School Health Survey 2012-2013

## 1. Please answer the following questions:


2. Please indicate the Education Service Center (ESC) Region(s) in which your district or charter receives training. (Mark all that apply.)

|  |  | Response <br> Percent |
| ---: | :--- | :--- |
| 1 | $\square$ | Response <br> Count |
| 2 | $\square$ | $3.4 \%$ |

## 3. Preparer Information



## 4. School Health Advisory Council (SHAC) Information

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Name of SHAC District Contact |  |  | 99.9\% | 769 |
| Phone Number of SHAC District <br> Contact |  |  | 99.2\% | 764 |
| Email Address of SHAC District Contact |  |  | 98.7\% | 760 |
| Name of Required PARENT SHAC District Chair or Co-Chair |  |  | 97.3\% | 749 |
| Phone Number of Required PARENT SHAC DISTRICT Chair or Co-Chair |  | $\square$ | 92.5\% | 712 |
| Email Address of Required PARENT SHAC District Chair or Co-Chair | $\square$ |  | 85.6\% | 659 |
|  |  | answered question |  | 770 |
|  |  | skipped question |  | 0 |

## 5. District Fitness Assessment Testing Coordinator Information


6. What types of campuses does your district or charter serve? (Mark all that apply.)

7. Indicate the number of campuses that exist in your district for each of the following categories:

8. List the members of your SHAC:

|  | answered question | 770 |
| :--- | :--- | :--- |
|  | skipped question | 0 |

## 9. In your district, are members of the following groups represented on any school health council, committee, or team? (Mark all that apply.)

$\left.\begin{array}{rrrr} & & \begin{array}{c}\text { Response } \\ \text { Percent }\end{array} \\ \text { Rusinesses } \\ \text { Count }\end{array}\right)$
10. Has your district SHAC received any formal training related to development, recruitment, leadership, policy improvement strategies, etc.?

|  | Response <br> Percent | Response <br> Count |  |
| ---: | :--- | ---: | :--- |
| No (If no, skip to \#12.) | $\square$ | $51.9 \%$ | 400 |

11. If you responded "yes" to question \#10, who provided that training? (Mark all that apply.)
$\left.\left.\begin{array}{rrrr}\text { Centers for Disease Control and } \\ \text { Prevention }\end{array}\right) \quad \begin{array}{r}\text { Response } \\ \text { Percent }\end{array}\right)$

Other (please specify)
12. How many times did your district's SHAC meet during the 2011-2012 school year?

|  | Response <br> Percent | Response <br> Count |  |  |
| :--- | :--- | :--- | :--- | :--- |
|  | 0 | $\square$ | $4.5 \%$ | 35 |

13. Has your school district implemented a policy, program, or practice as a result of a School Health Advisory Council (SHAC) recommendation?

|  |  | Response <br> Percent | Response <br> Count |
| ---: | :--- | ---: | :--- |
| No (If no, skip to \#15.) | $\square$ |  | $73.6 \%$ |

14. If you responded "yes" to question \#13, what topics were addressed? (Mark all that apply.)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Adaptations for Special Populations in Physical Education | $\square$ | 4.6\% | 26 |
| Asthma Action Plan | $\square$ | 17.9\% | 102 |
| Bullying |  | 45.0\% | 256 |
| Coordinated School Health Programming | $\square$ | 41.5\% | 236 |
| Early Mental Health Intervention | $\square$ | 4.7\% | 27 |
| Fitness Assessment Data | $\square$ | 30.8\% | 175 |
| Fitness Assessment Requirements |  | 26.9\% | 153 |
| Fundraising | $\square$ | 9.3\% | 53 |
| Health Education Curriculum | $\longrightarrow$ | 40.1\% | 228 |
| High School Graduation Requirements | $\square$ | 13.0\% | 74 |
| HIV Policy (Practice, Universal Precautions, Curricula) | $\square$ | 8.1\% | 46 |
| Off-campus Physical Activity Programs | $\square$ | 9.1\% | 52 |
| Parental Involvement | $\square$ | 35.3\% | 201 |
| Physical Activity Requirements in Kindergarten to Grade 8 |  | 26.4\% | 150 |
| Recess | $\square$ | 23.7\% | 135 |
| Safe Routes to School | $\square$ | 7.4\% | 42 |
| School Menu/Nutrition Services | $\square$ | 51.7\% | 294 |
| Sex Education | $\square$ | 43.9\% | 250 |
| Staff Professional Development | $\square$ | 17.9\% | 102 |


