## 1. Please Answer the Following Questions:


2. Preparer Information

|  |  | Response <br> PercentResponse <br> Count |  |
| ---: | :--- | ---: | :--- |
| Name of Preparer |  |  |  |
| Title of Preparer |  |  | $100.0 \%$ |

## 3. School Health Advisory Council (SHAC) Information



## 4. District Fitness Assessment Testing Coordinator Information


5. What types of campuses does your district or charter serve? (Mark all that apply)

|  |  | Response <br> Percent | Response <br> Count |
| ---: | :--- | ---: | :--- |
| Elementary |  |  | $94.3 \%$ |

## 6. How many campuses of each?

|  |  | Response <br> PercentResponse <br> Count |  |
| ---: | :--- | ---: | :--- |
| Elementary |  |  | $97.7 \%$ |

## 7. Please list the members that make up your SHAC.

## Response Count

|  | answered question | 773 |
| :--- | :--- | :--- |
|  | skipped question | 20 |

## 8. In your district, are members of the following groups represented on any school health council, committee, or team? (Mark all that apply)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Businesses | $\square$ | 59.0\% | 456 |
| Community members | $\longrightarrow$ | 84.1\% | 650 |
| Faith-based organizations | $\square$ | 27.6\% | 213 |
| Health education teachers | $\longrightarrow$ | 66.0\% | 510 |
| Health services staff (e.g., school nurses) | $\square$ | 84.6\% | 654 |
| Library/media center staff | $\square$ | 10.0\% | 77 |
| Local government agencies | $\square$ | 22.6\% | 175 |
| Local health departments, agencies, or organizations | $\longrightarrow$ | 40.2\% | 311 |
| Maintenance and transportation staff |  | 10.7\% | 83 |
| Mental health or social services staff |  | 33.8\% | 261 |
| Nutrition or food service staff |  | 74.5\% | 576 |
| Parents or families of students |  | 94.6\% | 731 |
| Physical education teachers | $\longrightarrow$ | 75.2\% | 581 |
| School administrators |  | 86.7\% | 670 |
| Student body | $\square$ | 36.2\% | 280 |
| Technology staff | $\square$ | 13.3\% | 103 |
| answered question |  |  | 773 |
| skipped question |  |  | 20 |

9. How many times did your district's SHAC meet during the 2009-2010 school year? (one or two numeric digits only)

Response
Count

|  | answered question | 773 |
| :--- | :--- | :--- |
| skipped question | 20 |  |

10. Has your school district implemented any policy, program, or practice as a result of the

School Health Advisory Council (SHAC) making a recommendation?

|  | Response <br> Percent | Response <br> Count |  |
| ---: | :--- | ---: | :--- |
| No (if no, skip to \#12) | Yes |  |  |

## 11. If yes, what topics were addressed? (Mark all that apply)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Adaptations for special populations in physical education | $\square$ | 6.2\% | 37 |
| Asthma Action Plan | $\square$ | 10.2\% | 61 |
| Bullying | $\square$ | 36.5\% | 218 |
| Coordinated School Health Programming | $\square$ | 53.0\% | 317 |
| Fundraising | $\square$ | 9.2\% | 55 |
| Health Education curriculum |  | 51.8\% | 310 |
| High School Graduation Requirements |  | 21.6\% | 129 |
| HIV Policy (Practice, Universal Precautions, Curricula) | $\square$ | 9.7\% | 58 |
| Off-campus physical activity programs |  | 12.9\% | 77 |
| Parent Involvement |  | 40.0\% | 239 |
| Physical Activity requirements in grades K-8 |  | 35.1\% | 210 |
| Recess |  | 23.9\% | 143 |
| Safe Routes to school | $\square$ | 6.0\% | 36 |
| School Menu/Nutrition Services | $\square$ | 55.5\% | 332 |
| Staff Professional Development |  | 19.6\% | 117 |
| Teen Pregnancy Prevention | $\square$ | 35.5\% | 212 |
| Tobacco Use and Prevention | $\square$ | 28.3\% | 169 |
| Wellness Policies | $\square$ | 54.5\% | 326 |
| Other (please specify) | $\square$ | 22.7\% | 136 |

