## 2008-2009 School Health Survey

| 1. Please answer the following questions: |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | Response Percent | Response Count |
| District Name | - | 100.0\% | 957 |
| County-District Number | $\square$ | 100.0\% | 957 |
| Education Service Center Region Number |  | 100.0\% | 957 |
|  | answered question |  | 957 |
| skipped question |  |  | 0 |


| 2. Preparer Information |  |  |  |  |
| ---: | ---: | ---: | ---: | :--- |
|  |  |  |  |  |

3. School Health Advisory Council (SHAC) Information

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Name of SHAC District Chair Person |  | 100.0\% | 957 |
| Phone Number of SHAC District Chair Person |  | 100.0\% | 957 |
| Email Address of SHAC District Person |  | 100.0\% | 957 |
| answered question |  |  | 957 |
| skipped question |  |  | 0 |

## 4. District Fitness Assessment Testing Coordinator


5. How many times did your district's School Health Advisory Council (SHAC) meet during the 2007-2008 school year? (One or two digit numeric answer only please)

6. Has your school district implemented any policy, program, or practice as a result of the School Health Advisory Council making a recommendation?

|  |  | Response <br> Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes |  | 76.6\% | 610 |
| No (Skip to \# 4 ) |  | 23.6\% | 188 |
|  |  | answered question | 796 |
|  |  | skipped question | 161 |

7. If yes, what topic was addressed? (Check all that apply)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Health Education curriculum | $\square$ | 55.4\% | 339 |
| Coordinated School Health | $\square$ | 55.7\% | 341 |
| Recess | $\square$ | 20.9\% | 128 |
| Staff needs | $\square$ | 22.1\% | 135 |
| Wellness Policies | $\square$ | 64.4\% | 394 |
| Physical Activity requirements in grades K-8 | $\square$ | 44.8\% | 274 |
| Off-campus physical activity programs |  | 8.0\% | 49 |
| School Menu/Nutrition Services | $\square$ | 52.8\% | 323 |
| Adaptations for special populations in physical education | $\square$ | 7.0\% | 43 |
| Fundraising | $\square$ | 6.4\% | 39 |
| Parent Involvement | $\square$ | 32.7\% | 200 |
| Other (please specify) | $\square$ | 19.3\% | 118 |
|  |  | answered question | 612 |
|  |  | skipped question | 345 |

8. What percent of your elementary campuses adhere to the $\mathbf{3 0}$ minutes daily or 135 minutes weekly of moderate to vigorous physical activity requirement?


9. What is your school district's policy for meeting the elementary school physical activity requirement?


| 10. What is your school district's policy for meeting the middle/junior high school physical activity requirement? |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | Response Percent | Response Count |
| 30 minutes/day for four semesters in physical education | [ | 44.2\% | 352 |
| 225 minutes/two weeks for four semesters in physical education |  | 16.5\% | 131 |
| Four semester of physical activity in alternative program | $\square$ | 2.6\% | 21 |
| A mixture of physical education and alternative programs | L | 19.1\% | 152 |
| Other (please specify) | $\square$ | 17.6\% | 140 |
| answered question |  |  | 796 |
| skipped question |  |  | 161 |


|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Elementary physical activity policy | $\square$ |  | 74.0\% | 589 |
| Middle school physical activity policy | $\square$ |  | 71.2\% | 567 |
| School Health Advisory Council information |  |  | 76.1\% | 606 |
| Statement on parental access to student's fitness assessment results | $\square$ |  | 53.6\% | 427 |
| Tobacco Policies |  | $\square$ | 90.8\% | 723 |
| Vending Machine Policies | $\square$ |  | 64.9\% | 517 |
|  |  | answered question |  | 796 |
|  |  | skipped question |  | 161 |

12. At what website can this information be found? If you do not currently have a website with this information, please respond by entering "in progress". You will need to establish a website to include this information to address these statutory requirements.
13. Has your school district adopted policies to ensure that campuses comply with agency vending machine and food service guidelines for restricting student access to vending machines?