| Suicide Prevention | $\square$ | 16.9\% | 96 |
| :---: | :---: | :---: | :---: |
| Teen Pregnancy Prevention |  | 27.6\% | 157 |
| Tobacco Use and Prevention | $\square$ | 24.1\% | 137 |
| Vending Machines | $\square$ | 22.1\% | 126 |
| Wellness Policies |  | 48.0\% | 273 |
| Other (please specify) | $\square$ | 21.8\% | 124 |
|  |  | answered question | 569 |
|  |  | skipped question | 201 |

15. Has your school board made policy changes because of a SHAC recommendation?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 36.4\% | 280 |
| No | 63.8\% | 491 |
|  | answered question | 770 |
|  | skipped question | 0 |

16. What is your district's policy for meeting the elementary school physical activity requirements?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| 30 minutes/day for all grade levels | $\square$ | 22.2\% | 171 |
| 30 minutes/day for some grade levels, 135 minutes/week for others |  | 16.2\% | 125 |
| 135 minutes/week for all grade levels |  | 36.9\% | 284 |
| More than 135 minutes/week | , | 8.6\% | 66 |
| More than 150 minutes/week | $\square$ | 12.3\% | 95 |
| Other (please specify) | $\square$ | 5.6\% | 43 |
|  |  | answered question | 770 |
| skipped question |  |  | 0 |

17. What is your district's policy for meeting the middle/junior high school physical activity requirement?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| 30 minutes/day in physical education for four semesters |  | 43.2\% | 333 |
| 225 minutes/two weeks in physical education for four semesters | $\square$ | 22.7\% | 175 |
| Four semesters of physical activity in alternative programs | $\square$ | 2.9\% | 22 |
| A mixture of physical education and alternative programs | $\square$ | 17.5\% | 135 |
| Other (please specify) | $\square$ | 17.0\% | 131 |
|  |  | answered question | 770 |
|  |  | skipped question | 0 |
| 18. Does your district provide recess in elementary school? |  |  |  |


|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 93.0\% | 716 |
| No $\square$ | 3.5\% | 27 |
| Other (please specify) | 4.3\% | 33 |
|  | answered question | 770 |
|  | skipped question | 0 |

19. Does your district have a written policy that specifies the number of recess minutes students should participate in per day?

|  |  |  | Response <br> Rercent <br> Response <br> Count |
| ---: | :--- | ---: | :--- |
| Yes |  |  | $20.3 \%$ |

Other (please specify)
20. If you responded "yes" to question 19, how many minutes per day is required for recess in your school district?
$\left.\begin{array}{cll} & & \begin{array}{r}\text { Response } \\ \text { Percent }\end{array} \\ \hline\end{array} \begin{array}{r}\text { Response } \\ \text { Count }\end{array}\right\}$
21. Does your district assess the fitness levels of only those students in grades 3-12 who are enrolled in a physical education class or substitute?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes (If yes, skip to \#23) | 79.4\% | 611 |
| No | 17.8\% | 137 |
| Other (please specify) | 2.9\% | 22 |
|  | answered question | 770 |
|  | skipped question | 0 |

22. If your district assesses students outside of physical education classes and substitutes, please indicate all grade levels for which you assess additional students.