12. Has your School Board made policy changes because of a SHAC recommendation?

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | :--- | :--- | ---: | ---: |
| Yes | $\square$ | $37.9 \%$ | 293 |  |
| No | $\square$ | $62.1 \%$ | 480 |  |
|  |  |  |  |  |

13. What is your district's policy for meeting the elementary school physical activity requirements?
\(\left.\left.$$
\begin{array}{rlrl}\hline & & \begin{array}{c}\text { Response } \\
\text { Percent }\end{array} & \begin{array}{c}\text { Response } \\
\text { Count }\end{array}
$$ <br>

\hline 30 minutes/day for all grade levels \& \& \& 21.1 \%\end{array}\right] $$
\begin{array}{l}163\end{array}
$$\right]\)| $18.1 \%$ |
| :--- |

14. What is your district's policy for meeting the middle/junior high school physical activity requirement?
$\left.\begin{array}{rlrl}\hline \begin{array}{r}30 \text { minutes/day for four } \\ \text { semesters in physical education }\end{array} & \boxed{ } & & \begin{array}{c}\text { Response } \\ \text { Percent }\end{array} \\ \text { Response }\end{array}\right)$

## 15. Of the following, which topics were addressed on your district's website and/or handbook? (Mark all that apply)

|  | Handbook | Website | Response Count |
| :---: | :---: | :---: | :---: |
| Bullying | 97.8\% (716) | 57.4\% (420) | 732 |
| Elementary physical activity policy | 90.3\% (575) | 62.6\% (399) | 637 |
| Human sexuality curriculum information | 86.7\% (430) | 63.5\% (315) | 496 |
| Middle school physical activity policy | 89.1\% (538) | 62.6\% (378) | 604 |
| Restrictions on vending machines/food service usage | 88.7\% (542) | 63.5\% (388) | 611 |
| School Health Advisory Council information | 76.8\% (500) | 81.6\% (531) | 651 |
| Parental access to student's fitness assessment results | 82.1\% (422) | 64.4\% (331) | 514 |
| Tobacco use and prevention | 96.1\% (672) | 55.7\% (389) | 699 |
| Other | 66.7\% (50) | 66.7\% (50) | 75 |
|  |  | If other (please explain) | 54 |
|  |  | answered question | 766 |
|  |  | skipped question | 27 |

16. Does your district have a policy prohibiting Physical Activity as a form of punishment?
$\left.\begin{array}{c|rlrr} & & & & \begin{array}{r}\text { Response } \\ \text { Percent }\end{array} \\ \text { Yes } & \text { Response } \\ \text { Count }\end{array}\right]$
17. Are all of the campuses in your district tobacco free for everyone? (students, staff, parents, visitors, etc.)

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 99.3\% | 761 |
| No | ] |  | 0.9\% | 7 |
| Other (please specify) | I | 0.1\% |  | 1 |
|  |  | answered question |  | 766 |
|  |  | skipped question |  | 27 |

18. Has your district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on campuses or at school-sponsored or school-related activities?

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | :---: | :---: | ---: | :---: |
|  |  |  |  | $96.9 \%$ |

19. What Coordinated School Health Program is your district implementing in elementary schools?

| Bienestar | $\square$ | Response <br> Percent | Response <br> Count |
| ---: | :--- | ---: | :--- |
| CATCH | $\square$ | $5.9 \%$ |  |

