; Wellness – Delete</li> <li>H1.1.H – duplicated in Preventative Health Topic</li> <li>H1.1.I – duplicated in Preventative Health topic</li> <li>H1.3.C – deleted "lead" as outdated and added "second-hand smoke" as a more relevant example</li> <li>6.2.B – moved due to combination of Cognitive and Physical Development</li> </ul>			

			Strand: Physica	l Health and Hygiene					
	Substrand: Growth and Development								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments			
Physical development (skills and developmental milestones)	(B)	6.1.C compare immediate and long- range effects of personal health care choices such as personal and dental hygiene6.1.D identify causes and effects associated with poor body image such as eating disorders and growth patterns6.2.B describe changes in 	<ul> <li>7.1.A analyze the interrelationships of physical, mental, and social health</li> <li>7.1.D describe the life cycle of human beings including birth, dying, and death</li> <li>7.2.A explain how differences in growth patterns among adolescents such as onset of puberty may affect personal health</li> <li>7.2.B describe the influence of the endocrine system on growth and development</li> </ul>	<ul> <li>H1.3.C analyze the harmful effects of certain substances such as alcohol, tobacco, and prescription drugs and environmental hazards such as lead_second-hand smoke on the fetus</li> <li>H1.6.C appraise the significance of body changes occurring during adolescence</li> <li>H1.1.D describe the causes, symptoms, and treatment of eating disorders</li> <li>H1.1.I describe the importance of taking responsibility for establishing and implementing health maintenance for individuals and family members of all ages</li> <li>H1.2.B analyze the influence of laws, policies, and practices on health related issues including those related to disease prevention</li> <li>H1.3.A explain fetal development from conception through</li> </ul>		<ul> <li>Add 7.2.A to 6<sup>th</sup> grade standards; change "explain how" to "identify" and delete "may affect personal health" for appropriate Bloom's level for 6<sup>th</sup> grade</li> <li>Add 7.1.D to 6<sup>th</sup> grade standards</li> <li>7.2.B - moved due to combination of Cognitive and Physical Development</li> <li>6.1.C - duplicated in Personal Health &amp; Hygiene</li> <li>6.2.B - moved due to combination of Cognitive and Physical Development</li> <li>6.2.C - moved due to combination of Cognitive and Physical Development</li> <li>6.2.C - moved due to combination of Cognitive and Physical Development</li> <li>6.2.C - moved due to combination of Cognitive and Physical Development</li> <li>6.2.C - moved due to combination of Cognitive and Physical Development</li> <li>6.2.D - Poor body image is more aligned with mental health strand – delete and replace with 7.2.A</li> <li>6.2.D - applies to reproductive health strand</li> <li>7.1.A -addressed in Mental Health strand</li> <li>7.2.A; 7.2.B - moved due to combination of Cognitive and</li> </ul>			

Physical Health and Hygiene Strand, Secondary

Work Group C Recommendations, February 2020

			Strand: Physica	l Health and Hygiene						
	Substrand: Growth and Development									
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments				
		development and personal health 6.2.D describe menstrual health and identify the relationship to reproduction		H1.6.A examine the effects of health behaviors on body systems H1.6.C appraise the significance of body changes occurring during adolescence		<ul> <li>H1.1.D – addressed in Mental Health strand</li> <li>H1.1.I; H1.2.B – addressed in Preventative Health topic</li> <li>H1.3.A; H1.6.C – duplicates – due to combination of Cognitive &amp; Physical development</li> <li>H1.6.A – covered in personal health &amp; Hygiene topic</li> </ul>				

