

## Esthetics

PEIMS Code: : N1302533

Abbreviation: COSMETF

Grade Level(s): 10-12

Award of Credit: 2.0

### State Approved Innovative Course

- Districts must have local board approval to implement innovative courses.
- In accordance with Texas Administrative Code (TAC) §74.27, school districts must provide instruction in all essential knowledge and skills identified in this innovative course.
- Innovative courses may only satisfy elective credit toward graduation requirements.
- Please refer to TAC §74.13 for guidance on endorsements.

### Course Description:

Students enrolled in Esthetics will explore the practical skills of a skin care professional, including introduction to the treatment environment, basic facial treatments, hair removal, corrective skin care treatments, makeup application, special effects makeup application and the technology likely to be performed in a salon, spa, or clinical setting.

### Essential Knowledge and Skills:

- (a) General Requirements. This course is recommended for students in Grades 10-12. Students shall be awarded two credits for successful completion of this course.
- (b) Introduction.
  - (1) Career and technical education instruction provides content aligned with challenging academic standards and relevant technical knowledge and skills for students to further their education and succeed in current or emerging professions.
  - (2) The Human Services Career Cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs such as counseling and mental health services, family and community services, personal care services, and consumer services.
  - (3) Students enrolled in Esthetics will explore the practical skills of a skin care professional, introducing them to the treatment environment, basic facial treatments, hair removal, corrective skin care treatments, makeup application, special effects makeup application and the technology likely to be performed in a salon, spa or clinical setting.
  - (4) Students are encouraged to participate in extended learning experiences such as career and technical student organizations and other leadership or extracurricular organizations.
  - (5) Statements that contain the word "including" reference content that must be mastered, while those containing the phrase "such as" are intended as possible illustrative examples.
- (c) Knowledge and Skills.
  - (1) The student demonstrates professional standards/employability skills as required by business and industry. The student is expected to:

- (A) demonstrate professionalism in how to dress appropriately, speak politely, and conduct ones' self in a manner appropriate for the profession and work site;;
- (B) employ the ability to be trustworthy by complying with an ethical course of action;
- (C) comply with all applicable rules, laws, and regulations;
- (D) use conflict management skills to avoid potential or perceived conflict;
- (E) investigate employment opportunities, including entrepreneurship;
- (F) evaluate data or outcome of a broad range of personal care services;
- (G) demonstrate effective oral and written communication skills with diverse individuals including coworkers, management, and customers;
- (H) develop skill in handling multiple tasks simultaneously such as prioritizing tasks, managing;
- (I) workflow under pressure, and completion of work related activities in a timely manner;
- (J) exercise personal ownership over the quantity and quality of individual performance and team assignment; and
- (K) employ leadership skills within a classroom or community setting to maintain positive relationships.

(2) The student applies academic skills to the field of esthetics. The student is expected to:

- (A) defend the importance of anatomy, physiology, and knowledge of skin disorders and diseases to the esthetics profession;
- (B) summarize the structure, composition, and growth of skin;
- (C) test the principles of organic and inorganic chemistry;
- (D) evaluate solutions, suspensions, and emulsions that may be used during esthetics services, such as facials, hair removal, makeup application, and maintenance of the skin;
- (E) describe the chemistry and main ingredients of facial treatments and products;
- (F) formulate a salon infection control plan to maintain health and safety of employees and clients;
- (G) demonstrate an understanding of principles of Biology by identifying living tissues, cells, and organisms to provide safe and effective personal care services;
- (H) evaluate different types of signs and conditions associated with skin types such as oily skin, dry skin, normal skin, combination skin, and acne to determine the proper facial treatment; and
- (I) integrate organizational policies, procedures, and regulations to establish personal care priorities and provide a high-quality service to a diverse set of clients.

