School Health Survey 2012-2013



1. Please answer the follow	ing questions:	
	Response Percent	Response Count
District Name	100.0%	770
County-District Number	98.3%	757
	answered question	770
	skipped question	0

2. Please indicate the Education Service Center (ESC) Region(s) in which your district or charter receives training. (Mark all that apply.)

	Response Percent	Response Count
1	3.4%	26
2	4.4%	34
3	4.3%	33
4	5.7%	44
5	3.1%	24
6	4.4%	34
7	8.6%	66
8	4.8%	37
9	2.2%	17
10	9.5%	73
11	7.9%	61
12	9.4%	72
13	6.9%	53
14	4.7%	36
15	4.7%	36
16	5.1%	39
17	4.7%	36
18	3.6%	28
19	1.2%	9
20	7.1%	55
	Other (if not applicable, please specify)	0
	answered question	770

3. Preparer Information

	Response Percent	Response Count
Name of Preparer	100.0%	770
Title of Preparer	100.0%	770
Phone Number of Preparer	100.0%	770
Email Address of Preparer	100.0%	770
	answered question	770
	skipped question	0

4. School Health Advisory Council (SHAC) Information

		Response Percent	Response Count
Name of SHAC District Contact		99.9%	769
Phone Number of SHAC District Contact		99.2%	764
Email Address of SHAC District Contact		98.7%	760
Name of Required PARENT SHAC District Chair or Co-Chair		97.3%	749
Phone Number of Required PARENT SHAC DISTRICT Chair or Co-Chair		92.5%	712
Email Address of Required PARENT SHAC District Chair or Co-Chair		85.6%	659
	aı	nswered question	770
		skipped question	0

5. District Fitness Assessment Testing Coordinator Information

	Response Percent	Response Count
Name of District Fitness Assessment Testing Coordinator	100.0%	770
Phone Number of District Fitness Assessment Testing Coordinator	99.9%	769
Email Address of District Fitness Assessment Testing Coordinator	99.4%	765
	answered question	770
	skipped question	0

6. What types of campuses does your district or charter serve? (Mark all that apply.)

		Response Percent	Response Count
Elementary		93.5%	720
Middle School/Jr. High		89.0%	685
High School		89.4%	688
Other (please specify)		25.1%	193
	answere	ed question	770
	skippe	ed question	0

7. Indicate the number of campuses that exist in your district for each of the following categories:

	Response Percent	Response Count
Elementary	92.5%	712
Middle School/Jr. High	88.4%	681
High School	89.4%	688
Other (please specify)	34.5%	266
	answered question	770
	skipped question	0

8. List the members of your SHAC:

Response	
Count	

770

770	answered question
0	skipped question

9. In your district, are members of the following groups represented on any school health council, committee, or team? (Mark all that apply.)

	Respon Percer	
Businesses	55.8	3% 430
Community members	84.4	1% 650
Faith-based organizations	27.7	" % 213
Health education teachers	64.8	3% 499
Health services staff (e.g., school nurses)	85.3	3% 657
Library/media center staff	10.4	1% 80
Local government agencies	23.9	9% 184
Local health departments, agencies, or organizations	40.1	% 309
Maintenance and transportation staff	12.1	% 93
Mental health or social services staff	33.9	9% 261
Nutrition or food service staff	77.5	5% 597
Parents or families of students	94.2	2% 725
Parent Teacher Association or Organization	39.9	9% 307
Physical education teachers	74.7	7 % 575
School administrators	87.1	% 671
Student body	32.2	2% 248
Technology staff	12.3	95
Not Applicable	1.7	" % 13
	answered question	on 770
	skipped question	on 0

10. Has your district SHAC received any formal training related to development, recruitment, leadership, policy improvement strategies, etc.?