## 23. Of the following, which topics were addressed on your district's website and/or handbook? (Mark all that apply.)

|  | Handbook | Website | Rating Count |
| :---: | :---: | :---: | :---: |
| Bullying | 98.7\% (748) | 80.3\% (609) | 758 |
| Early mental health intervention | 86.5\% (276) | 72.7\% (232) | 319 |
| Elementary physical activity policy | 93.1\% (568) | 73.1\% (446) | 610 |
| Food allergy notification | 96.7\% (665) | 71.7\% (493) | 688 |
| Human sexuality curriculum information | 93.4\% (485) | 71.3\% (370) | 519 |
| Immunization requirements | 96.9\% (728) | 82.6\% (620) | 751 |
| Meningitis vaccination requirements for college students | 91.6\% (513) | 78.4\% (439) | 560 |
| Middle school physical activity policy | 91.9\% (531) | 72.5\% (419) | 578 |
| Parental access to student's fitness assessment results | 89.9\% (443) | 70.4\% (347) | 493 |
| Restrictions on vending machines/food service usage | 93.9\% (573) | 70.5\% (430) | 610 |
| School Health Advisory Council information | 85.0\% (562) | 84.3\% (557) | 661 |
| Suicide prevention | 90.8\% (455) | 72.3\% (362) | 501 |
| Tobacco use and prevention | 97.7\% (669) | 72.1\% (494) | 685 |
| Other | 85.7\% (42) | 81.6\% (40) | 49 |
|  |  | If other (please explain) | 45 |
|  |  | answered question | 770 |
|  |  | skipped question | 0 |

24. Does your district have a policy prohibiting physical activity from being used as a form of punishment?

|  |  | Response <br> Percent | Response <br> Count |
| :---: | :---: | :---: | :---: |
| Yes |  | $34.0 \%$ | 262 |
| No |  | $66.1 \%$ | 509 |
|  |  | answered question | 770 |

25. Are all of the campuses in your district established as "tobacco-free" (including for students, staff, parents, visitors, etc.)?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes | $\square$ | 99.5\% | 766 |
| No | ] | 0.5\% | 4 |
| Other (please specify) |  | 0.0\% | 0 |
| answered question |  |  | 770 |
| skipped question 0 |  |  |  |

26. Has your district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on campuses or at school-sponsored or school-related activities?

27. Does your district use a suicide prevention program or curriculum for students from Suicide Prevention Resource Center's Best Practice Registry and/or the Substance Abuse and Mental Health Services Administration's (SAMHSA) National Registry of Evidencebased Programs and Practices (NRPP)?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes |  | 26.9\% | 201 |
| No |  | 65.5\% | 490 |
| Other (please specify) |  | 10.6\% | 79 |
|  |  | answered question | 748 |
|  |  | skipped question | 22 |

28. Which Coordinated School Health Program is your district implementing in elementary schools?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Bienestar | $\square$ | 5.3\% | 41 |
| CATCH | $\square$ | 55.8\% | 430 |
| Great Body Shop |  | 11.0\% | 85 |
| SPARK/Healthy \& Wise | $\square$ | 18.1\% | 139 |
| (If not applicable, please explain.) | $\square$ | 13.9\% | 107 |

29. Which Coordinated School Health Program is your district implementing in middle and/or junior high schools?

|  |  | Response <br> Percent | Response <br> Count |
| ---: | :--- | ---: | :--- |
| Bienestar | $\square$ |  | $4.7 \%$ |

30. Does your district require health education as a graduation requirement for high school in all graduation plans for the 2011-2012 school year?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 54.0\% | 416 |
| No | 39.9\% | 307 |
| Not Applicable (please explain) | 6.4\% | 49 |
|  | answered question | 770 |
|  | skipped question | 0 |

31. Indicate the date your district sent the letter to parents/guardians regarding human sexuality instruction (per TEC §28.004).

|  |  | Response <br> Percent | Response <br> Count |  |
| :---: | :---: | :---: | :---: | :---: |
| Date letter mailed |  |  | $100.0 \%$ | 694 |
|  |  | answered question | 694 |  |
|  |  | skipped question | 76 |  |

