

October 5, 2016

Action Required

**TO THE ADMINISTRATOR ADDRESSED:**

**Subject: Required Physical Fitness Assessment**

Texas Education Code, §38.101 and §38.103, require the fitness levels of all public school students who are in grades 3-12 and enrolled in a physical education course or any physical education substitute course or activity be assessed at least once annually. In 2007-2008, the Texas Education Agency (TEA) identified FitnessGram® as the assessment tool to be used by all school districts. School districts and open-enrollment charter schools are required to submit the results of the assessment to the TEA each school year through FitnessGram software or the Physical Fitness Assessment Initiative (PFAI) application.

TEA has entered into a contract with US Games and The Cooper Institute to provide a statewide license for FitnessGram software at no cost to schools for the 2016-2017 school year. Districts and charter schools that elect to use FitnessGram software are required to register with US Games. The campus site license provides software access, information regarding updates to FitnessGram software, and FitnessGram media and training videos. Before accessing the system and entering data, the student information system (SIS) vendor extract must be approved by the FitnessGram Help Desk.

If you are a returning user of the web-based application you do not need to register again. Please visit <https://myhealthyzone.fitnessgram.net> and enter your username, password, and 4-character district code. Click the login button to continue.

Please visit <http://www.fitnessgram.net/state/tx> for instructions and registration information.

Districts that elect not to report the assessment data results via FitnessGram software must upload the data via the TEA's PFAI application. To access PFAI to upload assessment results, districts are required to login through a Texas Education Agency Secure Environment (TEASE) account. A TEASE account may be set up through the TEASE gateway with a user name and password. Instructions for this process can be found at [http://www.tea.state.tx.us/pfai\\_tease.pdf](http://www.tea.state.tx.us/pfai_tease.pdf).

The FitnessGram software and PFAI application opened on **September 9, 2016** for the 2016-2017 school year. All fitness data submitted via FitnessGram software or the PFAI system for the 2016-2017 school year must be submitted on or before **5:00 pm (CDT) on June 9, 2017**.

Questions related to FitnessGram software and the campus site license should be directed to US Games by telephone at 1 (800) 327-0484 (ext. 2332) or by email at [fitnessgram@usgames.com](mailto:fitnessgram@usgames.com). For technical assistance questions, please email [support@fitnessgram.net](mailto:support@fitnessgram.net) or call 1 (800) 416-5139.

Questions related to the PFAI application may be directed to TEA by telephone at (512) 463-9581 or by email at [pfaiprogramsupport@tea.texas.gov](mailto:pfaiprogramsupport@tea.texas.gov).

Aggregate physical fitness assessment data from previous school years are available at <http://tea.texas.gov/index2.aspx?id=25769817461&menuid=25769804474>.

Sincerely,

Monica Martinez  
Associate Commissioner  
Standards and Support Services