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 94.7\% | 754 |
| No |  |  | 5.3\% | 42 |
| answered question |  |  |  | 796 |
| skipped question |  |  |  | 161 |

14. How are those policies enforced? (Check all that apply)


15. Has your school district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on school campuses or at school-sponsored or school-related activities?

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 98.4\% | 783 |
| No | $\square$ |  | 1.6\% | 13 |
|  |  | answered question |  | 796 |
|  |  | skipped question |  | 161 |


| 16. How are those policies enforced? (Check all that apply) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | Response Percent | Response Count |
| financial penalties from principal | $\square$ |  | 6.8\% | 54 |
| financial penalties from superintendent | $\square$ |  | 3.3\% | 26 |
| other |  | $\square$ | 94.5\% | 752 |
| don't currently enforce the policies | $\square$ |  | 1.0\% | 8 |
| answered question |  |  |  | 796 |
| skipped question |  |  |  | 161 |

17. What Coordinated School Health Program is your district implementing in your elementary schools?


18. What Coordinated School Health Program is your district implementing in your middle and/or junior high schools?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Bienestar | $\square$ | 2.8\% | 22 |
| CATCH |  | 39.8\% | 317 |
| Healthy \& Wise/SPARK |  | 21.4\% | 170 |
| District-developed |  | 24.9\% | 198 |
| None |  | 11.2\% | 89 |
|  |  | answered question | 796 |
|  |  | skipped question | 161 |

19. Do you offer physical activity substitions for middle school?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes | $\square$ | 56.3\% | 448 |
| No -Skip to \#17 | $\square$ | 43.7\% | 348 |
|  |  | answered question | 796 |
|  |  | skipped question | 161 |

20. What type(s) of physical activity substitution(s) do you offer in middle school? (Check all that apply.)

| Response |
| ---: | ---: | ---: | ---: | ---: |
| Count |

21. Do you offer off-campus physical education substitutions for high school?

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 28.6\% | 228 |
| No (Skip to \#19) | $\square$ |  | 71.4\% | 568 |
| answered question |  |  |  | 796 |
| skipped question |  |  |  | 161 |

22. How is the off-campus physical education substitution met in high school?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Category I only (15 hours) |  | 21.0\% | 47 |
| Category II only (5 hours) |  | 19.2\% | 43 |
| Both Category I \& II |  | 59.8\% | 134 |
|  |  | answered question | 224 |
|  |  | skipped question | 733 |

23. Do you offer Health Education in seventh or eighth grade to meet the .5 credit graduation requirement for high school?
$\left.\begin{array}{c|c|c|c|c}\text { Response } \\ \text { Yes } & \text { Response } \\ \text { Count }\end{array}\right\}$
24. What forms of school health-related assessments do you use? (Check all that apply)

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| FitnessGram |  |  | 98.4\% | 783 |
| ActivityGram | $\square$ |  | 4.8\% | 38 |
| District-developed |  |  | 10.8\% | 86 |
| School Capacity Building | $\square$ |  | 0.6\% | 5 |
| PECAT | \| |  | 0.1\% | 1 |
| HECAT | \| |  | 0.1\% | 1 |
| School Health Index |  |  | 9.4\% | 75 |
| Other $\qquad$ (please specify) | $\square$ |  | 4.4\% | 35 |
|  |  | answered question |  | 796 |
|  |  | skipped question |  | 161 |

25. At what grade levels do you assess student fitness levels? (Check all that apply)

26. Who takes part in conducting your fitness assessment? (Check all that apply)

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Physical Education Teacher |  | $\square$ | 99.0\% | 788 |
| Dance Instructor | $\square$ |  | 11.9\% | 95 |
| School Nurse | $\square$ |  | 47.0\% | 374 |
| Classroom Teacher | $\square$ |  | 29.0\% | 231 |
| Parents | $\square$ |  | 3.3\% | 26 |
| Outside Hospital | I |  | 0.1\% | 1 |
| Marching Band Director | $\square$ |  | 17.6\% | 140 |
| Cheerleading/Drill Team Sponsor | $\square$ |  | 15.6\% | 124 |
| College Students | $\square$ |  | 3.0\% | 24 |
| Hired Consultants | $\square$ |  | 1.3\% | 10 |
| Other | $\square$ |  | 28.3\% | 225 |
|  |  | answered question |  | 796 |
|  |  | skipped question |  | 161 |

