# Dance Standards

# **FINAL**

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## **DANCE STANDARDS**

- *Standard I.* The dance teacher understands and applies knowledge of dance techniques and movement analysis.
- *Standard II.* The dance teacher understands and applies knowledge of kinesiology, somatics, and healthy lifestyles.
- *Standard III.* The dance teacher understands and applies knowledge of principles and processes for creating, performing, and producing dance.
- *Standard IV.* The dance teacher understands and applies knowledge of dance from different cultures and historical periods and the relationship of dance to other art forms and other disciplines.
- *Standard V.* The dance teacher understands and applies knowledge of skills for critically analyzing and evaluating dance.
- *Standard VI.* The dance teacher understands and applies knowledge of effective dance instruction and assessment.

Standard I. The dance teacher understands and applies knowledge of dance techniques and movement analysis.

Teacher Knowledge: What Teachers Know	Application: What Teachers Can Do
Teachers of Students in Grades 8–12	Teachers of Students in Grades 8–12
The beginning teacher knows and understands:	The beginning teacher is able to:
1.1k concepts of basic anatomy, physiology, and biomechanics as they relate to dance movement;	1.1s compare and contrast different dance techniques using principles of movement analysis;
<ol> <li>1.2k concepts of movement quality or effort, including time (e.g., quick, sustained), space (e.g., direct, indirect), weight (e.g., strong, light), and flow (e.g., free, bound);</li> <li>1.3k concepts of space, including kinesphere or reach space, level (e.g., high, middle, low), direction (e.g., forward, right, up), and planes of motion (e.g., vertical, sagittal, horizontal);</li> <li>1.4k concepts of shapes and shaping (e.g., spatial tensions, expanding and contracting, spatial paths);</li> <li>1.5k concepts of rhythm (e.g., pulse, pattern, accent, syncopation, polyrhythms) and musical organization (e.g., note value, meter);</li> <li>1.6k the use of imagery to enhance dance technique and movement potential;</li> <li>1.7k vocabulary and techniques associated with various dance forms (e.g., ballet, modern, jazz, tap, folk, world, social dance);</li> <li>1.8k characteristics of different styles of ballet, modern, jazz, tap, folk, world, and social dance; and</li> </ol>	<ol> <li>identify and analyze movement qualities and dynamics;</li> <li>use knowledge of dance techniques, kinesiology/biomechanics, and movement analysis to guide and develop students' exploration of movement, enhance kinesthetic and spatial awareness, and promote improvement in skills and technique;</li> <li>provide students with a variety of imagery experiences to enhance dance technique and performance;</li> <li>organize and sequence lessons that reflect an understanding of how the human body moves and that promote students' ability to move efficiently and effectively;</li> <li>design lessons that integrate movement elements and skills in ways that are appropriate for students with varied skill levels and that reflect the specific motor-skill development needs of individual students;</li> <li>provide students with opportunities to explore and learn dance techniques from a variety of genres, cultures, and time periods;</li> <li>develop students' ability to perform progressively more complex movement patterns and sequences with rhythmic accuracy and a broad dynamic range;</li> </ol>
ballet, modern, jazz, tap, folk, world, social dance).	<ul> <li>1.9s provide students with opportunities to enhance their ability to express ideas and emotions through dance;</li> </ul>

Standard I. The dance teacher understands and applies knowledge of dance techniques and movement analysis.

Application: What Teachers Can Do Teachers of Students in Grades 8–12	
1.10s provide students with learning opportunities that enable them to perform with projection, confidence, expressiveness, and a refined sense of rhythm and musicality; and	
1.11s help students use self-evaluation and correction to refine technique.	

Standard II. The dance teacher understands and applies knowledge of kinesiology, somatics, and healthy lifestyles.

Teache	r Knowledge: What Teachers Know	Application	on: What Teachers Can Do	
Teachers of Students in Grades 8–12		Teachers of Students in Grades 8–12		
The beginning teacher knows and understands:		The beginning teacher is able to:		
2.1k	terminology and concepts related to kinesiology, conditioning, and somatics;		apply knowledge of kinesiology, conditioning, and somatics to dance novements;	
2.2k 2.3k	basic elements and principles of anatomy and kinesiology/biomechanics; appropriate alignment and body-part articulation (e.g., use of the joints, range of motion);		use safe, effective, and anatomically sound procedures to develop students' kills;	
2.4k	somatic practices (e.g., yoga, Pilates, Bartenieff Fundamentals, Ideokinesis) and principles as they relate to dance;	a	bromote students' use of appropriate and effective imagery to enhance lignment and kinesthetic awareness; each students to move effectively and efficiently;	
2.5k	the use of imagery to promote appropriate alignment and kinesthetic awareness;	2.5s a	assist students in developing and implementing appropriate and effective ndividual conditioning programs;	
2.6k	safe movement practices and procedures for promoting dancers' health and safety;		analyze ways in which lifestyle choices affect dancers and encourage students o make healthy lifestyle choices; and	
2.7k	principles of and approaches to dance conditioning and injury prevention, including types and benefits of warm-up and cool-down and procedures for enhancing strength, flexibility, and endurance;		nodify instruction to promote safety in various classroom and performance environments.	
2.8k	common injuries and health issues associated with dance, their causes, and their treatments;			
2.9k	basic health and nutritional practices for dancers and common challenges for dancers in maintaining a healthy lifestyle;			
2.10k	appropriate clothing and footwear for different types of dance and different studio and performance environments; and			
2.11k	health and safety issues associated with classroom and performance environments (e.g., flooring, lighting, temperature).			

