



Human Services Career Cluster

The Human Services career cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs such as counseling and mental health services, family and community services, personal care services, and consumer services. This career cluster includes occupations ranging from community health workers to cosmetologists and nutritionists.

Statewide Program of Study: Health and Wellness

The Health and Wellness program of study focuses on occupational and educational opportunities associated with promoting physical, emotional, and mental health and wellness. This program of study includes assisting patients in planning for their health and wellness, responding to crises, providing education or counseling, making referrals, and addressing barriers to accessing health and wellness services.



Secondary Courses for High School Credit

- | | |
|----------------|--|
| Level 1 | <ul style="list-style-type: none"> Principles of Human Services Principles of Community Service Dollars and Sense |
| Level 2 | <ul style="list-style-type: none"> Human Growth and Development Child Development Lifetime Nutrition and Wellness Interpersonal Studies Entrepreneurship I |
| Level 3 | <ul style="list-style-type: none"> Applied Nutrition and Dietetics Family and Community Services Counseling and Mental Health |
| Level 4 | <ul style="list-style-type: none"> Food Science Practicum in Entrepreneurship Practicum in Human Services Practicum in Human Services + Extended Practicum in Human Services Career Preparation for Programs of Study Career Preparation for Programs of Study + Extended Career Preparation |

Aligned Advanced Academic Courses

Dual Credit Dual credit offerings will vary by Local Educational Agency.

Students should be advised to consider these course opportunities to enrich their preparation. AP or IB courses not listed under the Secondary Courses for High School Credit section of this framework document do not count towards Concentrator/Completer status for this program of study.

Work-Based Learning and Expanded Learning Opportunities

Work-Based Learning Activities

- Shadow a dietician in a local hospital or nursing home to learn about tailoring diets to patient needs
- Work part-time as a peer counselor at a community non-profit organization that works with children
- Intern at a non-profit organization to learn about identifying resources to serve needs of participants

Expanded Learning Opportunities

- Participate in FCCLA

Aligned Industry-Based Certifications

- Community Health Workers
- Pre-Professional Certification in Nutrition, Food, and Wellness
- Child Development Associate (CDA)



Example Postsecondary Opportunities

Apprenticeships

- Community Health Worker Apprentice

Associate Degrees

- Social Work
- Community Health Services Counseling

Bachelor's Degrees

- Social Work
- Mental Health Counseling

Master's, Doctoral, and Professional Degrees

- Nutrition Sciences
- Dietetics

Additional Stackable IBCs/Licensures

- Dietician



Example Aligned Occupations

Community Health Workers

Median Wage: \$39,520
Annual Openings: 501
10-Year Growth: 25%

Dietetic Technician

Median Wage: \$28,919
Annual Openings: 160
10-Year Growth: 18%

Dietitians and Nutritionists

Median Wage: \$63,687
Annual Openings: 475
10-Year Growth: 2.1%

Data Source: TexasWages, Texas Workforce Commission. Retrieved 3/8/2024.



For more information visit:
<https://tea.texas.gov/academics/collegecareer-and-military-prep/career-and-technical-education/programs-of-study-additional-resources>








Human Services Career Cluster



















Statewide Program of Study: Health and Wellness

Course Information





Level 1

Course	Prerequisites Corequisites	Career Clusters
Principles of Human Services* 13024200 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	 
Principles of Community Service N1302542 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	 
Dollars and Sense* 13024300 (0.5 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services Recommended Corequisites: None	

Level 2

Course	Prerequisites Corequisites	Career Clusters
Human Growth and Development* 13014300 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Education and Training or Principles of Human Services Recommended Corequisites: None	 
Child Development* 13024700 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services or Principles of Education and Training Recommended Corequisites: None	 
Lifetime Nutrition and Wellness 13024500 (0.5 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services, Principles of Hospitality and Tourism, or Principles of Health Science Recommended Corequisites: None	 
Interpersonal Studies 13024400 (0.5 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services, Principles of Hospitality and Tourism, Principles of Health Science, or Principles of Education and Training Recommended Corequisites: None	 
Entrepreneurship I* 13011101 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	         

Level 3

Course	Prerequisites Corequisites	Career Clusters
Applied Nutrition and Dietetics* N1302541 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services, Lifetime Nutrition and Wellness and/or Human Growth and Development Recommended Corequisites: None	 
Family and Community Services 13024900 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Service Recommended Corequisites: None	
Counseling and Mental Health 13024600 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services Recommended Corequisites: None	

* Indicates course is included in more than one program of study.

For additional information on the **Human Services career cluster**, contact cte@tea.texas.gov or visit <https://tea.texas.gov/cte>



[LEA name] does not discriminate on the basis of race, color, national origin, sex, or disability in its programs or activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: [title], [address], [telephone number], [email]. Further nondiscrimination information can be found at [Notification of Nondiscrimination in Career and Technical Education Programs](#).



Human Services Career Cluster

Statewide Program of Study: Health and Wellness

Course Information

Level 4

Course	Prerequisites Corequisites	Career Clusters
Food Science* 13023000 (1 credit)	Prerequisites: one credit in biology, one credit in chemistry, and at least one credit in a Level 2 or higher course from the hospitality and tourism career cluster Corequisites: None Recommended Prerequisites: Principles of Hospitality and Tourism Recommended Corequisites: None	
Practicum in Entrepreneurship* 13011101 (2 credits)	Prerequisites: None Corequisites: None Recommended Prerequisites: Entrepreneurship I and Entrepreneurship II or successful completion of at least two courses in a career and technical education (CTE) program of study Recommended Corequisites: None	
Practicum in Human Services* First Time Taken: 13025000 (2 credits) Second Time Taken: 13025010 (2 credits)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	
Practicum in Human Services + Extended Practicum in Human Services* First Time Taken: 13025005 (3 credits) Second Time Taken: 13025015 (3 credits)	Prerequisites: None Corequisites: Practicum in Human Services Recommended Prerequisites: None Recommended Corequisites: None	
Career Preparation for Programs of Study* 12701121 (2 credits)	Prerequisites: At least one Level 2 or higher Career and Technical Education course Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	
Career Preparation for Programs of Study + Extended Career Preparation for Programs of Study* 12701141 (3 credits)	Prerequisites: At least one Level 2 or higher Career and Technical Education course Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	

* Indicates course is included in more than one program of study.

For additional information on the **Human Services** career cluster, contact cte@tea.texas.gov or visit <https://tea.texas.gov/cte>



[LEA name] does not discriminate on the basis of race, color, national origin, sex, or disability in its programs or activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: [title], [address], [telephone number], [email]. Further nondiscrimination information can be found at [Notification of Nondiscrimination in Career and Technical Education Programs](#).