20. What Coordinated School Health Program is your district implementing in middle and/or junior high schools?
$\left.\begin{array}{rlrl} & & & \begin{array}{r}\text { Response } \\ \text { Percent }\end{array} \\ \text { Response } \\ \text { Count }\end{array}\right\}$
21. Does your district require Health Education as a graduation requirement for high school in all graduation plans for the 2010-2011 school year?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 61.9\% | 469 |
| No | 31.9\% | 242 |
| Not Applicable (please explain) $\square$ | 6.7\% | 51 |
|  | answered question | 758 |
| skipped question |  | 35 |

22. Does your district offer Health Education in Middle School?

|  |  | Response <br> Percent | Response <br> Count |  |
| :--- | :--- | :--- | :--- | :--- |
| Yes | $\square$ |  | $72.7 \%$ | 551 |
| Not Applicable (please explain) | $\square$ |  | $23.0 \%$ | 174 |

23. List the date of the letter sent to parents/guardians regarding human sexuality instruction, as required by SB283, TEC 28.004.

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | :---: | :---: | :---: | :---: |
| Date letter mailed |  |  |  |  |
|  |  |  |  |  |

24. What school health-related assessment tools does your district use? (Mark all that apply)

| ActivityGram | $\square$ | Response <br> Percent | Response <br> Count |
| ---: | ---: | ---: | ---: | ---: |
| District-developed | $\square$ | $2.8 \%$ | 21 |

25. Does your district have a policy in place for addressing the safety of students in a physical education class with a student teacher ratio greater than 45 to 1, per TEC 25.114?

|  |  |  | Response <br> Percent | Response <br> Count |
| :--- | :--- | :--- | ---: | ---: |
| Yes | $\square$ | $52.5 \%$ | 398 |  |
| No | $\square$ | $28.4 \%$ | 215 |  |

Other - please specify (if Not
Applicable, please explain) $\square$ 21.6\% 164
26. Are the physical education courses offered in your district taught by a certified physical education teacher?

|  | Elementary | Middle School/Jr. High | High School | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes | 95.6\% (710) | 94.6\% (703) | 93.1\% (692) | 743 |
| No | 72.7\% (32) | 50.0\% (22) | 36.4\% (16) | 44 |
|  |  | Not Applicable (please explain) |  | 16 |
|  |  | answered question |  | 758 |
|  |  | skipped question |  | 35 |

27. Indicate if your district collects statistics and data on any of the following health issues. (Mark all that apply)

|  | Yes | No | Response <br> Count |
| :---: | :---: | :---: | :---: |
| Asthma | $60.7 \%(458)$ | $39.5 \%(298)$ | 754 |
| Diabetes | $62.6 \%(468)$ | $37.7 \%(282)$ | 748 |
|  | answered question | 758 |  |
|  | skipped question | 35 |  |

28. Indicate if your district staff attends or needs training or staff development on any of the following topics. (Mark all that apply)

|  | Attends | Needs | Response Count |
| :---: | :---: | :---: | :---: |
| Abstinence | 80.1\% (394) | 23.2\% (114) | 492 |
| Abstinence Plus | 47.2\% (119) | 55.2\% (139) | 252 |
| Alcohol and drug use | 88.9\% (482) | 14.4\% (78) | 542 |
| Asthma Training | 83.7\% (421) | 21.1\% (106) | 503 |
| Bullying | 90.4\% (615) | 17.4\% (118) | 680 |
| Care of Students with Diabetes (Required by HB 984) | 94.2\% (628) | 9.3\% (62) | 667 |
| Child Abuse and Neglect | 90.7\% (545) | 14.0\% (84) | 601 |
| Child and Adolescent Development | 81.5\% (318) | 20.8\% (81) | 390 |
| Coordinated School Health Programming | 86.8\% (480) | 18.4\% (102) | 553 |
| Eligibility and Benefits of CHIP/Medicaid | 78.6\% (341) | 24.2\% (105) | 434 |
| Family Violence | 73.2\% (317) | 30.3\% (131) | 433 |
| Fitness Assessment | 96.9\% (585) | 5.3\% (32) | 604 |
| Injury Prevention | 88.7\% (401) | 15.9\% (72) | 452 |
| Nutrition | 92.0\% (508) | 10.7\% (59) | 552 |
| Pedestrian and Traffic Safety | 64.8\% (206) | 37.7\% (120) | 318 |
| Positive Youth Development | 74.1\% (312) | 29.7\% (125) | 421 |
| STD Prevention | 78.8\% (349) | 24.8\% (110) | 443 |
| Suicide Prevention | 82.5\% (435) | 22.6\% (119) | 527 |
| Teen Pregnancy Prevention | 80.7\% (411) | 23.8\% (121) | 509 |
| Tobacco use and prevention | 91.8\% (471) | 11.1\% (57) | 513 |

