English I

STAAR Alternate 2

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RELEASED
ENGLISH I
Fast-food restaurants serve food.

Foods served from fast-food restaurants are not always healthy.
Foods served from fast-food restaurants are not always healthy. **Fast foods are high in calories.**
Fast foods are high in trans fats, cholesterol, sugar, and calories.
“Double cheeseburger, a side of French fries, and a large soda,” you say to the cashier. You may not realize that you have just ordered more than 800 calories of food in one meal. Eating this many calories can cause you to gain weight because you will have eaten nearly half your suggested calorie allowance for the entire day.
Meals like this are good choices for students who are hungry.

Meals like this are usually found at fast-food restaurants.

Meals like this are one reason many people are overweight.
Fast-food restaurants must start providing healthier choices on their menus. They should offer a greater variety of good-tasting foods that are lower in calories and trans fats.

To make better food choices, customers need nutritional information. All fast-food restaurants should provide this information to customers.

We know that fast food is here to stay. Fast-food restaurants offer convenience to busy people every day. Therefore, fast-food restaurants should do a better job.
Therefore, fast-food restaurants should provide nutritional information for healthier choices.

Therefore, fast-food restaurants should serve foods with many calories.

Therefore, fast-food restaurants should serve larger portions.
The Race
by Jennifer Trujillo

She rode a horse named Fina
when women didn’t ride.
They galloped around the mountain,
her legs on Fina’s side.
She let her hair down from its bun and felt it whip and fly. She laughed and sang and whooped out loud. Up there she wasn't shy!
Abuela looked at Fina, a twinkle in her eye. Abuela said, “Let’s enter! This race deserves a try.”

At dawn she was the only girl, but didn’t even care. She came to meet the challenge, and her horse was waiting there.
a twinkle in her eye.

At dawn she was the only girl,

her horse was waiting there.
They swept across the finish line much faster than the rest. **She slung her hat without surprise;** she’d always done her best.

Fina shook her mane and stomped. Abuela flashed a smile. She sniffed the rose and trotted off in caballera style!

The rider was uncomfortable because her hat was too tight.

The rider was confident because she knew her horse would win the race.

The rider was frightened because the horse was galloping fast.
This man is shoveling snow in Antarctica, the **cold** place on Earth.

![Image of a man shoveling snow in Antarctica](image)

This man is shoveling snow in Antarctica, the **coldest** place on Earth.
This man is shoveling snow in Antarctica, the coldest place on Earth. He wears a water jacket to stay warm and dry.
He wears a **waterproof** jacket to stay warm and dry.

He wears a **water** jacket to stay warm and dry.
This man is shoveling snow in Antarctica, the coldest, windiest, and iciest continent on Earth. Temperatures in Antarctica can drop to 90 degrees below zero Celsius. Antarctica is not an easy place to work.

However, scientists come from around the world to spend their summers working in Antarctica. These dedicated scientists must wear many layers of warm, waterproof clothes when they go outside to work in the freeze cold weather.
These dedicated scientists
These dedicate scientists

warm, waterproof clothes
water clothes

freeze cold weather
freezing cold weather
Many scientists live at research stations while they are in Antarctica. Some of these scientists work in teams. They head out from the research stations each day to search for rocks.

In 1984 a young scientist made an amazing discovery when she found a rock from the distantly planet Mars. The rock looked like it contained fossils, which could mean that there might have once been life on Mars.
In 1984 a young scientist made an amazing discovery when she found a rock from the distant planet Mars.
Going Up

Skyscrapers are very tall buildings.
Skyscrapers look like they can touch the sky. As cities grew, taller buildings were needed where people could live and work.
The Need for Height

In the 1800s, many people moved from the country to the cities looking for jobs. The cities became crowded. Some cities had limited space for putting up new houses and office buildings. Architects and engineers thought the skyscraper would solve the problem.

But building skyscrapers had many challenges. The special equipment and new designs needed to build skyscrapers cost lots of money.

Still, skyscrapers went up in cities all over the world.
Cities with skyscrapers are better places to live than rural areas.

Architects and engineers found designing skyscrapers to be difficult.

Many people moving into the cities created the need for taller buildings.
Late in the 1800s, building skyscrapers became possible. At that time the mass production of steel made it possible to build a steel skeleton that could support the weight of a skyscraper’s high walls. New construction designs made it possible for very tall buildings to withstand high winds. And the invention of the elevator made it possible to move up and down a tall building quickly.
Many people think of the Woolworth Building, built in New York City in 1913, as the first skyscraper. It was the first very tall building to have a steel skeleton, an elevator, and a design that could withstand strong winds.

Since the first skyscraper was completed, many cities around the world have added taller and more modern skyscrapers to their skylines. Some skyscraper designs use art ideas from the past. Other skyscraper designs are modern towers of glass and steel.

Today advanced technology and new building materials allow each new skyscraper to be built taller than the one before it. If our wish is to someday live with our heads in the clouds, each new skyscraper takes us closer to that goal.
Technology and new building materials allow skyscrapers to be built taller and taller.

Today skyscrapers are built in cities around the world because of the production of steel and the invention of the elevator.

The Woolworth Building, the first skyscraper built in New York City, has a steel skeleton and elevator, and it can withstand high winds.
A man is a **male**.
A boy is a male. A man is a male.
The flowers have a very nice **scent**.

The piece of candy costs one **cent**.

The boy **sent** a card to the girl.
I can smell the **scent** of cookies baking in the oven.

I can smell the **cent** of cookies baking in the oven.

I can smell the **sent** of cookies baking in the oven.
meet

meat
I will **meat** you at the park after school.

We had **meet** in our sandwiches at lunch.

We will **meet** at the car before the game.