	Response Percent	Response Count
Yes	51.9%	400
No (If no, skip to #12.)	48.1%	370
	answered question	770
	skipped question	0

11. If you responded "yes" to question #10, who provided that training? (Mark all that apply.)

		Response Percent	Response Count
Centers for Disease Control and Prevention		4.4%	17
Department of State Health Services		15.7%	61
Education Service Center		78.9%	306
School District		31.4%	122
Texas Association of Health, Physical Education, Recreation and Dance		4.4%	17
Texas Education Agency		11.1%	43
	Other (please specify)	26
	answ	ered question	388
	ski	pped question	382

12. How many times did your district's SHAC meet during the 2011-2012 school year?

	Respo Perc		Response Count
0		4.5%	35
1		6.0%	46
2		9.6%	74
3		6.8%	52
4	55	8.1%	447
5		7.7%	59
6		3.5%	27
7		1.0%	8
8		0.9%	7
9		1.0%	8
10		0.3%	2
11		0.1%	1
12		0.1%	1
More than 12		0.4%	3
	answered ques	stion	770
	skipped ques	stion	0

13. Has your school district implemented a policy, program, or practice as a result of a School Health Advisory Council (SHAC) recommendation?

	Response Percent	Response Count
Yes	73.6%	567
No (If no, skip to #15.)	27.0%	208
	answered question	770
	skipped question	0

14. If you responded "yes" to question #13, what topics were addressed? (Mark all that apply.)

	Response Percent	Response Count
Adaptations for Special Populations in Physical Education	4.6%	26
Asthma Action Plan	17.9%	102
Bullying	45.0%	256
Coordinated School Health Programming	41.5%	236
Early Mental Health Intervention	4.7%	27
Fitness Assessment Data	30.8%	175
Fitness Assessment Requirements	26.9%	153
Fundraising	9.3%	53
Health Education Curriculum	40.1%	228
High School Graduation Requirements	13.0%	74
HIV Policy (Practice, Universal Precautions, Curricula)	8.1%	46
Off-campus Physical Activity Programs	9.1%	52
Parental Involvement	35.3%	201
Physical Activity Requirements in Kindergarten to Grade 8	26.4%	150
Recess	23.7%	135
Safe Routes to School	7.4%	42
School Menu/Nutrition Services	51.7%	294
Sex Education	43.9%	250
Staff Professional Development	17.9%	102

Suicide Prevention	16.9%	96
Teen Pregnancy Prevention	27.6%	157
Tobacco Use and Prevention	24.1%	137
Vending Machines	22.1%	126
Wellness Policies	48.0%	273
Other (please specify)	21.8%	124
	answered question	569
	skipped question	201

15. Has your school board made policy changes because of a SHAC recommendation? Response Percent Yes 36.4% 280 No 63.8% 491 answered question 770 skipped question 0

16. What is your district's policy for meeting the elementary school physical activity requirements?

	Response Percent	Response Count
30 minutes/day for all grade levels	22.2%	171
30 minutes/day for some grade levels, 135 minutes/week for others	16.2%	125
135 minutes/week for all grade levels	36.9%	284
More than 135 minutes/week	8.6%	66
More than 150 minutes/week	12.3%	95
Other (please specify)	5.6%	43
	answered question	770
	skipped question	0

17. What is your district's policy for meeting the middle/junior high school physical activity requirement?

	Response Percent	Response Count
30 minutes/day in physical education for four semesters	43.2%	333
225 minutes/two weeks in physical education for four semesters	22.7%	175
Four semesters of physical activity in alternative programs	2.9%	22
A mixture of physical education and alternative programs	17.5%	135
Other (please specify)	17.0%	131
	answered question	770
	skipped question	0

18. Does your district provide recess in elementary school?

	Response Percent	Response Count
Yes	93.0%	716
No	3.5%	27
Other (please specify)	4.3%	33
	answered question	770
	skipped question	0

19. Does your district have a written policy that specifies the number of recess minutes students should participate in per day?