	Strand: Physical Health and Hygiene									
Substrand: Personal Health and Hygiene										
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments				
	KS	The student demonstrates information to make inform		ealth behaviors, and how to acce	ss and evaluate health care	Deleted Oral Health, Sleep, and Personal Grooming topics – SEs to be addressed within Preventative Health topic				
Goal-setting and decision-making to enhance health Health Care Literacy and Decision-making	(A)	<ul> <li>6.1.C compare immediate and long-range effects of personal health care choices such as personal and dental hygiene</li> <li>6.1.F describe the mental, physical, and social benefits of regular exercise and fitness</li> <li>6.13.D identify the possible health implications of long-term personal and vocational goals</li> <li>6.10.B identify and analyze various media and technologies that influence individual and community health such as computer software and the internet</li> </ul>	<ul> <li>7.4.C demonstrate ways to use health information to help self and others including seizure awareness, diabetes education, and response plans such as first aid or CPR.</li> <li>7.4.B develop evaluation criteria for health information</li> <li>7.13.B relate practices and steps necessary for making health decisions</li> <li>7.13.C appraise the risks and benefits of decision-making about personal health</li> <li>7.13.A interpret critical issues related to solving health problems</li> </ul>	<ul> <li>H1.1.D describe the causes, symptoms, and treatment of eating disorders</li> <li>H1.1.F discuss health-related social issues such as organ donation and homelessness</li> <li>H1.1.H examine causes and effects of stress and develop strategies for managing stress and coping with anxiety and depression</li> <li>H1.2.E explain why some medications require a prescription</li> <li>H1.4.A analyze the health messages delivered through media and technology</li> <li>H1.4.B explain how technology has impacted the health status of individuals, families, communities, and the world</li> </ul>	Adv. H.2.B design evaluate health promotion materials from various sources (such as the internet, printed media, or commercials)Adv. H.4.B analyze health information based on health- related standardsAdv. H.9.A relate economic status to availability of health services within the communityAdv. H.9.B analyze health care costs of various health services in different countriesAdv. H.11.A analyze how the cost, availability, and accessibility of health care services affects the communityAdv. H.11.B evaluate how the selection of health care services, products, and information affects the community	<ul> <li>Deleted Topic name, combined SEs with Health Care and retitled topic: Health Care Literacy and Decisionmaking</li> <li>6.1.F – Belongs in Healthy Eating &amp; Physical Activity Strand</li> <li>6.13.D – deleted "and vocational" due to limited relevance</li> <li>6.10.B – Moved due to combination of topics</li> <li>7.4.B – moved from Health care information topic</li> <li>7.4.C – added "including seizure awareness, diabetes education, and response plans such as first aid or CPR." to provide inclusion for Board recommendation.</li> <li>7.13.A – Moved from Health care topic</li> </ul>				

				l Health and Hygiene					
	Substrand: Personal Health and Hygiene								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments			
				<ul> <li>H1.5.D demonstrate decision-making skills based on health information</li> <li>H1.6.A examine the effects of health behaviors on body systems</li> <li>H1.17.B identify decision- making skills that promote individual, family, and community health</li> <li>H1.2.F explain the connection between the proper and safe use of prescription drugs and overall health</li> <li>H1.6.B relate the importance of early detection and warning signs that prompt individuals of all ages to seek health care</li> <li>H1.9.B explain the benefits of positive relationships among community health professionals in promoting a healthy community</li> <li>H1.11.A assess the impact of population and economy on community and world health</li> </ul>	Adv. H.12.A describetechnological advances availablein the community that treathealth problems such as medicalprocedures at local hospitals fortreating heart disease and cancerAdv. H.12.B locate health carefacilities at which members of thecommunity can obtain medicalcareAdv. H.15.C interpret informationprovided by parents and otheradultsAdv. H.16.A research informationregarding personal and familyhealth concernsAdv. H.16.C apply the concept ofresearch and evaluation fordetermining health informationfor special populations	<ul> <li>H1.1.H – delete – belongs in Mental Health strand</li> <li>H1.2.E - Moved due to combination of topics</li> <li>H1.6.A – delete – duplicated in other topics</li> <li>H1.2.F; H1.6.B; H1.9.B; H1.11.A; H1.11.B; H1.12.C; H1.13.C; H1.14.F; H1.18.A; H1.18.B; H1.18.C - moved due to combination of topics</li> <li>H1.14.F – added "including seizure awareness, diabetes education, and response plans such as first aid or CPR." To include Board recommendations.</li> <li>ALL Adv H except for Adv.H.2.A - moved from Health care due to combination of topics</li> <li>Adv.H.2.B – deleted "design" as it is covered in preventative health topic; added "evaluate" to change the purpose and rigor; added "from various sources such as the internet, printed media, or commercials" to provide more specificity and guidance for instruction</li> </ul>			

	Strand: Physical Health and Hygiene Substrand: Personal Health and Hygiene									
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments				
				H1.11.B analyze the impact of the availability of health services in the community and the worldH1.12.C compare and analyze the cost, availability, and accessibility of health services for people of all agesH1.13.C explain how to access health services for people of all agesH1.14.F explore methods for addressing critical-health issues including, but not limited to: seizure awareness, diabetes education, and response plans such as first aid or CPR.H1.18.A research information about a personal health concernH1.18.B demonstrate knowledge about personal and family health concernsH1.18.C develop strategies to evaluate information relating						

