

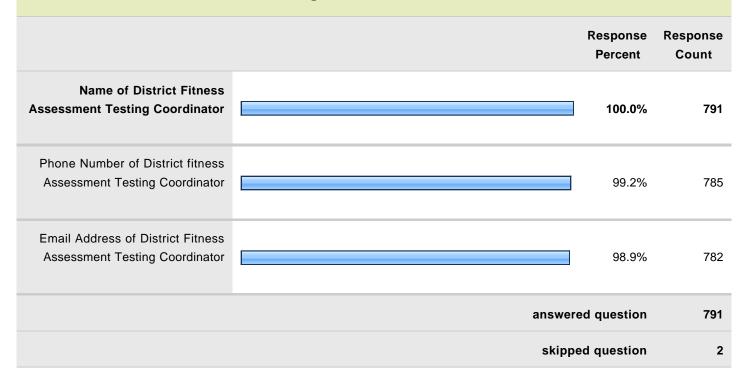
1. Please Answer the Following Questions:			
	Response Percent	Response Count	
District Name	100.0%	791	
County-District Number	97.2%	769	
Education Service Center Region # (please enter 1 or 2 digit number only)	99.0%	783	
	answered question	791	
	skipped question	2	

## 2. Preparer Information

	Response Percent	Response Count
Name of Preparer	100.0%	791
Title of Preparer	99.2%	785
Phone Number of Preparer	99.2%	785
Email Address of Preparer	98.9%	782
	answered question	791
	skipped question	2

3. School Health Advisory Council (SHAC) Information			
		Response Percent	Response Count
Name of SHAC District Contact		99.9%	790
Phone Number of SHAC District Contact		99.2%	785
Email Address of SHAC District Contact		98.7%	781
Name of Required PARENT SHAC District Chair or Co-Chair		94.8%	750
Phone Number of Required PARENT SHAC DISTRICT Chair or Co-Chair		89.6%	709
Email Address of Required PARENT SHAC District Chair or Co-Chair		80.4%	636
		answered question	791
		skipped question	2

#### 4. District Fitness Assessment Testing Coordinator Information



#### 5. What types of campuses does your district or charter serve? (Mark all that apply)

	Response Percent	Response Count
Elementary	94.3%	729
Middle School/Jr. High	90.3%	698
High School	90.7%	701
Other (please specify)	21.7%	168
	answered question	773
	skipped question	20

6. How many campuses of each?			
	Response Percent	Response Count	
Elementary	97.7%	755	
Middle School/Jr. High	93.4%	722	
High School	95.3%	737	
	answered question	773	
	skipped question	20	

7. Please list the members that make up your SHAC.	
	Response Count
	773
answered question	773
skipped question	20

8. In your district, are members of the following groups represented on any school health council, committee, or team? (Mark all that apply)

	Response Percent	Response Count
Businesses	59.0%	456
Community members	84.1%	650
Faith-based organizations	27.6%	213
Health education teachers	66.0%	510
Health services staff (e.g., school nurses)	84.6%	654
Library/media center staff	10.0%	77
Local government agencies	22.6%	175
Local health departments, agencies, or organizations	40.2%	311
Maintenance and transportation staff	10.7%	83
Mental health or social services staff	33.8%	261
Nutrition or food service staff	74.5%	576
Parents or families of students	94.6%	731
Physical education teachers	75.2%	581
School administrators	86.7%	670
Student body	36.2%	280
Technology staff	13.3%	103
	answered question	773
	skipped question	20

9. How many times did your district's SHAC meet during the 2009-2010 school year? (one or two numeric digits only)

	Response Count
	773
answered question	773
skipped question	20

## 10. Has your school district implemented any policy, program, or practice as a result of the School Health Advisory Council (SHAC) making a recommendation?

	Response Percent	Response Count
Yes	76.7%	593
No (if no, skip to #12)	23.5%	182
	answered question	773
	skipped question	20

## 11. If yes, what topics were addressed? (Mark all that apply)

	Response Percent	Response Count
Adaptations for special populations in physical education	6.2%	37
Asthma Action Plan	10.2%	61
Bullying	36.5%	218
Coordinated School Health Programming	53.0%	317
Fundraising	9.2%	55
Health Education curriculum	51.8%	310
High School Graduation Requirements	21.6%	129
HIV Policy (Practice, Universal Precautions, Curricula)	9.7%	58
Off-campus physical activity programs	12.9%	77
Parent Involvement	40.0%	239
Physical Activity requirements in grades K-8	35.1%	210
Recess	23.9%	143
Safe Routes to school	6.0%	36
School Menu/Nutrition Services	55.5%	332
Staff Professional Development	19.6%	117
Teen Pregnancy Prevention	35.5%	212
Tobacco Use and Prevention	28.3%	169
Wellness Policies	54.5%	326
Other (please specify)	22.7%	136

answered question	598
skipped question	195

#### 12. Has your School Board made policy changes because of a SHAC recommendation?

	Response Percent	Response Count
Yes	37.9%	293
No	62.1%	480
	answered question	773
	skipped question	20