27. What is the average enrollment of your elementary physical education classes?


28. What is the average enrollment of your middle/junior high physical education classes?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| 1-25 students | $\square$ | 33.5\% | 267 |
| 26-40 students |  | 40.3\% | 321 |
| 41-60 students |  | 18.2\% | 145 |
| $61-80$ students |  | 3.9\% | 31 |
| More than 80 students |  | 4.0\% | 32 |
|  |  | answered question | 796 |
|  |  | skipped question | 161 |

29. What is the average enrollment of your high school physical education classes?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| 1-25 students |  | 45.4\% | 361 |
| 26-40 students | $\square$ | 35.4\% | 282 |
| 41-60 students | - | 13.2\% | 105 |
| $61-80$ students | $\square$ | 2.5\% | 20 |
| More than 80 students | $\square$ | 3.5\% | 28 |
|  |  | answered question | 796 |
|  |  | skipped question | 161 |

30. Of the physical education courses offered in your district grades $\mathrm{K}-12$, what percentage is taught by a certified physical education teacher?


31. At what grade levels do you require a certified physical education teacher? (Check all that apply)

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| PreK | - |  | 45.5\% | 362 |
| K |  |  | 86.2\% | 686 |
| 1 | $\square$ |  | 89.3\% | 711 |
| 2 |  |  | 90.2\% | 718 |
| 3 |  |  | 91.3\% | 727 |
| 4 |  |  | 91.1\% | 725 |
| 5 |  |  | 91.2\% | 726 |
| 6 |  |  | 94.3\% | 751 |
| 7 |  |  | 95.0\% | 756 |
| 8 |  |  | 95.0\% | 756 |
| 9 |  |  | 94.6\% | 753 |
| 10 |  |  | 93.8\% | 747 |
| 11 |  |  | 93.5\% | 744 |
| 12 |  | $\square$ | 93.5\% | 744 |
|  |  | answered question |  | 796 |
|  |  | skipped question |  | 161 |

32. Indicate in what grades your district collects statistics and data on any of the following health issues. (Check all that apply)



|  |  |  |  |
| ---: | ---: | ---: | ---: | ---: | :---: |

33. In this school year, indicate if your district staff has attended/will attend or needs training on any of the following topics. (Check all that apply)

|  | Attended/Will Attend | Need | Response Count |
| :---: | :---: | :---: | :---: |
| Teen pregnancy/STD Prevention/Abstinence | 85.3\% (556) | 19.5\% (127) | 652 |
| Suicide Prevention/Mental Health | 78.0\% (461) | 26.2\% (155) | 591 |
| Family Violence | 71.7\% (382) | 31.1\% (166) | 533 |
| Positive Youth Development | 76.6\% (428) | 27.2\% (152) | 559 |
| Child Abuse and Neglect | 83.4\% (514) | 20.5\% (126) | 616 |
| Pedestrian and Traffic Safety | 58.2\% (241) | 43.7\% (181) | 414 |
| Care of Students with Diabetes (Required by HB 984) | 90.3\% (643) | 12.9\% (92) | 712 |
| Eligibility and Benefits of CHIP/Medicaid | 69.6\% (351) | 31.7\% (160) | 504 |
| Coordinated School Health | 86.0\% (536) | 18.1\% (113) | 623 |
| Physical Education Curriculum Development | 85.8\% (530) | 17.5\% (108) | 618 |
| Health Education Curriculum Development | 84.7\% (514) | 17.8\% (108) | 607 |
| Nutrition Policies and Guidelines | 92.9\% (624) | 10.1\% (68) | 672 |
|  |  | answered question | 796 |
|  |  | skipped question | 161 |

34. Does your district utilize a teen pregnancy/STD prevention/Abstinence program/curriculum?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes | $\square$ | 72.5\% | 577 |
| No | $\square$ | 27.5\% | 219 |
|  |  | answered question | 796 |
| skipped question |  |  | 161 |