## 32. Which school health-related assessment tools does your district use? (Mark all that apply.)


33. Indicate if your district collects statistics and data on any of the following health issues (mark all that apply).

|  | Yes | No | Rating <br> Count |
| ---: | ---: | ---: | ---: |
| Asthma | $\mathbf{6 7 . 9 \% ( 5 0 1 )}$ | $32.8 \%(242)$ | 738 |
| Diabetes | $70.1 \%(517)$ | $30.4 \%(224)$ | 737 |
| Food Allergy | $73.8 \%(550)$ | $26.6 \%(198)$ | 745 |
| Immunizations | $83.5 \%(636)$ | $17.6 \%(134)$ | 762 |
| Obesity | $45.1 \%(292)$ | $55.2 \%(358)$ | 648 |

Other (please specify any other health-related statistics your district collects)

|  | answered question | 770 |
| :--- | :--- | :--- |
|  | skipped question | 0 |

34. Indicate if your district staff attends or needs training or staff development on any of the following topics (mark all that apply).

|  | Attends | Needs | Rating Count |
| :---: | :---: | :---: | :---: |
| Abstinence | 75.9\% (343) | 27.9\% (126) | 452 |
| Abstinence Plus | 48.2\% (134) | 54.3\% (151) | 278 |
| Alcohol and Drug Use | 84.8\% (462) | 20.7\% (113) | 545 |
| Asthma Training | 84.5\% (470) | 18.0\% (100) | 556 |
| Bullying | 95.1\% (681) | 11.6\% (83) | 716 |
| Care of Students with Diabetes (Required by HB 984) | 92.3\% (633) | 12.1\% (83) | 686 |
| Child Abuse and Neglect | 90.5\% (574) | 13.4\% (85) | 634 |
| Child and Adolescent Development | 76.1\% (303) | 26.1\% (104) | 398 |
| Coordinated School Health Programming | 80.8\% (434) | 23.3\% (125) | 537 |
| Eligibility and Benefits of CHIP/Medicaid | 70.8\% (303) | 31.8\% (136) | 428 |
| Family Violence | 71.7\% (314) | 32.2\% (141) | 438 |
| Fitness Assessment | 94.0\% (537) | 8.2\% (47) | 571 |
| Injury Prevention | 87.7\% (434) | 14.5\% (72) | 495 |
| Nutrition | 92.3\% (524) | 11.6\% (66) | 568 |
| Pedestrian and Traffic Safety | 65.2\% (223) | 36.8\% (126) | 342 |
| Positive Youth Development | 72.9\% (302) | 30.4\% (126) | 414 |
| STD Prevention | 74.7\% (325) | 27.6\% (120) | 435 |
| Suicide Prevention | 77.9\% (431) | 27.1\% (150) | 553 |
| Teen Pregnancy Prevention | 73.9\% (360) | 30.4\% (148) | 487 |
| Tobacco Use and Prevention | 84.7\% (420) | 16.9\% (84) | 496 |

35. Does your district have a policy for addressing HIV prevention education?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 60.3\% | 464 |
| No (If no, skip to \#37.) | 36.5\% | 281 |
| In process of developing a policy or educational program | 3.5\% | 27 |
| Not Applicable (please explain) | 1.2\% | 9 |
|  | answered question | 770 |
|  | skipped question | 0 |

36. Which of the following does your HIV prevention education policy address? (Mark all that apply.)

|  |  |  | Response <br> Rercent <br> Response <br> Count |
| ---: | :--- | :--- | :--- | ---: | :--- |
| Abstinence | $\square$ | $82.2 \%$ | 406 |

37. Has your district adopted and implemented a policy that addresses maintaining confidentiality of HIV-infected students and staff and the procedures to protect HIV-infected students and staff from discrimination?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 66.1\% | 509 |
| No | 33.9\% | 261 |
|  | answered question | 770 |
|  | skipped question | 0 |

38. Does your district use a teen pregnancy/STD prevention/abstinence program or curriculum?

|  | Response <br> Percent | Response <br> Count |
| ---: | :--- | ---: | :--- |
| No (If no, skip to \#40.) | $\square$ | $64.0 \%$ |

39. Which teen pregnancy/STD prevention/abstinence program or curriculum does your district use?
40. Does your district implement the Parenting and Paternity Awareness (P.A.P.A.) Program in health education classes?