## 13. What is your district's policy for meeting the elementary school physical activity requirements?

	Response Percent	Response Count
30 minutes/day for all grade levels	21.1%	163
30 minutes/day for some grade levels, 135 minutes/week for others	18.1%	140
135 minutes/week for all grade levels	34.0%	263
More than 135 minutes/week	9.6%	74
More than 150 minutes/week	13.7%	106
Other (please specify)	6.3%	49
	answered question	773
	skipped question	20

# 14. What is your district's policy for meeting the middle/junior high school physical activity requirement?

	Response Percent	Response Count
30 minutes/day for four semesters in physical education	39.6%	303
225 minutes/two weeks for four semesters in physical education	22.8%	175
Four semesters of physical activity in alternative programs	4.2%	32
A mixture of physical education and alternative programs	19.7%	151
Other (please specify)	20.2%	155
	answered question	766
	skipped question	27

# 15. Of the following, which topics were addressed on your district's website and/or handbook? (Mark all that apply)

	Handbook	Website	Response Count
Bullying	97.8% (716)	57.4% (420)	732
Elementary physical activity policy	90.3% (575)	62.6% (399)	637
Human sexuality curriculum information	86.7% (430)	63.5% (315)	496
Middle school physical activity policy	89.1% (538)	62.6% (378)	604
Restrictions on vending machines/food service usage	88.7% (542)	63.5% (388)	611
School Health Advisory Council information	76.8% (500)	81.6% (531)	651
Parental access to student's fitness assessment results	82.1% (422)	64.4% (331)	514
Tobacco use and prevention	96.1% (672)	55.7% (389)	699
Other	66.7% (50)	66.7% (50)	75
		If other (please explain)	54
		answered question	766
		skipped question	27

16. Does your district have a policy prohibiting Physical Activity as a form of punishment?

	Response Percent	
8.2% 216	28.2%	Yes
1.8% 550	71.8%	No
stion 766	answered question	
stion 27	skipped question	

17. Are all of the campuses in your district tobacco free for everyone? (students, staff, parents, visitors, etc.)

	Response Percent	Response Count
Yes	99.3%	761
No	0.9%	7
Other (please specify)	0.1%	1
	answered question	766
	skipped question	27

18. Has your district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on campuses or at school-sponsored or school-related activities?

	Response Percent	Response Count
Yes	96.9%	742
No	3.1%	24
	answered question	766
	skipped question	27

**19. What Coordinated School Health Program is your district implementing in elementary schools?** 

	Response Percent	Response Count
Bienestar	6.9%	53
САТСН	52.6%	403
Great Body Shop	14.1%	108
SPARK/Healthy & Wise	19.3%	148
Other - please specify (if Not Applicable, please explain)	12.9%	99
	answered question	766
	skipped question	27

20. What Coordinated School Health Program is your district implementing in middle and/or junior high schools?

	Response Percent	Response Count
Bienestar	6.5%	50
САТСН	46.5%	356
SPARK/Healthy & Wise	25.3%	194
Other - please specify (if Not Applicable, please explain)	23.2%	178
	answered question	766
	skipped question	27

21. Does your district require Health Education as a graduation requirement for high school in all graduation plans for the 2010 - 2011 school year? Response Response Percent Count 61.9% Yes 469 No 31.9% 242 Not Applicable (please explain) 6.7% 51 answered question 758 skipped question 35

#### 22. Does your district offer Health Education in Middle School? Response Response Percent Count Yes 72.7% 551 No 23.0% 174 Not Applicable (please explain) 5.3% 40 answered question 758 skipped question 35

# 23. List the date of the letter sent to parents/guardians regarding human sexuality instruction, as required by SB283, TEC 28.004. Response Percent Response Count Date letter mailed 100.0% 758 Date letter mailed 100.0% 758 Skipped question 35

24. What school health-related assessment tools does your district use? (Mark all that apply)

	Response Percent	Response Count
ActivityGram	2.8%	21
District-developed	5.4%	41
FITNESSGRAM once annually	80.6%	611
FITNESSGRAM pre and post testing	33.4%	253
Health Education Assessment Tools (HECAT)	1.1%	8
Physical Education Assessment Tools (PECAT)	2.2%	17
School Health Index	10.7%	81
Other (please specify)	6.5%	49
	answered question	758
	skipped question	35

25. Does your district have a policy in place for addressing the safety of students in a physical education class with a student teacher ratio greater than 45 to 1, per TEC 25.114?