#### Standard III. The dance teacher understands and applies knowledge of principles and processes for creating, performing, and producing dance.

Teache	r Knowledge: What Teachers Know	Applic	ation: What Teachers Can Do
Teache	rs of Students in Grades 8–12	Teache	rs of Students in Grades 8–12
The beg	inning teacher knows and understands:	The beg	ginning teacher is able to:
3.1k	sources for generating choreographic ideas (e.g., music, literature, visual art, environment, gestures, emotions) and methods for developing an idea into a	3.1s	demonstrate ways in which dance creates and communicates meaning;
	dance phrase, dance study, or complete choreographic work;	3.2s	provide students with opportunities to use the creative process for self- expression and for responding to their environment;
3.2k	basic improvisation skills and techniques for exploring movement;	3.3s	use improvisation and other choreographic processes to create original
3.3k	the role of improvisation in discovering and generating movement for choreography;		dances;
3.4k	the basic compositional elements of space, time, and energy (e.g., movement	3.4s	apply knowledge of space, time, energy, pattern, dynamics, phrasing, musicality, expression, and context in choreography;
3.5k	qualities, effort); compositional forms and structures in dance (e.g., theme and variations, AB,	3.5s	identify and analyze a variety of compositional forms and choreographic structures;
	ABA, rondo, round, canon) and their relationship to musical forms;	3.6s	select and choreograph appropriate material for dance performances;
3.6k	basic elements of music (e.g., meter signatures, terminology related to tempo and dynamics) and common rhythmic and metric patterns;	3.7s	use choreographic principles, processes, and structures to choreograph coherent, aesthetically unified dances in a variety of styles;
3.7k	research strategies for locating music literature and sources for various styles of dance;	3.8s	analyze and describe how a choreographer manipulated and developed the
0.01		5.08	basic movement content in a given dance;
3.8k	elements of and basic skills for dance production (e.g., lighting, costuming, set design, makeup), including safe use of equipment and facilities;	3.9s	analyze how various factors (e.g., performance space, props, costumes, makeup, lighting, sets) affect choreography and performance;
3.9k	roles and responsibilities of various participants in dance productions and performances (e.g., dancer, choreographer, costumer, lighting designer, stage manager, house manager, audience);	3.10s	apply knowledge of safety principles and procedures related to dance production;
3.10k	opportunities in dance as a profession and ways in which skills developed through dance are applicable to a variety of careers;	3.11s	analyze the relationship between dance and different types of accompaniment (e.g., sound, music, spoken text);
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#### Standard III. The dance teacher understands and applies knowledge of principles and processes for creating, performing, and producing dance.

	r Knowledge: What Teachers Know rs of Students in Grades 8–12		ation: What Teachers Can Do rs of Students in Grades 8–12
3.11k	factors affecting the quality of individual dance performance (e.g., adequate rehearsal, appropriate technical skill, energy, focus, expression);	3.12s	analyze the significance of elements of performance quality (e.g., energy, focus, expression);
3.12k	<ul><li>program, lighting, staging, aesthetics, environment);</li><li>3.13k the use of technology (e.g., video, computer, sound and lighting equipment)</li></ul>	3.13s	provide students with learning opportunities that promote their development and application of knowledge and skills related to improvisation, choreography, and performance;
		3.14s	teach students appropriate behavior and protocol for dance events as participants and as audience members;
3.14k dance-related skills, such as creative problem solving, critical thinkin cooperation, collaboration and self-discipline.		3.15s	use technology (e.g., video, computer, sound and lighting equipment) to reinforce, enhance, or alter dance productions; and
		3.16s	teach students to apply dance-related skills, such as creative problem solving, critical thinking, cooperation, and self-discipline in various dance contexts.

Teacher Knowledge: What Teachers Know		Application: What Teachers Can Do		
Teache	rs of Students in Grades 8–12	Teachers of Students in Grades 8–12		
The beg	ginning teacher knows and understands:	The beg	ginning teacher is able to:	
4.1k	dance as an element of global culture and various historical periods;	4.1s	analyze, compare, and contrast techniques, styles, characteristic movements, and traditions in dances from various cultures and historical periods;	
4.2k	techniques, styles, characteristic movements, and traditions in dances from various cultures and historical periods;	4.2s	identify and analyze historical and cultural elements that have influenced the development of different types of dance;	
4.3k 4.4k	significant movements, events, and developments in the history of dance; significant individuals in the history of dance and their contributions to the	4.3s	choreograph dances that reflect an understanding of various cultures and historical periods;	
4.5k	development of dance; the history of dance genres, including ballet, modern, tap, jazz, folk, world, and social dance;	4.4s 4.5s	analyze choreography from various cultures and historical periods; analyze the historical development of dance forms (e.g., social, cultural, and	
4.6k 4.7k	contemporary trends in dance; relationships between dance and other art forms; and	4.6s	political influences); identify and explain historical and contemporary trends and movements in dance;	
4.8k	relationships between dance and other disciplines, (e.g., mathematics, science, social studies, English language arts).	4.7s	analyze ways in which dance has been used to express ideas and emotions in different cultures and historical periods;	
		4.8s	provide instruction that promotes students' understanding and appreciation of the cultural and historical dimensions of dance;	
		4.9s	compare and contrast the use of form and expression in dance with their use in other fine arts; and	
		4.10s	provide instruction that integrates dance with other art forms and with other disciplines.	