	Response Percent	Response Count
Yes	20.3%	153
No (if no, skip to #21.)	80.1%	602
	Other (please specify)	20
	answered question	752
	skipped question	18

20. If you responded "yes" to question 19, how many minutes per day is required for recess in your school district?

	Response Percent	Response Count
10-15	13.9%	22
15-20	21.5%	34
20-25	15.2%	24
25-30	38.0%	60
>30	13.9%	22
	Other (please specify)	10
	answered question	158
	skipped question	612

21. Does your district assess the fitness levels of only those students in grades 3-12 who are enrolled in a physical education class or substitute?

	Response Percent	Response Count
Yes (If yes, skip to #23)	79.4%	611
No	17.8%	137
Other (please specify)	2.9%	22
	answered question	770
	skipped question	0

22. If your district assesses students outside of physical education classes and substitutes, please indicate all grade levels for which you assess additional students.

		Response Percent	Response Count
3		47.5%	85
4		48.0%	86
5		48.6%	87
6		54.2%	97
7		62.0%	111
8		65.9%	118
9		87.7%	157
10		88.8%	159
11		89.9%	161
12		87.7%	157
	ans	wered question	179
	sk	ipped question	591

23. Of the following, which topics were addressed on your district's website and/or handbook? (Mark all that apply.)

	Handbook	Website	Rating Count
Bullying	98.7% (748)	80.3% (609)	758
Early mental health intervention	86.5% (276)	72.7% (232)	319
Elementary physical activity policy	93.1% (568)	73.1% (446)	610
Food allergy notification	96.7% (665)	71.7% (493)	688
Human sexuality curriculum information	93.4% (485)	71.3% (370)	519
Immunization requirements	96.9% (728)	82.6% (620)	751
Meningitis vaccination requirements for college students	91.6% (513)	78.4% (439)	560
Middle school physical activity policy	91.9% (531)	72.5% (419)	578
Parental access to student's fitness assessment results	89.9% (443)	70.4% (347)	493
Restrictions on vending machines/food service usage	93.9% (573)	70.5% (430)	610
School Health Advisory Council information	85.0% (562)	84.3% (557)	661
Suicide prevention	90.8% (455)	72.3% (362)	501
Tobacco use and prevention	97.7% (669)	72.1% (494)	685
Other	85.7% (42)	81.6% (40)	49
		If other (please explain)	45
		answered question	770
		skipped question	0

24. Does your district have a policy prohibiting physical activity from being used as a form of punishment?

	Response Percent	Response Count
Yes	34.0%	262
No	66.1%	509
	answered question	770
	skipped question	0

25. Are all of the campuses in your district established as "tobacco-free" (including for students, staff, parents, visitors, etc.)?

	Response Percent	Response Count
Yes	99.5%	766
No	0.5%	4
Other (please specify)	0.0%	0
	answered question	770
	skipped question	0

26. Has your district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on campuses or at school-sponsored or school-related activities?

	Response Percent	Response Count
Yes	96.1%	740
No	3.9%	30
	answered question	770
	skipped question	0

27. Does your district use a suicide prevention program or curriculum for students from Suicide Prevention Resource Center's Best Practice Registry and/or the Substance Abuse and Mental Health Services Administration's (SAMHSA) National Registry of Evidence-based Programs and Practices (NRPP)?

	Response Percent	Response Count
Yes	26.9%	201
No	65.5%	490
Other (please specify)	10.6%	79
	answered question	748
	skipped question	22

28. Which Coordinated School Health Program is your district implementing in elementary schools?

	Response Percent	Response Count
Bienestar	5.3%	41
CATCH	55.8%	430
Great Body Shop	11.0%	85
SPARK/Healthy & Wise	18.1%	139
Other (If not applicable, please explain.)	13.9%	107
	answered question	770
	skipped question	0

29. Which Coordinated School Health Program is your district implementing in middle and/or junior high schools?

	Response Percent	Response Count
Bienestar	4.7%	36
CATCH	52.6%	405
SPARK/Healthy & Wise	22.1%	170
Other (If not applicable, please explain.)	23.2%	179
	answered question	770
	skipped question	0

30. Does your district require health education as a graduation requirement for high school in all graduation plans for the 2011-2012 school year?