			Strand: Physica	I Health and Hygiene				
Substrand: Personal Health and Hygiene								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments		
				to a variety of critical health issues				
<del>Oral health</del>	<del>(B)</del>	6.1.C compare immediate and long- range effects of personal health care choices such as personal and dental hygiene		H1.1.D describe the causes, symptoms, and treatment of eating disordersH1.12.C compare and analyze the cost, availability, and accessibility of health services for people of all ages		Delete topic – information covered in Preventative health topic, health literacy topic, Mental Health strand 6.1.C – delete – duplicated in Preventative Health topic H1.1.D – delete – covered in Mental Health strand H1.12.C – delete – covered in Health Literacy topic		
Sleep	<del>(C)</del>	6.1.C compare immediate and long- range effects of personal health care choices such as personal and dental hygiene		H1.1.H examine causes and effects of stress and develop strategies for managing stress and coping with anxiety and depression H1.6.A examine the effects of health behaviors on body systems		Delete topic – information covered         in Preventative health topic, anatomy         & physiology topic, Mental Health         strand         6.1.C – delete – covered in         preventative health topic         H1.1.H – delete – covered in Mental         Health strand         H1.6.A – delete – covered in anatomy         & physiology topic		
Personal grooming	<del>(D)</del>	6.1.C compare immediate and long- range effects of personal health care choices such as personal and dental hygiene		H1.2.A analyze the relationship between health promotion and disease prevention		Delete topic – information covered in Preventative health topic, health literacy topic, growth & development topic		

			Strand: Physica	l Health and Hygiene		
			Substrand: Perso	nal Health and Hygiene	1	
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments
		6.2.B describe changes in male and female anatomy and physiology during puberty				<ul> <li>6.1.C – delete – covered in preventative health topic</li> <li>6.2.B – delete – covered in growth &amp; development topic</li> <li>H1.2.A – delete – covered in preventative health topic</li> </ul>
Preventative health (common illnesses, <u>chronic conditions,</u> <u>personal hygiene,</u> <u>and</u> checkups)	(E)	<ul> <li>6.1.C compare immediate and long- range effects of personal health care choices such as personal and dental hygiene</li> <li><u>Describe healthy</u> personal grooming, hygiene, and oral health including habits such as bathing, brushing teeth, and hair and nail care.</li> <li><u>Determine factors that</u> affect personal grooming, hygiene, and oral health maintenance.</li> <li><u>Classify varieties of</u> vectors (such as ticks or mosquitoes) in Texas and the illnesses they transmit</li> </ul>	<ul> <li>7.3.A explain the role of preventive health measures, immunizations, and treatment in disease prevention such as wellness exams and dental check-ups</li> <li>7.13.A interpret critical issues related to solving health problems <u>such as</u> diabetes, seizure disorders, chronic conditions, or other lifestyle related illnesses</li> <li><u>Distinguish between</u> varieties of vectors (such as ticks or mosquitoes) in Texas and the illnesses they transmit</li> <li><u>Explain the course, signs, symptoms, and treatments of vector-borne illnesses such as Lyme disease or West Nile Virus.</u></li> </ul>	<ul> <li>H1.1.F discuss health-related social issues such as organ donation and homelessness</li> <li>H1.1.H examine causes and effects of stress and develop strategies for managing stress and coping with anxiety and depression</li> <li>H1.1.I describe the importance of taking responsibility for establishing and implementing health maintenance such as healthy personal grooming, hygiene, and oral health habits for individuals and family members of all ages</li> <li>H1.2.A analyze the relationship between health promotion and disease prevention</li> </ul>	Adv. H.2.A investigate various sources in the community that promote health and prevent disease Adv. H.2.B design health promotion materials <u>such as</u> <u>preventative care posters for</u> handwashing, vaccinations, or health behaviors Adv. H.11.A analyze how the cost, availability, and accessibility of health care services affects the community Adv. H.11.B evaluate how the selection of health care services, products, and information affects the community	<ul> <li>Added "chronic conditions, personal hygiene, and" to parenthetical to add specificity and include a different subset of topics.</li> <li>Added SEs for personal grooming, oral health, and hygiene to 6<sup>th</sup> and 7<sup>th</sup> grade to increase coverage of subtopics.</li> <li>7.13.A – added "such as diabetes, seizure disorders, chronic conditions, or other lifestyle related illnesses" to include Board recommendations.</li> <li>Added SEs for vector-borne illnesses to 6<sup>th</sup> and 7<sup>th</sup> grades per Board recommendation for middle school</li> <li>H1.1.F; H1.2.E; H1.4.B; H1.6.A; H1.11.A; H1.11.B – Delete – covered in Health Literacy topic</li> <li>H1.11.B; H1.12.C– delete – duplicated in Health Care Literacy topic</li> </ul>