(3) The student demonstrates knowledge of rules and regulations established by the Texas Department of Licensing and Regulation (TDLR). The student is expected to:

- (A) apply health and safety policies and procedures;
- (B) recognize risks and potentially hazardous situations in compliance with TDLR;
- (C) navigate TDLR website for exam eligibility, exam results, and student hours; and

- (D) identify licensure and renewal requirements of the licensee or licensed cosmetology establishment or school.
- (4) The student demonstrates proficiency in the use of tools, equipment, technologies, and materials used as an esthetician. The student is expected to:
  - (A) employ safe and effective use of tools used in the field of esthetics such as a high frequency machine, galvanic current, or other electrical skin care devices;
  - (B) utilize ergonomically designed equipment to promote professional efficiency;
  - (C) use available technology sources effective in a professional salon setting;
  - (D) apply universal precautions in disposal of hazardous and nonhazardous materials;
  - (E) formulate client services based on the correct use of materials such as quality and quantity.
  - (F) demonstrate knowledge of cleaning, disinfecting, sterilizing, and storage of implements and equipment;
  - (G) demonstrate the knowledge of new and emerging technologies which may affect the field of esthetics; and
  - (H) demonstrate the proper use of a magnifying lamp during a skin analysis.
- (5) The student applies academic knowledge and practical skills to simulated and actual work situations. The student is expected to:
  - (A) appraise client desires to assist with formulation of personal care service;
  - (B) judge client satisfaction by recording solutions, procedures, and products to enhance future services and client interactions;
  - (C) use vendor resources to provide maximum benefit for clients, service providers, businesses, or organizations;
  - (D) demonstrate mastery of basic facial treatments such as facial massage, extraction, steam facials, masks, and exfoliation;
  - (E) develop skill in the application of facial makeup such as eyelashes, cosmetics, lash and brow tints;
  - (F) employ safe and effective use of advanced facial treatments such as chemical and enzyme peels, high frequency galvanic current, vacuuming and brushing, electrodes, tweezers, and comodo extractors;
  - (G) explore the effects of color theory and aromatherapy;
  - (H) demonstrate the ability to remove products from containers without contamination;
  - (I) maintain sanitary work station and materials throughout service; and
  - (J) demonstrate with proficiency hair removal techniques such as waxing, sugaring, tweezing, depilatories, and threading.
- (6) The student analyzes career paths within the cosmetology industry. The student is expected to:
  - (A) explore marketing techniques when selecting and using multimedia to attract and retain clientele;
  - (B) formulate a salon service menu based upon current industry trends;

- (C) consolidate various methods of obtaining feedback from clients to understand their expectations and promote high-quality standards;
- (D) create employment portfolio containing content such as certifications, samples of work, achievements, and supervisor or instructor evaluations; and
- (E) analyze the role of professional organizations in cosmetology professions.

#### **Recommended Resources and Materials:**

Internet access

Milady Publishing. (2015). *Milady Standard Cosmetology 13th Edition*. Independence, KY Cengage Learning.

Milady Publishing (2013). *Milady Standard Esthetics 11th Edition*. Independence, KY Cengage Learning.

#### **Recommended Course Activities:**

Students will participate in real world and simulated activities in the areas of health screening, skin analysis and consultation, facial manipulations, cleansing procedures, masks, extraction techniques machine equipment and electricity, manual facials and treatments, machine, electrical facials and treatments, general procedures and safety measures.

#### **Suggested methods for evaluating student outcomes:**

Digital testing and a comprehensive learning management system may be used. Formative and summative assessments using technology, and other online applications accessed using a personal computer or smart device may also be used.

#### **Teacher qualifications:**

An assignment for Esthetics is allowed with one of the following certificates plus a valid license as a cosmetology instructor issued by the Texas Department of Licensing and Regulation.

Trade and Industrial Education:

- Grades 6-12 with work approval in cosmetology as identified on the certificate
- Grades 8-12 with work approval in cosmetology as identified on the certificate
- Vocational Trades and Industry with work approval in cosmetology as identified on the certificate

#### **Additional information:**

Cosmetology schools are required to obtain approval from TDLR before any and all cosmetology curriculum is offered by the cosmetology school. Cosmetology schools are also required to obtain prior approval before making any changes or revisions to approved cosmetology curriculum.