

Year	Month	Day	Time	Location	Activity	Remarks
1990	1	1	08:00	Home	Waking up	
1990	1	1	08:30	Home	Breakfast	
1990	1	1	09:00	Home	Getting ready	
1990	1	1	09:30	Home	Leaving home	
1990	1	1	10:00	Home	Arriving at work	
1990	1	1	10:30	Home	Starting work	
1990	1	1	11:00	Home	Working	
1990	1	1	11:30	Home	Working	
1990	1	1	12:00	Home	Working	
1990	1	1	12:30	Home	Working	
1990	1	1	13:00	Home	Working	
1990	1	1	13:30	Home	Working	
1990	1	1	14:00	Home	Working	
1990	1	1	14:30	Home	Working	
1990	1	1	15:00	Home	Working	
1990	1	1	15:30	Home	Working	
1990	1	1	16:00	Home	Working	
1990	1	1	16:30	Home	Working	
1990	1	1	17:00	Home	Working	
1990	1	1	17:30	Home	Working	
1990	1	1	18:00	Home	Working	
1990	1	1	18:30	Home	Working	
1990	1	1	19:00	Home	Working	
1990	1	1	19:30	Home	Working	
1990	1	1	20:00	Home	Working	
1990	1	1	20:30	Home	Working	
1990	1	1	21:00	Home	Working	
1990	1	1	21:30	Home	Working	
1990	1	1	22:00	Home	Working	
1990	1	1	22:30	Home	Working	
1990	1	1	23:00	Home	Working	
1990	1	1	23:30	Home	Working	
1990	1	1	00:00	Home	Working	
1990	1	1	00:30	Home	Working	
1990	1	1	01:00	Home	Working	
1990	1	1	01:30	Home	Working	
1990	1	1	02:00	Home	Working	
1990	1	1	02:30	Home	Working	
1990	1	1	03:00	Home	Working	
1990	1	1	03:30	Home	Working	
1990	1	1	04:00	Home	Working	
1990	1	1	04:30	Home	Working	
1990	1	1	05:00	Home	Working	
1990	1	1	05:30	Home	Working	
1990	1	1	06:00	Home	Working	
1990	1	1	06:30	Home	Working	
1990	1	1	07:00	Home	Working	
1990	1	1	07:30	Home	Working	
1990	1	1	08:00	Home	Working	
1990	1	1	08:30	Home	Working	
1990	1	1	09:00	Home	Working	
1990	1	1	09:30	Home	Working	
1990	1	1	10:00	Home	Working	
1990	1	1	10:30	Home	Working	
1990	1	1	11:00	Home	Working	
1990	1	1	11:30	Home	Working	
1990	1	1	12:00	Home	Working	
1990	1	1	12:30	Home	Working	
1990	1	1	13:00	Home	Working	
1990	1	1	13:30	Home	Working	
1990	1	1	14:00	Home	Working	
1990	1	1	14:30	Home	Working	
1990	1	1	15:00	Home	Working	
1990	1	1	15:30	Home	Working	
1990	1	1	16:00	Home	Working	
1990	1	1	16:30	Home	Working	
1990	1	1	17:00	Home	Working	
1990	1	1	17:30	Home	Working	
1990	1	1	18:00	Home	Working	
1990	1	1	18:30	Home	Working	
1990	1	1	19:00	Home	Working	
1990	1	1	19:30	Home	Working	
1990	1	1	20:00	Home	Working	
1990	1	1	20:30	Home	Working	
1990	1	1	21:00	Home	Working	
1990	1	1	21:30	Home	Working	
1990	1	1	22:00	Home	Working	
1990	1	1	22:30	Home	Working	
1990	1	1	23:00	Home	Working	
1990	1	1	23:30	Home	Working	
1990	1	1	00:00	Home	Working	
1990	1	1	00:30	Home	Working	
1990	1	1	01:00	Home	Working	
1990	1	1	01:30	Home	Working	
1990	1	1	02:00	Home	Working	
1990	1	1	02:30	Home	Working	
1990	1	1	03:00	Home	Working	
1990	1	1	03:30	Home	Working	
1990	1	1	04:00	Home	Working	
1990	1	1	04:30	Home	Working	
1990	1	1	05:00	Home	Working	
1990	1	1	05:30	Home	Working	
1990	1	1	06:00	Home	Working	
1990	1	1	06:30	Home	Working	
1990	1	1	07:00	Home	Working	
1990	1	1	07:30	Home	Working	
1990	1	1	08:00	Home	Working	
1990	1	1	08:30	Home	Working	
1990	1	1	09:00	Home	Working	
1990	1	1	09:30	Home	Working	
1990	1	1	10:00	Home	Working	
1990	1	1	10:30	Home	Working	
1990	1	1	11:00	Home	Working	
1990	1	1	11:30	Home	Working	
1990	1	1	12:00	Home	Working	
1990	1	1	12:30	Home	Working	
1990	1	1	13:00	Home	Working	
1990	1	1	13:30	Home	Working	
1990	1	1	14:00	Home	Working	
1990	1	1	14:30	Home	Working	
1990	1	1	15:00	Home	Working	
1990	1	1	15:30	Home	Working	
1990	1	1	16:00	Home	Working	
1990	1	1	16:30	Home	Working	
1990	1	1	17:00	Home	Working	
1990	1	1	17:30	Home	Working	
1990	1	1	18:00	Home	Working	
1990	1	1	18:30	Home	Working	
1990	1	1	19:00	Home	Working	