			Strand: Physica	l Health and Hygiene						
	Substrand: Personal Health and Hygiene									
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments				
		Describe how to reduce risk of vector-borne infections Recognize the signs, symptoms, and treatments of vector- borne illnesses such as Lyme disease or West Nile Virus		<ul> <li>H1.2.B analyze the influence of laws, policies, and practices on health-related issues including those related to disease prevention</li> <li>H1.2.C identify, describe, and assess available health- related services in the community that relate to disease prevention and health promotion</li> <li>H1.2.D develop and analyze strategies related to the prevention of communicable and non- communicable diseases</li> <li>H1.2.E explain why some medications require a prescription</li> <li>H1.2.F explain the connection between the proper and safe use of prescription drugs and overall health</li> <li>H1.3.B explain the importance of the role of prenatal care and proper nutrition in promoting optimal health for both the</li> </ul>		<ul> <li>H1.1.H – delete – belongs in Mental Health Strand</li> <li>H1.1.I – added "such as healthy personal grooming, hygiene, and oral health habits" to add specificity and continue the personal hygiene topic across grade bands</li> <li>H1.8.D – delete – belongs on Injury and Violence Strand</li> <li>Adv.H.2.B – added verbiage to increase relevance to topic &amp; provide guidance for instruction</li> <li>Adv H.11.A; H.11.B – delete – duplicated in Health Care Literacy topic</li> </ul>				

	Strand: Physical Health and Hygiene								
	Substrand: Personal Health and Hygiene								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments			
				<ul> <li>baby and the mother such as breast feeding</li> <li>H1.4.B explain how technology has impacted the health status of individuals, families, communities, and the world</li> <li>H1.6.A examine the effects of health behaviors on body systems</li> <li>H1.6.B relate the importance of early detection and warning signs that prompt individuals of all ages to seek health care</li> <li>H1.8.D analyze the importance of healthy strategies that prevent physical, sexual, and emotional abuse such as date rape</li> <li>H1.11.A assess the impact of population and economy on community and world health</li> <li>H1.11.B analyze the impact of the availability of health services in the community and the world</li> </ul>					

			Strand: Phys	sical Health and Hygiene				
Substrand: Personal Health and Hygiene								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments		
				<ul> <li>H1.12.B research various school and community health services for people of all ages such as vision and hearing screenings and immunization programs</li> <li>H1.12.C compare and analyze the cost, availability, and accessibility of health services for people of all ages</li> <li>H1.13.B identify situations requiring professional health services for people of all ages such as primary, preventive, and emergency care</li> <li>H1.14.F explore methods for addressing critical-health issues</li> <li>H1.18.A research information about a personal health concern</li> <li>H1.18.B demonstrate knowledge about personal and family health concerns</li> </ul>				

			Strand: Physica	l Health and Hygiene				
Substrand: Personal Health and Hygiene								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments		
Topics         Health care         (information,         accessing the         health care system,         including the roles         of health care         providers)	KS/SE (F)	<ul> <li>6</li> <li>6.1.C compare immediate and long- range effects of personal health care choices such as personal and dental hygiene</li> <li>6.10.B identify and analyze various media and technologies that influence individual and community health such as computer software and the internet</li> </ul>	7-8 7.3.A explain the role of preventive health measures, immunizations, and treatment in disease prevention such as wellness exams and dental check-ups 7.4.B develop evaluation criteria for health information 7.4.C demonstrate ways to use health information to help self and others 7.13.A interpret critical issues related to solving health problems	Health IH1.1.C explain the relationship between nutrition, quality of life, and diseaseH1.1.D describe the causes, symptoms, and treatment of eating disordersH1.1.F discuss health-related social issues such as organ donation and homelessnessH1.2.A analyze the relationship between health promotion and disease preventionH1.2.B analyze the influence of laws, policies, and practices on health related issues including those related to disease prevention	Advanced HealthAdv. H.2.A investigate various sources in the community that promote health and prevent diseaseAdv. H.2.B design health promotion materialsAdv. H.2.B design health promotion materialsAdv. H.4.B analyze health information based on health- related standardsAdv. H.9.A relate economic status to availability of health services within the communityAdv. H.9.B analyze health care costs of various health services in different countriesAdv. H.11.A analyze how the cost, availability, and accessibility of health care services affects the community	CommentsTopic name deleted – SEs combined with Decision-making topic and renamed "Health Care Literacy & Decision-making"6.1.c delete – duplicate due to combination of topics7.3.A – delete – duplicated in Preventative Health topic 7.4.B – moved to health care literacy topic7.4.C - delete – duplicate due to combination of topics7.13.A – moved to combined topic of health care literacy & decision- makingH1.1.C – delete – duplicated in Cognitive & Physical Development topic		
				H1.2.C identify, describe, and assess available health- related services in the	Adv. H.11.B evaluate how the selection of health care services,	H1.1.D – delete – belongs in Mental Health strand		
				community that relate to disease prevention and health promotion	products, and information affects the community	H1.1.F - delete – duplicate due to combination of topics		
				H1.2.D develop and analyze strategies related to the prevention of communicable	Adv. H.12.A describe technological advances available in the community that treat health problems such as medical	H1.2.A - delete – duplicated in other topics		