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | :---: | ---: | ---: | ---: |
| Yes | $\square$ | $64.0 \%$ | 493 |  |
| No | $\square$ | $36.0 \%$ | 277 |  |

Other or Not Applicable (please specify)
41. What percent of the campuses in your district employ full-time registered nurses (RNs)?

|  | Elementary | Middle School/Jr. High | High School | Rating Count |
| :---: | :---: | :---: | :---: | :---: |
| None | 44.7\% (142) | 19.2\% (61) | 36.2\% (115) | 318 |
| 1\%-10\% | 32.6\% (15) | 26.1\% (12) | 41.3\% (19) | 46 |
| 11\% - 25\% | 43.8\% (21) | 29.2\% (14) | 27.1\% (13) | 48 |
| 26\% - 50\% | 59.3\% (64) | 18.5\% (20) | 22.2\% (24) | 108 |
| 51\%-75\% | 61.1\% (44) | 22.2\% (16) | 16.7\% (12) | 72 |
| 76\% - 99\% | 37.0\% (40) | 26.9\% (29) | 36.1\% (39) | 108 |
| All Campuses | 56.3\% (196) | 11.5\% (40) | 32.2\% (112) | 348 |
| Not Applicable | 47.8\% (44) | 15.2\% (14) | 37.0\% (34) | 92 |

If the district has multiple campuses in same row, please indicate below.
42. What percent of the campuses in your district employ full-time licensed vocational nurses (LVNs)?

|  | Elementary | Middle School/Jr. High | High School | Rating Count |
| :---: | :---: | :---: | :---: | :---: |
| None | 54.5\% (232) | 11.5\% (49) | 34.0\% (145) | 426 |
| 1\%-10\% | 31.0\% (18) | 31.0\% (18) | 37.9\% (22) | 58 |
| 11\% - 25\% | 58.8\% (30) | 27.5\% (14) | 13.7\% (7) | 51 |
| 26\% - 50\% | 60.2\% (53) | 20.5\% (18) | 19.3\% (17) | 88 |
| 51\%-75\% | 54.3\% (25) | 34.8\% (16) | 10.9\% (5) | 46 |
| 76\%-99\% | 53.3\% (32) | 23.3\% (14) | 23.3\% (14) | 60 |
| All Campuses | 43.8\% (81) | 25.4\% (47) | 30.8\% (57) | 185 |
| Not Applicable | 60.6\% (100) | 15.8\% (26) | 23.6\% (39) | 165 |

If the district has multiple campuses in same row, please indicate below.

|  | answered question | 770 |
| :--- | :--- | :--- |
|  | skipped question | 0 |

43. How many campuses in your district have trained unlicensed diabetes care assistants as outlined in the Diabetes Council Guidelines and in accordance with Section 168.005 of the Texas Health and Safety Code? (specify the number of campuses)

|  |  | Response <br> Percent | Response <br> Count |
| ---: | :--- | :--- | :--- |
| Elementary |  |  | $89.4 \%$ |

44. Has your district implemented the School Meals Program and established a local wellness policy?

|  |  | Response <br> Percent | Response <br> Count |
| ---: | ---: | ---: | ---: | ---: |
| Not Applicable (Our district does <br> not accept federal funding for <br> reimbursable meals.) | $\square$ | $96.9 \%$ | 746 |
| No (please explain) | $\square$ | $2.6 \%$ |  |

45. Has your district adopted policies to ensure that campuses comply with the Texas Department of Agriculture (TDA) vending machine and food service guidelines for restricting student access?

| Yes |  | Response <br> Percent | Response <br> Count |
| ---: | :--- | ---: | :--- |
| No | $\square$ | $95.6 \%$ | 736 |

46. Has your district initiated the required plan for measuring the implementation of your local wellness policy?

| Yes |  | Response <br> Percent | Response <br> Count |
| ---: | ---: | ---: | ---: |
| No (If no, skip to \#48.) |  |  | $82.3 \%$ |

47. As a result of measuring the implementation of your local wellness policy, which of the following has your district addressed?