29. Does your district have a policy for addressing HIV prevention education?

30. If Yes, which of the following does your policy address: (Mark all that apply)

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Abstinence | 78.1\% | 403 |
| Bloodborne Pathogens | 76.4\% | 394 |
| Risk Reduction | 53.5\% | 276 |
| Other (please specify) | 1.7\% | 9 |
|  | answered question | 516 |
|  | skipped question | 277 |

31. Has your school district adopted and implemented a policy that addresses maintaining confidentiality of HIV-infected students and staff, and the procedures to protect HIVinfected students and staff from discrimination?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 62.7\% | 475 |
| No | 37.6\% | 285 |
|  | answered question | 758 |
|  | skipped question | 35 |

32. Does your district use a teen pregnancy/STD prevention/abstinence program/curriculum?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 66.6\% | 505 |
| No (if no, skip to \#34) | 33.5\% | 254 |
|  | answered question | 758 |
|  | skipped question | 35 |

33. What teen pregnancy/STD prevention/abstinence program/curriculum do you use?

| 2 | answered question |
| :--- | :--- |
| skipped question | 290 |

34. How many full-time registered nurses (RN's) does your district employ? (if none enter 0)

35. How many full-time Licensed Vocational Nurses (LVN's) does your District employ? (if none enter 0)

36. How many of your campuses have trained Unlicensed Diabetes Care Assistants as outlined in the Diabetes Council Guidelines? (HB 984)

|  |  | Response <br> PercentResponse <br> Count |  |
| ---: | :--- | :--- | :--- |
| Elementary |  |  | $92.7 \%$ | | 699 |
| :---: |

## 37. Does your district have representation on community coalitions or collaborative efforts that address the following areas? (Mark all that apply)

|  | Response <br> Percent | Response <br> Count |  |
| ---: | :--- | ---: | :--- |
| Adolescent Health |  |  | $41.5 \%$ |

## 38. What services does your district provide to pregnant and/or parenting teens?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Assistance to student in obtaining available services from government agencies or community services organizations | $\square$ | 76.0\% | 573 |
| Breast feeding education and support |  | 21.5\% | 162 |
| Career counseling and job readiness |  | 58.6\% | 442 |
| Day care (on or off campus) |  | 27.3\% | 206 |
| GED programs |  | 32.4\% | 244 |
| Individual counseling, peer counseling, self help programs |  | 78.1\% | 589 |
| Instruction related to the knowledge and skills in child development, parenting and home and family <br> living | $\square$ | 57.3\% | 432 |
| Postpartum health and nutrition programs for student's children |  | 21.1\% | 159 |
| Prenatal and postpartum health and nutrition programs |  | 26.9\% | 203 |
| Transportation to and from day care facility and campus | $\square$ | 18.6\% | 140 |
| Other - please specify (if Not Applicable, please explain) |  | 20.0\% | 151 |
|  |  | answered question | 754 |
|  |  | skipped question | 39 |

39. Has your district implemented the School Meals Program and established a local wellness policy?

|  | Response <br> Percent | Response <br> Count |  |
| ---: | ---: | ---: | ---: |
| Yes |  |  | $97.5 \%$ |