	Response Percent	Response Count
Yes	52.5%	398
No	28.4%	215
Other - please specify (if Not Applicable, please explain)	21.6%	164
	answered question	758
	skipped question	35

## 26. Are the physical education courses offered in your district taught by a certified physical education teacher?

	Elementary	Middle School/Jr. High	High School	Response Count
Yes	95.6% (710)	94.6% (703)	93.1% (692)	743
No	72.7% (32)	50.0% (22)	36.4% (16)	44
Not Applicable (please explain)		16		

answered ques	ion 758
skipped ques	ion 35

## 27. Indicate if your district collects statistics and data on any of the following health issues. (Mark all that apply)

	Yes	Νο	Response Count
Asthma	60.7% (458)	39.5% (298)	754
Diabetes	62.6% (468)	37.7% (282)	748
		answered question	758
		skipped question	35

## 28. Indicate if your district staff attends or needs training or staff development on any of the following topics. (Mark all that apply)

	Attends	Needs	Response Count
Abstinence	80.1% (394)	23.2% (114)	492
Abstinence Plus	47.2% (119)	55.2% (139)	252
Alcohol and drug use	88.9% (482)	14.4% (78)	542
Asthma Training	83.7% (421)	21.1% (106)	503
Bullying	90.4% (615)	17.4% (118)	680
Care of Students with Diabetes (Required by HB 984)	94.2% (628)	9.3% (62)	667
Child Abuse and Neglect	90.7% (545)	14.0% (84)	601
Child and Adolescent Development	81.5% (318)	20.8% (81)	390
Coordinated School Health Programming	86.8% (480)	18.4% (102)	553
Eligibility and Benefits of CHIP/Medicaid	78.6% (341)	24.2% (105)	434
Family Violence	73.2% (317)	30.3% (131)	433
Fitness Assessment	96.9% (585)	5.3% (32)	604
Injury Prevention	88.7% (401)	15.9% (72)	452
Nutrition	92.0% (508)	10.7% (59)	552
Pedestrian and Traffic Safety	64.8% (206)	37.7% (120)	318
Positive Youth Development	74.1% (312)	29.7% (125)	421
STD Prevention	78.8% (349)	24.8% (110)	443
Suicide Prevention	82.5% (435)	22.6% (119)	527
Teen Pregnancy Prevention	80.7% (411)	23.8% (121)	509
Tobacco use and prevention	91.8% (471)	11.1% (57)	513

23

answered question	758
skipped question	35

## 29. Does your district have a policy for addressing HIV prevention education?

	Response Percent	Response Count
Yes	65.6%	497
No (If no, skip to #31)	30.6%	232
In process of developing a policy or educational program	3.6%	27
Not Applicable (please explain)	1.1%	8
	answered question	758
	skipped question	35

#### 30. If Yes, which of the following does your policy address: (Mark all that apply)

	Response Percent	Response Count
Abstinence	78.1%	403
Bloodborne Pathogens	76.4%	394
Risk Reduction	53.5%	276
Other (please specify)	1.7%	9
	answered question	516
	skipped question	277

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31. Has your school district adopted and implemented a policy that addresses maintaining confidentiality of HIV-infected students and staff, and the procedures to protect HIV-infected students and staff from discrimination?