48. In which of the following capacities does your school district involve youth?
$\left.\begin{array}{rlrl}\text { Campus advisory committees } & & & \begin{array}{c}\text { Response } \\ \text { Percent }\end{array} \\ \text { Count }\end{array}\right\}$
49. What percent of the campuses in your district have a Parent Teacher Association (PTA) Healthy Lifestyles Chair?

|  | Elementary | Middle School/Jr. <br> High | Rating School <br> Count |
| ---: | ---: | ---: | ---: | ---: |
| None | $\mathbf{6 5 . 6 \% ( 3 1 4 )}$ | $9.2 \%(44)$ | 479 |

If the district has multiple campuses in same row, please indicate below.
50. Does your district allow the use of its recreational facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.) by the public before and/or after school hours?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes |  | 91.8\% | 707 |
| No | $\square$ | 6.5\% | 50 |
| Not Applicable (please explain) | $\square$ | 1.8\% | 14 |
| answered question |  |  | 770 |
| skipped question |  |  | 0 |

51. Do any campuses in your district have a school garden?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 50.0\% | 385 |
| No | 50.0\% | 385 |
|  | answered question | 770 |
|  | skipped question | 0 |

52. Does your district bullying policy include specific information on the following (mark all that apply):
$\left.\begin{array}{rrrrr}\text { Rullying based on gender } \\ \text { Bullying based on race/ethnicity } \\ \text { Count }\end{array}\right\}$
53. Does your district integrate bullying prevention education in one or more of its required subject areas?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 78.2\% | 585 |
| No | 19.4\% | 145 |
| Other (if not applicable, please |  |  |
|  | answered question | 748 |
|  | skipped question | 22 |

54. Does your district notify the parent/guardian of a child who is the victim of bullying?

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | :---: | :---: | ---: | :---: |
| Yes | $\square$ | $99.1 \%$ | 763 |  |
| No $\square$ |  | $0.4 \%$ | 3 |  |

Other (if not applicable, please

answered question
55. Of the following health-related topics, which are addressed in each of your district's campus improvement plans?

|  | Elementary | Middle School/Jr. High | High School | Rating Count |
| :---: | :---: | :---: | :---: | :---: |
| Bullying Prevention | 94.9\% (658) | 88.5\% (613) | 86.9\% (602) | 693 |
| Bullying Intervention | 93.3\% (568) | 87.5\% (533) | 85.9\% (523) | 609 |
| Coordinated School Health | 91.7\% (475) | 83.4\% (432) | 73.6\% (381) | 518 |
| Early Mental Health Intervention | 85.2\% (196) | 78.7\% (181) | 81.7\% (188) | 230 |
| Fitness Assessment | 92.5\% (492) | 86.7\% (461) | 81.0\% (431) | 532 |
| Physical Activity | 95.4\% (459) | 81.9\% (394) | 74.8\% (360) | 481 |
| Parental Involvement | 95.8\% (689) | 87.6\% (630) | 87.5\% (629) | 719 |
| Suicide Prevention | 74.7\% (286) | 83.6\% (320) | 90.6\% (347) | 383 |
| Suicide Postvention | 74.2\% (164) | 83.7\% (185) | 89.1\% (197) | 221 |
| Tobacco Use | 84.3\% (414) | 83.3\% (409) | 87.4\% (429) | 491 |
| Violence Prevention | 86.6\% (467) | 87.6\% (472) | 90.9\% (490) | 539 |
| Violence Intervention | 87.1\% (371) | 85.4\% (364) | 89.4\% (381) | 426 |

Other (please specify topic and campus level)