	Response Percent	Response Count
Yes	54.0%	416
No	39.9%	307
Not Applicable (please explain)	6.4%	49
	answered question	770
	skipped question	0

31. Indicate the date your district sent the letter to parents/guardians regarding human sexuality instruction (per TEC §28.004).

	Response Percent	Response Count
Date letter mailed	100.0%	694
	answered question	694
	skipped question	76

32. Which school health-related assessment tools does your district use? (Mark all that apply.)

	Response Percent	Response Count
ActivityGram	2.2%	17
District-developed	4.2%	32
FITNESSGRAM once annually	86.1%	663
FITNESSGRAM pre- and post- testing	21.2%	163
Health Education Assessment Tools (HECAT)	1.7%	13
Healthy School Report Card (Association for Supervision and Curriculum Development)	0.1%	1
Physical Education Assessment Tools (PECAT)	1.0%	8
School Health Index	6.9%	53
Other (please specify)	3.2%	25
	answered question	770
	skipped question	0

33. Indicate if your district collects statistics and data on any of the following health issues (mark all that apply).

	Yes	No	Rating Count
Asthma	67.9% (501)	32.8% (242)	738
Diabetes	70.1% (517)	30.4% (224)	737
Food Allergy	73.8% (550)	26.6% (198)	745
Immunizations	83.5% (636)	17.6% (134)	762
Obesity	45.1% (292)	55.2% (358)	648

Other (please specify any other health-related statistics your district collects)

43

answered question 770 skipped question 0

34. Indicate if your district staff attends or needs training or staff development on any of the following topics (mark all that apply).

	Attends	Needs	Rating Count
Abstinence	75.9% (343)	27.9% (126)	452
Abstinence Plus	48.2% (134)	54.3% (151)	278
Alcohol and Drug Use	84.8% (462)	20.7% (113)	545
Asthma Training	84.5% (470)	18.0% (100)	556
Bullying	95.1% (681)	11.6% (83)	716
Care of Students with Diabetes (Required by HB 984)	92.3% (633)	12.1% (83)	686
Child Abuse and Neglect	90.5% (574)	13.4% (85)	634
Child and Adolescent Development	76.1% (303)	26.1% (104)	398
Coordinated School Health Programming	80.8% (434)	23.3% (125)	537
Eligibility and Benefits of CHIP/Medicaid	70.8% (303)	31.8% (136)	428
Family Violence	71.7% (314)	32.2% (141)	438
Fitness Assessment	94.0% (537)	8.2% (47)	571
Injury Prevention	87.7% (434)	14.5% (72)	495
Nutrition	92.3% (524)	11.6% (66)	568
Pedestrian and Traffic Safety	65.2% (223)	36.8% (126)	342
Positive Youth Development	72.9% (302)	30.4% (126)	414
STD Prevention	74.7% (325)	27.6% (120)	435
Suicide Prevention	77.9% (431)	27.1% (150)	553
Teen Pregnancy Prevention	73.9% (360)	30.4% (148)	487
Tobacco Use and Prevention	84.7% (420)	16.9% (84)	496

answered question

skipped question

770

0

answered question	770
skipped question	0

35. Does your district have a policy for addressing HIV prevention education? Response Response Percent Count Yes 60.3% 464 No (If no, skip to #37.) 36.5% 281 In process of developing a policy 27 3.5% or educational program Not Applicable (please explain) 1.2% 9

36. Which of the following does your HIV prevention education policy address? (Mark all that apply.)

	Response Percent	Response Count
Abstinence	82.2%	406
Bloodborne pathogens	79.1%	391
Risk reduction	59.5%	294
Other (please specify)	2.8%	14
	answered question	494
	skipped question	276

37. Has your district adopted and implemented a policy that addresses maintaining confidentiality of HIV-infected students and staff and the procedures to protect HIV-infected students and staff from discrimination?