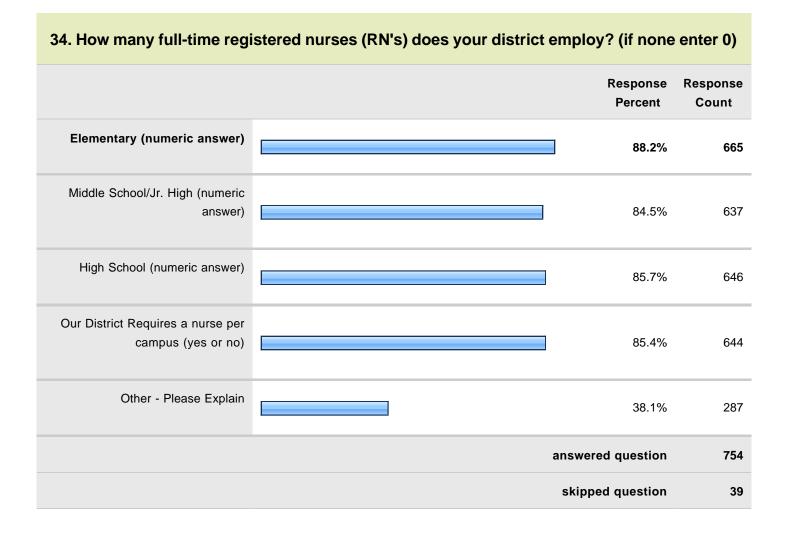
	Response Percent	Response Count
Yes	62.7%	475
No	37.6%	285
	answered question	758
	skipped question	35

## 32. Does your district use a teen pregnancy/STD prevention/abstinence program/curriculum?

	Response Percent	Response Count
Yes	66.6%	505
No (if no, skip to #34)	33.5%	254
	answered question	758
	skipped question	35

#### 33. What teen pregnancy/STD prevention/abstinence program/curriculum do you use?

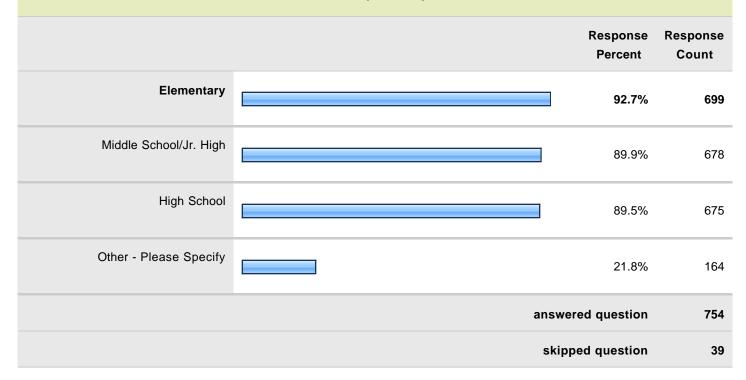
	Response Count
	503
answered question	503
skipped question	290



# 35. How many full-time Licensed Vocational Nurses (LVN's) does your District employ? (if none enter 0)

		Response Percent	Response Count
Elementary (numeric answer)		91.8%	692
Middle School/Jr. High (numeric answer)		89.3%	673
High School (numeric answer)		88.9%	670
Our District Requires a nurse per campus (yes or no)		84.6%	638
Other - Please Explain		25.9%	195
	a	nswered question	754
		skipped question	39

36. How many of your campuses have trained Unlicensed Diabetes Care Assistants as outlined in the Diabetes Council Guidelines? (HB 984)



37. Does your district have representation on community coalitions or collaborative efforts that address the following areas? (Mark all that apply)

	Response Percent	e Response Count
Adolescent Health	41.5%	ő 313
Bullying	46.39	<b>349</b>
Child Safety	45.69	<b>344</b>
HIV/STD Prevention	25.79	ő 194
Mental Health Issues	37.79	<b>284</b>
Obesity Prevention	35.39	<b>266</b>
Positive Youth Development	43.89	<b>3</b> 30
Substance Abuse	47.69	359
Teen Pregnancy Prevention	38.5%	<b>290</b>
Tobacco Use and Prevention	43.89	<b>330</b>
Other - please specify (if Not Applicable, please explain)	19.69	6 148
	answered question	n 754
	skipped question	n 39

## 38. What services does your district provide to pregnant and/or parenting teens?

	Response Percent	Response Count
Assistance to student in obtaining available services from government agencies or community services organizations	76.0%	573
Breast feeding education and support	21.5%	162
Career counseling and job readiness	58.6%	442
Day care (on or off campus)	27.3%	206
GED programs	32.4%	244
Individual counseling, peer counseling, self help programs	78.1%	589
Instruction related to the knowledge and skills in child development, parenting and home and family living	57.3%	432
Postpartum health and nutrition programs for student's children	21.1%	159
Prenatal and postpartum health and nutrition programs	26.9%	203
Transportation to and from day care facility and campus	18.6%	140
Other - please specify (if Not Applicable, please explain)	20.0%	151
	answered question	754
	skipped question	39

## **39.** Has your district implemented the School Meals Program and established a local wellness policy?

Response Percent	Response Count
97.5%	735
1.9%	14
0.9%	7
answered question	754
skipped question	39
	Percent           97.5%           1.9%           0.9%           answered question

40. Has your school district adopted policies to ensure that campuses comply with the Texas Department of Agriculture (TDA) vending machine and food service guidelines for restricting student access?