1990	1	1	19:30	Home	Working	
1990	1	1	20:00	Home	Working	
1990	1	1	20:30	Home	Working	
1990	1	1	21:00	Home	Working	
1990	1	1	21:30	Home	Working	
1990	1	1	22:00	Home	Working	
1990	1	1	22:30	Home	Working	
1990	1	1	23:00	Home	Working	
1990	1	1	23:30	Home	Working	
1990	1	1	00:00	Home	Working	
1990	1	1	00:30	Home	Working	
1990	1	1	01:00	Home	Working	
1990	1	1	01:30	Home	Working	
1990	1	1	02:00	Home	Working	
1990	1	1	02:30	Home	Working	
1990	1	1	03:00	Home	Working	
1990	1	1	03:30	Home	Working	
1990	1	1	04:00	Home	Working	
1990	1	1	04:30	Home	Working	
1990	1	1	05:00	Home	Working	
1990	1	1	05:30	Home	Working	
1990	1	1	06:00	Home	Working	
1990	1	1	06:30	Home	Working	
1990	1	1	07:00	Home	Working	
1990	1	1	07:30	Home	Working	
1990	1	1	08:00	Home	Working	
1990	1	1	08:30	Home	Working	
1990	1	1	09:00	Home	Working	
1990	1	1	09:30	Home	Working	
1990	1	1	10:00	Home	Working	
1990	1	1	10:30	Home	Working	
1990	1	1	11:00	Home	Working	
1990	1	1	11:30	Home	Working	
1990	1	1	12:00	Home	Working	
1990	1	1	12:30	Home	Working	
1990	1	1	13:00	Home	Working	
1990	1	1	13:30	Home	Working	
1990	1	1	14:00	Home	Working	
1990	1	1	14:30	Home	Working	
1990	1	1	15:00	Home	Working	
1990	1	1	15:30	Home	Working	
1990	1	1	16:00	Home	Working	
1990	1	1	16:30	Home	Working	
1990	1	1	17:00	Home	Working	
1990	1	1	17:30	Home	Working	
1990	1	1	18:00	Home	Working	
1990	1	1	18:30	Home	Working	
1990	1	1	19:00	Home	Working	
1990	1	1	19:30	Home	Working	
1990	1	1	20:00	Home	Working	
1990	1	1	20:30	Home	Working	
1990	1	1	21:00	Home	Working	
1990	1	1	21:30	Home	Working	
1990	1	1	22:00	Home	Working	
1990	1	1	22:30	Home	Working	
1990	1	1	23:00	Home	Working	
1990	1	1	23:30	Home	Working	
1990	1	1	00:00	Home	Working	
1990	1	1	00:30	Home	Working	
1990	1	1	01:00	Home	Working	
1990	1	1	01:30	Home	Working	
1990	1	1	02:00	Home	Working	
1990	1	1	02:30	Home	Working	
1990	1	1	03:00	Home	Working	
1990	1	1	03:30	Home	Working	
1990	1	1	04:00	Home	Working	
1990	1	1	04:30	Home	Working	
1990	1	1	05:00	Home	Working	
1990	1	1	05:30	Home	Working	
1990	1	1	06:00	Home	Working	
1990	1	1	06:30	Home	Working	
1990	1	1	07:00	Home	Working	
1990	1	1	07:30	Home	Working	
1990	1	1	08:00	Home	Working	
1990	1	1	08:30	Home	Working	
1990	1	1	09:00	Home	Working	
1990	1	1	09:30	Home	Working	
1990	1	1	10:00	Home	Working	
1990	1	1	10:30	Home	Working	
1990	1	1	11:00	Home	Working	
1990	1	1	11:30	Home	Working	
1990	1	1	12:00	Home	Working	
1990	1	1	12:30	Home	Working	
1990	1	1	13:00	Home	Working	
1990	1	1	13:30	Home	Working	
1990	1	1	14:00	Home	Working	
1990	1	1	14:30	Home	Working	
1990	1	1	15:00	Home	Working	
1990	1	1	15:30	Home	Working	
1990	1	1	16:00	Home	Working	
1990	1	1	16:30	Home	Working	
1990	1	1	17:00	Home	Working	
1990	1	1	17:30	Home	Working	
1990	1	1	18:00	Home	Working	
1990	1	1	18:30	Home	Working	
1990	1	1	19:00	Home	Working	
1990	1	1	19:30	Home	Working	
1990	1	1	20:00	Home	Working	
1990	1	1	20:30	Home	Working	
1990	1	1	21:00	Home	Working	
1990	1	1	21:30	Home	Working	
1990	1	1	22:00	Home	Working	
1990	1	1	22:30	Home	Working	
1990	1	1	23:00	Home	Working	
1990	1	1	23:30	Home	Working	
1990	1	1	00:00	Home	Working	
1990	1	1	00:30	Home	Working	
1990	1	1	01:00	Home	Working	
1990	1	1	01:30	Home	Working	
1990	1	1	02:00	Home	Working	
1990	1	1	02:30	Home	Working	
1990	1	1	03:00	Home	Working	
1990	1	1	03:30	Home	Working	
1990	1	1	04:00	Home	Working	
1990	1	1	04:30	Home	Working	
1990	1	1	05:00	Home	Working	
1990	1	1	05:30	Home	Working	
1990	1	1	06:00	Home	Working	
1990	1	1	06:30	Home	Working	
1990	1	1	07:00	Home	Working	
1990	1	1	07:30	Home	Working	
1990	1	1	08:00	Home	Working	
1990	1	1	08:30			