40. Has your school district adopted policies to ensure that campuses comply with the Texas Department of Agriculture (TDA) vending machine and food service guidelines for restricting student access?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 97.6\% | 736 |
| No $\square$ | 2.5\% | 19 |
|  | answered question | 754 |
|  | skipped question | 39 |

41. Has your district initiated the required plan for measuring the implementation of your local wellness policy?

|  | Response <br> Percent | Response <br> Count |  |
| ---: | ---: | ---: | ---: |
| Yes |  |  | $81.8 \%$ |

42. As a result of measuring the implementation of your local wellness policy, which of the following has your district addressed?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Increased Opportunities for students to be physically active | $\square$ | 66.0\% | 419 |
| Increased Opportunities for students to select and consume healthier foods and/or snacks |  | 87.6\% | 556 |
| Improved access to fresh fruits and vegetables (e.g. implementing a farm to school program; fruit and vegetable snack program) | $\square$ | 54.3\% | 345 |
| Other (please specify) | $\square$ | 6.5\% | 41 |
|  |  | answered question | 635 |
|  |  | skipped question | 158 |

43. In which of the following capacities does your school district involve youth participation?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Curriculum Development | $\square$ | 20.1\% | 149 |
| School Board |  | 25.4\% | 188 |
| SHAC |  | 52.8\% | 391 |
| Other - please specify (if Not Applicable, please explain) |  | 36.3\% | 269 |
|  |  | answered question | 741 |
| skipped question |  |  | 52 |

44. How many of the campuses in your district have a Parent Teacher Association (PTA) healthy lifestyles chair? (if none enter 0 )

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Elementary | 98.5\% | 730 |
| Middle School/Jr. High | 95.1\% | 705 |
| High School | 94.2\% | 698 |
|  | answered question | 741 |
|  | skipped question | 52 |

45. How many students with asthma are served in your district each year? (if none enter 0)

| Response | Response |
| :---: | :---: |
| Percent | Count |


| Elementary |  | 98.1\% | 727 |
| :---: | :---: | :---: | :---: |
| Middle School/Jr. High |  | 94.7\% | 702 |
| High School |  | 95.4\% | 707 |
|  | answered question |  | 741 |
|  | skipped question |  | 52 |

46. Does your district support the use of its recreation facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.), by the public before/after school hours?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | $\square 93.7 \%$ | 694 |
| No $\square$ | 4.6\% | 34 |
| Not Applicable (please explain) | 1.9\% | 14 |
|  | answered question | 741 |
|  | skipped question | 52 |

47. Do any campuses in your district have a school garden?

|  | Response <br> Percent | Response <br> Count |  |  |
| :--- | :--- | :--- | :--- | :--- |
| Yes |  |  | $49.7 \%$ | 368 |

48. Does your district bullying policy include specific information on the following:

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Bullying based on gender | $\square$ | 69.0\% | 511 |
| Bullying based on race/ethnicity |  | 69.1\% | 512 |
| Bullying based on sexual orientation/identity | $\square$ | 59.0\% | 437 |
| Bullying based on physical characteristics |  | 65.0\% | 482 |
| Cyber bullying | $\square$ | 61.9\% | 459 |
| Other - please specify (if Not Applicable, please explain) | $\square$ | 23.3\% | 173 |
|  |  | answered question | 741 |
|  |  | skipped question | 52 |

49. Does your district collect data related to incidences of bullying?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 44.3\% | 328 |
| No (if no skip \#50) | 56.0\% | 415 |
|  | answered question | 741 |
|  | skipped question | 52 |

50. How many students in each of these grade levels were included in the bullying incident reports?

51. What type of bullying is most prevalent in your district?

| Physical | $\square$ | Response <br> Percent | Response <br> Count |
| ---: | :--- | ---: | :--- |
| Verbal | $\square$ | $8.0 \%$ | 59 |
| Cyber | $\square$ | $87.6 \%$ |  |