	Response Percent	Response Count
Yes	66.1%	509
No	33.9%	261
	answered question	770
	skipped question	0

38. Does your district use a teen pregnancy/STD prevention/abstinence program or curriculum?

	Response Percent	Response Count
Yes	64.0%	493
No (If no, skip to #40.)	36.1%	278
	answered question	770
	skipped question	0

39. Which teen pregnancy/STD prevention/abstinence program or curriculum does your district use?

	Count
	480
answered question	480
skipped question	290

Response

40. Does your district implement the Parenting and Paternity Awareness (P.A.P.A.) Program in health education classes?

	Response Percent	Response Count
Yes	64.0%	493
No	36.0%	277

Other or Not Applicable (please specify)

35

answered question	770
skipped question	0

41. What percent of the campuses in your district employ full-time registered nurses (RNs)?

	Elementary	Middle School/Jr. High	High School	Rating Count
None	44.7% (142)	19.2% (61)	36.2% (115)	318
1% - 10%	32.6% (15)	26.1% (12)	41.3% (19)	46
11% - 25%	43.8% (21)	29.2% (14)	27.1% (13)	48
26% - 50%	59.3% (64)	18.5% (20)	22.2% (24)	108
51% - 75%	61.1% (44)	22.2% (16)	16.7% (12)	72
76% - 99%	37.0% (40)	26.9% (29)	36.1% (39)	108
All Campuses	56.3% (196)	11.5% (40)	32.2% (112)	348
Not Applicable	47.8% (44)	15.2% (14)	37.0% (34)	92

If the district has multiple campuses in same row, please indicate below.

298

770	answered question	
0	skipped question	

42. What percent of the campuses in your district employ full-time licensed vocational nurses (LVNs)?

	Elementary	Middle School/Jr. High	High School	Rating Count
None	54.5% (232)	11.5% (49)	34.0% (145)	426
1% - 10%	31.0% (18)	31.0% (18)	37.9% (22)	58
11% - 25%	58.8% (30)	27.5% (14)	13.7% (7)	51
26% - 50%	60.2% (53)	20.5% (18)	19.3% (17)	88
51% - 75%	54.3% (25)	34.8% (16)	10.9% (5)	46
76% - 99%	53.3% (32)	23.3% (14)	23.3% (14)	60
All Campuses	43.8% (81)	25.4% (47)	30.8% (57)	185
Not Applicable	60.6% (100)	15.8% (26)	23.6% (39)	165

If the district has multiple campuses in same row, please indicate below.

261

answered question 770
skipped question 0

43. How many campuses in your district have trained unlicensed diabetes care assistants as outlined in the Diabetes Council Guidelines and in accordance with Section 168.005 of the Texas Health and Safety Code? (specify the number of campuses)

		Response Percent	Response Count
Elementary		89.4%	688
Middle School/Jr. High		83.8%	645
High School		85.5%	658
Other - please specify		26.8%	206
	а	nswered question	770
		skipped question	0

44. Has your district implemented the School Meals Program and established a local wellness policy?

	Response Percent	Response Count
Yes	96.9%	746
Not Applicable (Our district does not accept federal funding for reimbursable meals.)	2.6%	20
No (please explain)	1.0%	8
	answered question	770
	skipped question	0

45. Has your district adopted policies to ensure that campuses comply with the Texas Department of Agriculture (TDA) vending machine and food service guidelines for restricting student access?

	Response Percent	Response Count
Yes	95.6%	736
No	2.1%	16
Other (if not applicable, please specify)	2.6%	20
	answered question	770
	skipped question	0

46. Has your district initiated the required plan for measuring the implementation of your local wellness policy?

	Response Percent	Response Count
Yes	82.3%	634
No (If no, skip to #48.)	17.0%	131
Not Applicable (Our district does not accept federal funding for reimbursable meals)	1.4%	11
	answered question	770
	skipped question	0

47. As a result of measuring the implementation of your local wellness policy, which of the following has your district addressed?