35. If No, would the district send teachers to the training if it was offered at your Education Service Center?

|  |  |  | Response <br> Percent | Response <br> Count |
| :--- | :--- | :--- | ---: | ---: |
| Yes | $\square$ |  | $85.4 \%$ | 234 |
| No | $\square$ |  | $14.6 \%$ | 40 |
|  |  |  |  |  |

36. Does your school district have a policy for addressing HIV prevention education?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes | $\square$ | 61.8\% | 492 |
| No | $\square$ | 25.5\% | 203 |
| In process of developing a policy or educational program | $\square$ | 12.7\% | 101 |
|  |  | answered question | 796 |
|  |  | skipped question | 161 |

37. If Yes, does your policy address any of the following? (Check all that apply)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Bloodborne Pathogens | $\square$ | 84.7\% | 460 |
| Abstinence | - | 81.2\% | 441 |
| Risk Reduction | $\square$ | 65.2\% | 354 |
|  |  | answered question | 543 |
|  |  | skipped question | 414 |

38. What percent of your campuses have a full-time registered nurse?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| less than $\mathbf{2 5 \%}$ | $\square$ | 33.0\% | 263 |
| $25-50 \%$ |  | 13.7\% | 109 |
| 50-75\% |  | 11.1\% | 88 |
| 75\%-99\% |  | 9.2\% | 73 |
| All Campuses |  | 33.0\% | 263 |
|  |  | answered question | 796 |
| skipped question |  |  | 161 |

39. What percent of your campuses have a full-time school counselor?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| less than $25 \%$ |  | 13.4\% | 107 |
| 25-50\% | $\square$ | 5.0\% | 40 |
| 51-75\% |  | 6.9\% | 55 |
| 76-99\% |  | 8.8\% | 70 |
| All Campuses |  | 65.8\% | 524 |
| answered question |  |  | 796 |
| skipped question |  |  | 161 |

40. In implementing HB 984, what percent of your campuses have trained Unlicensed Diabetes Care Assistants as outlined in the Diabetes Council Guidelines?


41. In implementing SB 7, what percent of your campuses have integrated instruction addressing CPR in your high school health education course?


42. Does your district have representation on community coalitions or collaborative efforts that address any of the following areas? (Check all that apply)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Mental Health Issues | $\square$ | 49.1\% | 391 |
| Substance Abuse | $\square$ | 60.3\% | 480 |
| Teen Pregnancy Prevention | - | 51.8\% | 412 |
| HIV/STD Prevention | $\square$ | 37.3\% | 297 |
| Obesity Prevention | , | 37.8\% | 301 |
| Child Safety | $\square$ | 65.2\% | 519 |
|  |  | answered question | 796 |
|  |  | skipped question | 161 |

43. The Child Nutrition and WIC Reauthorization Act of 2004 requires that each school district participating in the School Meals Program shall establish a local wellness policy. Has your district started the required plan for measuring the implementation of your local wellness policy?


N/A (Our district does not accept
federal funding for reimbursable meals)
answered question 796
skipped question
44. As a result of measuring the implementation of your local wellness policy, has your district had to update or amend your local wellness policy?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes | $\square$ | 33.0\% | 263 |
| No | - | 56.9\% | 453 |
| N/A |  | 10.1\% | 80 |
|  |  | answered question | 796 |
| skipped question |  |  | 161 |

45. Does your local wellness policy support the efforts of your local School Health Advisory Council?

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 92.6\% | 737 |
| No | [ |  | 0.9\% | 7 |
| N/A | $\square$ |  | 6.5\% | 52 |
|  |  | answered question |  | 796 |
|  |  | skipped question |  | 161 |

46. Does your local wellness policy support the efforts of your Coordinated Health Program?

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 90.6\% | 721 |
| No | $\square$ |  | 1.1\% | 9 |
| N/A |  |  | 8.3\% | 66 |
|  |  | answered question |  | 796 |
|  |  | skipped question |  | 161 |