#### Standard V. The dance teacher understands and applies knowledge of skills for critically analyzing and evaluating dance.

Teacher Knowledge: What Teachers Know	Application: What Teachers Can Do		
Teachers of Students in Grades 8–12	Teachers of Students in Grades 8–12		
The beginning teacher knows and understands:	The beginning teacher is able to:		
<ul> <li>5.1k criteria used to evaluate and critique dance performance and production (e.g., skill of performers, originality, visual and emotional impact, variety and contrast, production elements);</li> <li>5.2k characteristics of different types of dance and standards for critically analyzing and evaluating various dances;</li> <li>5.3k appropriate vocabulary for and approaches to discussing dance;</li> <li>5.4k how to analyze, interpret, and evaluate dance, including dance from various eras and cultures;</li> <li>5.5k ways in which components of dance production (e.g., lighting, costuming, make-up, set design) influence the creative process and artistic product; and</li> <li>5.6k ways in which an individual's perspective (e.g., as critic, performer, choreographer, audience member) may affect response to dance.</li> </ul>	<ul> <li>5.1s analyze and evaluate qualities of dance performance and production using appropriate criteria and vocabulary;</li> <li>5.2s analyze and discuss dance from a variety of perspectives (e.g., critic, performer, choreographer, audience member);</li> <li>5.3s recognize characteristics and qualities of different types of dance and different dance compositions;</li> <li>5.4s recognize and compare different dance forms and styles from various cultures;</li> <li>5.5s analyze dance compositions within their historical context;</li> <li>5.6s identify performance problems and provide constructive feedback for improving a dance performance;</li> <li>5.7s evaluate solutions to a given movement problem;</li> <li>5.8s assist students in developing skills for evaluating and making informed judgments about their own and others' dance performances; and</li> <li>5.9s promote students' development of skills of observation and reflection through historical, critical, reflective, kinesthetic, collaborative, and imaginative analysis of dances and dance experiences.</li> </ul>		

Standard VI. The dance teacher understands and applies knowledge of effective dance instruction and assessment.

Teach	er Knowledge: What Teachers Know	lication: What Teachers Can D	00	
Teache	ers of Students in Grades 8–12	hers of Students in Grades 8–12		
The beginning teacher knows and understands:		The beginning teacher is able to:		
<ul> <li>6.1k</li> <li>6.2k</li> <li>6.3k</li> <li>6.4k</li> <li>6.5k</li> <li>6.6k</li> <li>6.7k</li> <li>6.8k</li> <li>6.9k</li> </ul>	<ul> <li>content and performance standards for dance that comprise the Texas Essential Knowledge and Skills (TEKS) and the significance of the TEKS in developing a dance curriculum;</li> <li>students' intellectual, social, emotional, and physical development and their significance for dance education;</li> <li>how to plan, implement, and evaluate dance instruction;</li> <li>safe and appropriate progressions for teaching dance technique;</li> <li>inclusive strategies for teaching dance effectively to students with diverse backgrounds and needs;</li> <li>appropriate instructional materials and strategies for developing students' dance knowledge and skills;</li> <li>the effective use of current instructional technologies in dance settings;</li> <li>methods and purposes of various kinds of assessment in dance;</li> <li>strategies and criteria for ongoing assessment of students' dance knowledge and skills;</li> </ul>	<ul> <li>develop, implement, and evaluation on the TEKS;</li> <li>use a variety of instructional skills in dance and enhance of monitor and encourage the distribution of the distributic of the distributic o</li></ul>	duate curriculum and instruction in dance based strategies to develop students' knowledge and critical and creative thinking in dance contexts; evelopment of students' knowledge, skills, and ins in ways that promote safe and effective student I strategies that are responsive to the strengths cluding students with special needs; and strategies that promote skills development, levelop appreciation of the arts; al technologies to enhance teaching and learning d critical thinking by offering them opportunities elements of dance, and analyze their own and	
6.10k 6.11k	the use of constructive feedback when evaluating dance skills and performances; and procedures for effectively managing and organizing dance classes and performances.	instruction and to monitor an	and multiple forms of assessment to plan ad evaluate students' progress; te evaluation criteria based on knowledge of ence;	

### Standard VI. The dance teacher understands and applies knowledge of effective dance instruction and assessment.

Application: What Teachers Can Do	
Teachers of Students in Grades 8–12	
6.11s offer appropriate feedback and guidance in the assessment process; and	
6.12s manage time, instructional resources, and physical space effectively for dance classes.	