

PFAI File Information and Upload Help Template

This document provides detailed information on creating the PFAI student data submission file. Information about all worksheets follows.

Worksheet two, Upload Help, contains definitions of data required for the PFAI student data submission file. Worksheet three contains a spreadsheet with sample data and cell formatting details. The PFAI student data submission file must be saved and uploaded as a csv (comma delimited) (*.csv) file. Data may also be uploaded as a text (*.txt) file.

If errors are reported when uploading data files in PFAI, open the file in Excel or Notepad and view the file to identify and correct errors. Note: If the file is reopened in Excel, formatting that may have existed for columns A, C, and D may be lost and if so, must be reformatted. For details, see Organizing Data for the PFAI File in the Quick-Start Guide.

A formatted spreadsheet for creating the PFAI upload file can be accessed from <https://tea.texas.gov/texas-schools/health-safety-discipline/physical-fitness-assessment-initiative>.

For detailed information and assistance, please see the Quick-Start Guide: Physical Fitness Assessment

Student Upload to TEA

Element Name	Description	Type	Possible Values
School ID	Identification number of School (9 Digit County District Campus Number)	String (9)	Required Only use whole numbers. Do not use Hyphens. Leading zero required, if applicable to School ID.
School Name	Name of School	String (75)	Required
Test Date	Make sure the upload file has only the most recent or current test date. (mm/dd/yyyy)	DateTime	Required Values may contain leading zeroes or not. Examples: "3/1/2021" "03/01/2021" * Note: Quotes above are only for reference and should not be used in actual value.
Student Grade	Current grade level.	Integer	Required Leading zeros acceptable (i.e. "03" or "3"). "3" - Third Grade "4" - Fourth Grade "5" - Fifth Grade "6" - Sixth Grade "7" - Seventh Grade "8" - Eighth Grade "9" - Ninth Grade "10" - Tenth Grade "11" - Eleventh Grade "12" - Twelfth Grade * Note: Quotes above are only for reference and should not be used in actual value.
Student Gender	Student gender	String (1)	Required Not case-sensitive (i.e. "M" or "m" are acceptable) "M" - Male "F" - Female * Note: Quotes above are only for reference and should not be used in actual value.
Height	Expressed as total inches. (PFAI will calculate BMI from height and weight)	Integer	A whole number. Lines 8 and 9 (H/W) OR 10 and 11 (Skinfold) should be completed.
Weight	Expressed in pounds. (PFAI will calculate BMI from height and weight)	Integer	A whole number. Lines 8 and 9 (H/W) OR 10 and 11 (Skinfold) should be completed.
Skinfold Tricep	Skinfold Tricep Site (PFAI will calculate % body fat from both skinfold sites)	Integer	A whole number. Lines 8 and 9 (H/W) OR 10 and 11 (Skinfold) should be completed.
Skinfold Calf	Skinfold Calf Site (PFAI will calculate % body fat from both skinfold sites)	Integer	A whole number. Lines 8 and 9 (H/W) OR 10 and 11 (Skinfold) should be completed.
1 Mile Run (Minutes)	One-mile Run in minutes	Integer	A whole number. Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
1 Mile Run (Seconds)	One-mile Run in seconds (0-59)	Integer	A whole number 0-59 only . Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
PACER Laps	Progressive Aerobic Cardiovascular Endurance Run (PACER) Laps	Integer	A whole number 0-300 only . Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
1 Mile Walk (Minutes)	One-mile Walk in minutes	Integer	A whole number. Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
1 Mile Walk (Seconds)	One-mile Walk in seconds (0-59)	Integer	A whole number 0-59 only . Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
1 Mile Walk Heart Rate	One-mile Walk heart rate	Integer	A whole number. Lines 12 and 13 (Run) OR 14 (Pacer) OR 15, 16, and 17 (Walk)
Curl Up		Integer	A whole number 0-75 only .
Trunk Lift	Expressed in inches not to exceed 12	Integer	A whole number 0-12 only .

Student Upload to TEA

Element Name	Description	Type	Possible Values
Push Up		Integer	A whole number 0-99 only. Line 20 (Push Up) OR 21 (Modified) OR 22 (Flexed)
Modified Pull Up		Integer	A whole number 0-999 only. Line 20 (Push Up) OR 21 (Modified) OR 22 (Flexed)
Flexed Arm Hang	Expressed in seconds	Integer	A whole number 0-999 only. Line 20 (Push Up) OR 21 (Modified) OR 22 (Flexed)
Back Saver Sit & Reach – Left	Expressed in inches not to exceed 12	Integer	A whole number 0-12 only. Lines 23 and 24 (Back Saver) OR 25 and 26 (Shoulder Stretch)
Back Saver Sit & Reach – Right	Expressed in inches not to exceed 12	Integer	A whole number 0-12 only. Lines 23 and 24 (Back Saver) OR 25 and 26 (Shoulder Stretch)
Shoulder Stretch – Left		Integer	"1" - No "2" - Yes * Note: Quotes above are only for reference and should not be used in actual value. Lines 23 and 24 (Back Saver) OR 25 and 26 (Shoulder Stretch)
Shoulder Stretch – Right		Integer	"1" - No "2" - Yes * Note: Quotes above are only for reference and should not be used in actual value. Lines 23 and 24 (Back Saver) OR 25 and 26 (Shoulder Stretch)
IsHispanicLatino	Ethnicity: If selected then Student is considered Hispanic/Latino otherwise Not Hispanic/Latino	Boolean	"1" - Selected "0" or Blank - Not Selected * Note: Quotes above are only for reference and should not be used in actual value.
IsAmericanIndianAlaskaNative	Race: If selected then Student is considered American Indian or Alaska Native	Boolean	"1" - Selected "0" or Blank - Not Selected * Note: Quotes above are only for reference and should not be used in actual value.
IsAsian	Race: If selected then Student is considered Asian	Boolean	"1" - Selected "0" or Blank - Not Selected * Note: Quotes above are only for reference and should not be used in actual value.
IsBlackAfricanAmerican	Race: If selected then Student is considered Black or African American	Boolean	"1" - Selected "0" or Blank - Not Selected * Note: Quotes above are only for reference and should not be used in actual value.
IsNativeHawaiianOtherPacificIslander	Race: If selected then Student is considered Native Hawaiian or Other Pacific Islander	Boolean	"1" - Selected "0" or Blank - Not Selected * Note: Quotes above are only for reference and should not be used in actual value.
IsWhite	Race: If selected then Student is considered White	Boolean	"1" - Selected "0" or Blank - Not Selected * Note: Quotes above are only for reference and should not be used in actual value.

School ID	School Name	Test Date	Student Grade	Student Gender	Height	Weight	Skinfold Tricep	Skinfold Calf	1 Mile Run (Minutes)	1 Mile Run (Seconds)	PACER Laps	1 Mile Walk (Minutes)	1 Mile Walk (Seconds)	1 Mile Walk Heart Rate	Curf Up	Trunk Lift	Push Up	Modified Pull Up	Flexed Arm Hang	Back Saver Sit & Reach-Left	Back Saver Sit & Reach-Right	Shoulder Stretch-Left	Shoulder Stretch-Right	IsHispanic Latino	IsAmericanIndian AlaskaNative	IsAsian	IsBlackAfrican American	IsNativeHawaiian OtherPacifcIsland	IsWhite
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