	Strand: Physical Health and Hygiene								
	Substrand: Personal Health and Hygiene								
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments			
				and non-communicable diseases H1.2.E-explain why some medications require a prescription H1.2.F explain the connection between the proper and safe use of prescription drugs and overall health H1.4.A analyze the health messages delivered through media and technology H1.4.B explain how technology has impacted the health status of individuals, families, communities, and the world H1.5.D demonstrate decision-making skills based on health information H1.6.B relate the importance of early detection and warning signs that prompt individuals of all ages to seek health care H1.8.B analyze the	<ul> <li>procedures at local hospitals for treating heart disease and cancer</li> <li>Adv. H.12.B locate health care facilities at which members of the community can obtain medical care</li> <li>Adv. H.15.C interpret information provided by parents and other adults</li> <li>Adv. H.16.A research information regarding personal and family health concerns</li> <li>Adv. H.16.C apply the concept of research and evaluation for determining health information for special populations</li> </ul>	H1.2.B; H1.2.C; H1.2.D – delete – duplicated in preventative health topic H1.2.F - moved due to combination of topics H1.4.A; H1.4.B; H1.5.D – delete – duplicated due to combination of topics H1.6.B; H1.9.B; H1.11.A; H1.11.B; H1.12.C; H1.13.C; H1.14.F; H1.18.A; H1.18.B; H1.18.C – Moved due to combination of topics H1.8.B – delete – belongs in reproductive health H1.8.D – belongs under injury & violence prevention strand H1.12.B; H1.13.B – delete – duplicated in preventative health topic H1.11.C – fits better in Safety strand ALL Adv H except Adv H.2.A moved from Health care due to combination of topics Adv H.2.A – delete – duplicated in			
				importance and benefits of		preventative health topic.			

	Strand: Physical Health and Hygiene									
	Substrand: Personal Health and Hygiene									
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments				
				abstinence as it relates to emotional health and the prevention of pregnancy and sexually transmitted diseasesH1.8.D analyze the importance of healthy strategies that prevent physical, sexual, and emotional abuse such as date rapeH1.9.B explain the benefits of positive relationships among community health professionals in promoting a healthy communityH1.11.A assess the impact of population and economy on community and worldhealth						
				H1.11.B analyze the impact of the availability of health services in the community and the world						
				H1.11.C describe a variety of community and world environmental protection programs						
				H1.12.B research various school and community health						

	Strand: Physical Health and Hygiene									
	Substrand: Personal Health and Hygiene									
Topics	KS/SE	6	7-8	Health I	Advanced Health	Comments				
				<ul> <li>services for people of all ages such as vision and hearing screenings and immunization programs</li> <li>H1.12.C compare and analyze the cost, availability, and accessibility of health services for people of all ages</li> <li>H1.13.B identify situations requiring professional health services for people of all ages such as primary, preventive, and emergency care</li> <li>H1.13.C explain how to access health services for people of all ages</li> <li>H1.14.F explore methods for addressing critical health issues</li> <li>H1.18.A research information about a personal health concern</li> <li>H1.18.B demonstrate knowledge about personal and family health concerns</li> <li>H1.18.C develop strategies to evaluate information relating</li> </ul>						

	Strand: Physical Health and Hygiene									
Substrand: Personal Health and Hygiene										
Topics	Topics     KS/SE     6     7-8     Health I     Advanced Health     Comments									
				to a variety of critical health issues						