	Response Percent	Response Count
Increased opportunities for students to be physically active	64.1%	407
Increased opportunities for students to select and consume healthier foods and/or snacks	89.6%	569
Improved access to fresh fruits and vegetables (e.g. implementing a farm to school program or fruit and vegetable snack program)	61.6%	391
Other (please specify)	4.7%	30
	answered question	635
	skipped question	135

48. In which of the following capacities does your school district involve youth?

	Response Percent	Response Count
Campus advisory committees	59.2%	456
Curriculum development	9.1%	70
School board	16.5%	127
SHAC	43.0%	331
Other - please specify (if not applicable, please explain)	24.5%	189
	answered question	770
	skipped question	0

49. What percent of the campuses in your district have a Parent Teacher Association (PTA) Healthy Lifestyles Chair?

	Elementary	Middle School/Jr. High	High School	Rating Count
None	65.6% (314)	9.2% (44)	25.3% (121)	479
1% - 10%	45.2% (19)	21.4% (9)	33.3% (14)	42
11% - 25%	50.0% (13)	23.1% (6)	26.9% (7)	26
26% - 50%	47.1% (16)	44.1% (15)	8.8% (3)	34
51% - 75%	50.0% (10)	20.0% (4)	30.0% (6)	20
76% - 99%	69.4% (25)	13.9% (5)	16.7% (6)	36
All Campuses	82.8% (111)	5.2% (7)	11.9% (16)	134
Not Applicable	56.7% (102)	13.9% (25)	29.4% (53)	180

If the district has multiple campuses in same row, please indicate below.

246

answered question 770
skipped question 0

50. Does your district allow the use of its recreational facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.) by the public before and/or after school hours?

	Response Percent	Response Count
Yes	91.8%	707
No	6.5%	50
Not Applicable (please explain)	1.8%	14
	answered question	770
	skipped question	0

51. Do any campuses in your district have a school garden?			
	Response Percent	Response Count	
Yes	50.0%	385	
No	50.0%	385	
	answered question	770	
	skipped question	0	

52. Does your district bullying policy include specific information on the following (mark all that apply):

	Response Percent	Response Count
Bullying based on gender	87.9%	677
Bullying based on race/ethnicity	87.5%	674
Bullying based on sexual orientation/identity	79.7%	614
Bullying based on physical characteristics	82.7%	637
Cyberbullying	91.8%	707
Other - please specify (if not applicable, please explain)	7.7%	59
	answered question	770
	skipped question	0

53. Does your district integrate bullying prevention education in one or more of its required subject areas?

	Response Percent	Response Count
Yes	78.2%	585
No	19.4%	145
Other (if not applicable, please specify)	2.4%	18
	answered question	748
	skipped question	22

54. Does your district notify the parent/guardian of a child who is the victim of bullying?

	Response Percent	Response Count
Yes	99.1%	763
No	0.4%	3
Other (if not applicable, please specify)	1.0%	8
	answered question	770
	skipped question	0

55. Of the following health-related topics, which are addressed in each of your district's campus improvement plans?

	Elementary	Middle School/Jr. High	High School	Rating Count
Bullying Prevention	94.9% (658)	88.5% (613)	86.9% (602)	693
Bullying Intervention	93.3% (568)	87.5% (533)	85.9% (523)	609
Coordinated School Health	91.7% (475)	83.4% (432)	73.6% (381)	518
Early Mental Health Intervention	85.2% (196)	78.7% (181)	81.7% (188)	230
Fitness Assessment	92.5% (492)	86.7% (461)	81.0% (431)	532
Physical Activity	95.4% (459)	81.9% (394)	74.8% (360)	481
Parental Involvement	95.8% (689)	87.6% (630)	87.5% (629)	719
Suicide Prevention	74.7% (286)	83.6% (320)	90.6% (347)	383
Suicide Postvention	74.2% (164)	83.7% (185)	89.1% (197)	221
Tobacco Use	84.3% (414)	83.3% (409)	87.4% (429)	491
Violence Prevention	86.6% (467)	87.6% (472)	90.9% (490)	539
Violence Intervention	87.1% (371)	85.4% (364)	89.4% (381)	426

Other (please specify topic and campus level)

770

46

skipped question

answered question

0