Response Count	Response Percent	
736	97.6%	Yes
19	2.5%	No
754	answered question	
39	skipped question	

## 41. Has your district initiated the required plan for measuring the implementation of your local wellness policy?

Response Percent	Response Count
81.8%	617
17.2%	130
1.3%	10
answered question	754
skipped question	39
	Percent           81.8%           17.2%           13%           answered question

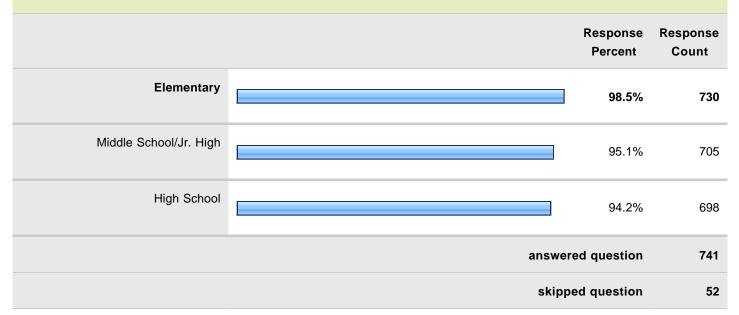
## 42. As a result of measuring the implementation of your local wellness policy, which of the following has your district addressed?

	Response Percent	Response Count
Increased Opportunities for students to be physically active	66.0%	419
Increased Opportunities for students to select and consume healthier foods and/or snacks	87.6%	556
Improved access to fresh fruits and vegetables (e.g. implementing a farm to school program; fruit and vegetable snack program)	54.3%	345
Other (please specify)	6.5%	41
	answered question	635
	skipped question	158

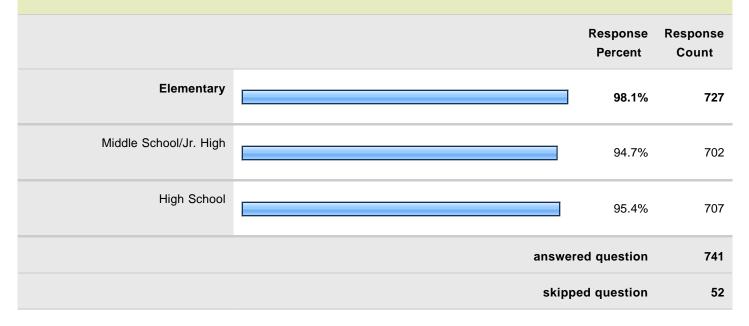
## 43. In which of the following capacities does your school district involve youth participation?

	Response Percent	Response Count
Curriculum Development	20.1%	149
School Board	25.4%	188
SHAC	52.8%	391
Other - please specify (if Not Applicable, please explain)	36.3%	269
	answered question	741
	skipped question	52

## 44. How many of the campuses in your district have a Parent Teacher Association (PTA) healthy lifestyles chair? (if none enter 0)



45. How many students with asthma are served in your district each year? (if none enter 0)



## 46. Does your district support the use of its recreation facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.), by the public before/after school hours?

Response Count	Response Percent	
694	93.7%	Yes
34	4.6%	No
14	1.9%	Not Applicable (please explain)
741	answered question	
52	skipped question	

#### 

#### 48. Does your district bullying policy include specific information on the following:

	Response Percent	Response Count
Bullying based on gender	69.0%	511
Bullying based on race/ethnicity	69.1%	512
Bullying based on sexual orientation/identity	59.0%	437
Bullying based on physical characteristics	65.0%	482
Cyber bullying	61.9%	459
Other - please specify (if Not Applicable, please explain)	23.3%	173
	answered question	741
	skipped question	52

#### 49. Does your district collect data related to incidences of bullying?

	Response Percent	Response Count
Yes	44.3%	328
No (if no skip #50)	56.0%	415
	answered question	741
	skipped question	52

50. How many students in each of these grade levels were included in the bullying incident reports?

		Response Percent	Response Count
Elementary		97.2%	341
Middle School/Jr. High		95.2%	334
High School		94.9%	333
	ansv	vered question	351
	ski	pped question	442

51. What type of bullying is most prevalent in your district?			
	Response Percent	Response Count	
Physical	8.0%	59	
Verbal	87.6%	649	
Cyber	10.9%	81	
Other (please specify)	8.4%	62	
	answered question	741	
	skipped question	52	