

The Human Services career cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs, such as counseling and mental health services, family and community services, personal care services, and consumer services. This career cluster includes occupations ranging from community health workers to cosmetologists and nutritionists.

Statewide Program of Study: Health and Wellness

The Health and Wellness program of study focuses on occupational and educational opportunities associated with promoting physical, emotional, and mental health and wellness. This program of study incudes assisting patients in planning for their health and wellness, responding to crises, providing education or counseling, making referrals, and addressing barriers to accessing health and wellness services.



Secondary Courses for High School Credit

Level 1

- Principles of Human Services
- Principles of Community Services
- Dollars and Sense

Level 2

- Human Growth and Development
- Child Development
- Lifetime Nutrition and Wellness
- Interpersonal Studies
- Entrepreneurship I

Level 3

- Applied Nutrition and Dietetics
- Family and Community Services
- · Counseling and Mental Health

Level 4

- Food Science
- Practicum in Human Services
- Practicum in Human Services + Extended Practicum in Human Services
- Practicum in Entrepreneurship
- Practicum in Entrepreneurship + Extended Practicum in Entrepreneurship
- Career Preparation for Programs of Study
- Career Preparation for Programs of Study + Extended Career Preparation

Work-Based Learning and Expanded Learning Opportunities

Work-Based Learning Activities

- Shadow a dietician in a local hospital or nursing home to learn about tailoring diets to patient needs
- Work part-time as a peer counselor at a community nonprofit organization that works with children
- Intern at a non-profit organization to learn about identifying resources to serve needs of participants

Expanded Learning Opportunities

- Participate in FCCLA
- Participate in Future Coaches of Texas Association

Aligned Industry-Based Certifications

- Child Psychiatric Technician, Level 1
- Child Development Associate
- Community Health Workers
- Food Safety & Science Certification
- Mental Health Technician Certification (MHTC)
- Pre-Professional Certification in Food Science Fundamentals
- Pre-Professional Certification in Nutrition, Food, and Wellness



Example Postsecondary Opportunities

Apprenticeships

Community Health Worker Apprentice



Associate Degrees

- Social Work
- Community Health Services Counseling

Bachelor's Degrees

- · Social Work
- Mental Health Counseling

Master's, Doctoral, and Professional Degrees

- Nutrition Sciences
- Dietetics

Additional Stackable IBCs/License

Dietitian



Example Aligned Occupations

Community Health Workers

Median Wage: \$43,619 Annual Openings: 658 10-Year Growth: 25%

Dietetic Technician

Median Wage: \$28,975 Annual Openings: 113 10-Year Growth: 18%

Dietitians and Nutritionists

Median Wage: \$64,399 Annual Openings: 381 10-Year Growth: 21%

Data Source: TexasWages, Texas Workforce Commission. Retrieved 3/8/2024



https://tea.texas.gov/academics/college-career-and-militaryprep/career-and-technical-education/hs-health-and-wellnessextendedpptx.pdf



Statewide Program of Study: Health and Wellness

Course Information

Course	Prerequisites Corequisites	Career Clusters
Principles of Human Services* 13024200 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	
Principles of Community Services* N1302542 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	
Dollars and Sense* 13024300 (0.5 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services Recommended Corequisites: None	

Course	Prerequisites Corequisites	Career Clusters
Human Growth and Development* 13014300 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Education and Training or Principles of Human Services Recommended Corequisites: None	
Child Development* 13024700 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services or Principles of Education and Training Recommended Corequisites: None	
Lifetime Nutrition and Wellness* 13024500 (0.5 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services, Principles of Hospitality and Tourism, or Principles of Health Science Recommended Corequisites: None	
Interpersonal Studies* 13024400 (0.5 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services, Principles of Hospitality and Tourism, Principles of Health Science, or Principles of Education and Training Recommended Corequisites: None	
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st Indicates course is included in more than one program of study in this career cluster.



For additional information on the **Human Services** career cluster, contact cte@tea.texas.gov or visit https://tea.texas.gov/cte



Statewide Program of Study: Health and Wellness

Course Information

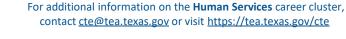
Course	Prerequisites Corequisites	Career Clusters
Entrepreneurship I* 13011101 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Business, Marketing, and Finance Recommended Corequisites: None	

Course	Prerequisites Corequisites	Career Clusters
Applied Nutrition and Dietetics N1302541 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services, Lifetime Nutrition and Wellness and/or Human Growth and Development Recommended Corequisites: None	
Family and Community Services* 13024900 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services Recommended Corequisites: None	
Counseling and Mental Health* 13024600 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services Recommended Corequisites: None	

Course	Prerequisites Corequisites	Career Clusters
Food Science 13023000 (1 credit)	Prerequisites: One credit in biology, one credit in chemistry, and at least one credit in a Level 2 or higher course from the Hospitality and Tourism or Agriculture, Food, and Natural Resources career clusters Corequisites: None Recommended Prerequisites: Principles of Hospitality and Tourism Recommended Corequisites: None	
Practicum in Human Services* First Time Taken: 13025000 (2 credits) Second Time Taken: 13025010 (2 credits)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	

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^{*} Indicates course is included in more than one program of study in this career cluster.







Statewide Program of Study: Health and Wellness

Course Information

Course	Prerequisites Corequisites	Career Clusters
Practicum in Human Services + Extended Practicum in Human Services* First Time Taken: 13025005 (3 credits) Second Time Taken: 13025015 (3 credits)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	
Practicum in Entrepreneurship* First Time Taken: 13011111 (2 credits)	Prerequisites: None Corequisites: None Recommended Prerequisites: Entrepreneurship I and Entrepreneurship II, or successful completion of at least two courses in a CTE program of study Recommended Corequisites: None	
Practicum in Entrepreneurship + Extended Practicum in Entrepreneurship* First Time Taken: 13011121 (3 credits)	Prerequisites: None Corequisites: None Recommended Prerequisites: Entrepreneurship I and Entrepreneurship II, or successful completion of at least two courses in a CTE program of study Recommended Corequisites: None	

Career Preparation for Programs of Study*

First Time Taken: 12701121 (2 credits)

Prerequisites: At least one Level 2 or

higher CTE course Corequisites: None

Recommended Prerequisites: None **Recommended Corequisites:** None















Career Preparation for Programs of Study + Extended Career Preparation*

First Time Taken: 12701141 (3 credits) Prerequisites: At least one Level 2 or

higher CTE course Corequisites: None

Recommended Prerequisites: None **Recommended Corequisites:** None

















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