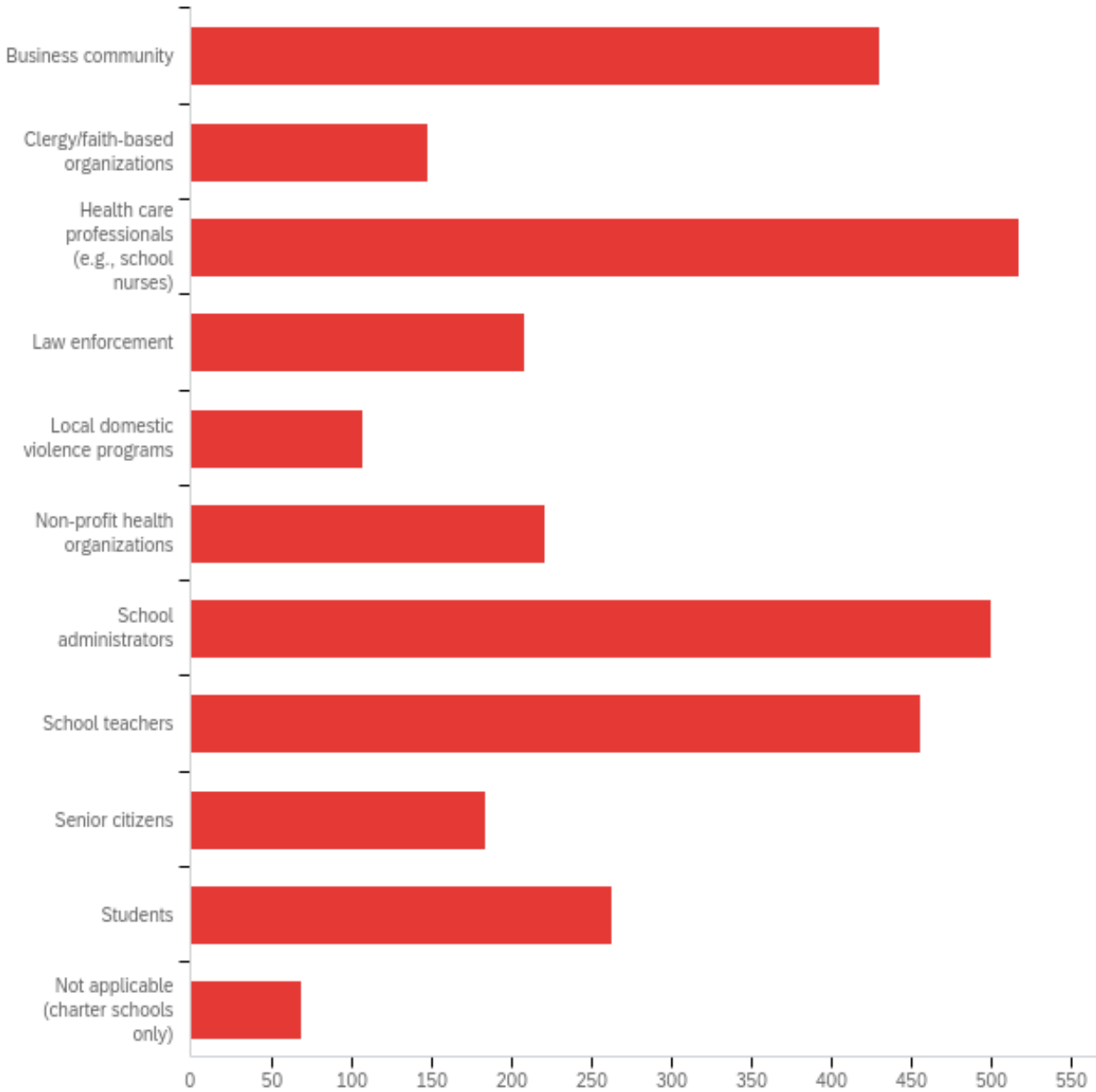


School Health Survey 2018-2021

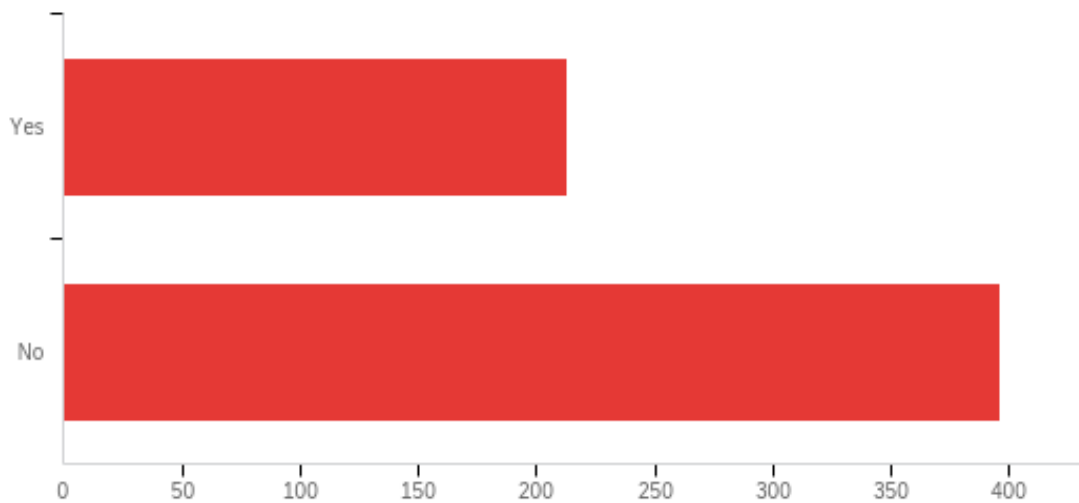
Q5: During the 2018-2021 academic years, were members of the following groups represented on your SHAC? (Mark all that apply.)



#	Answer	%	Count
1	Business community	13.86%	430
2	Clergy/faith-based organizations	4.77%	148

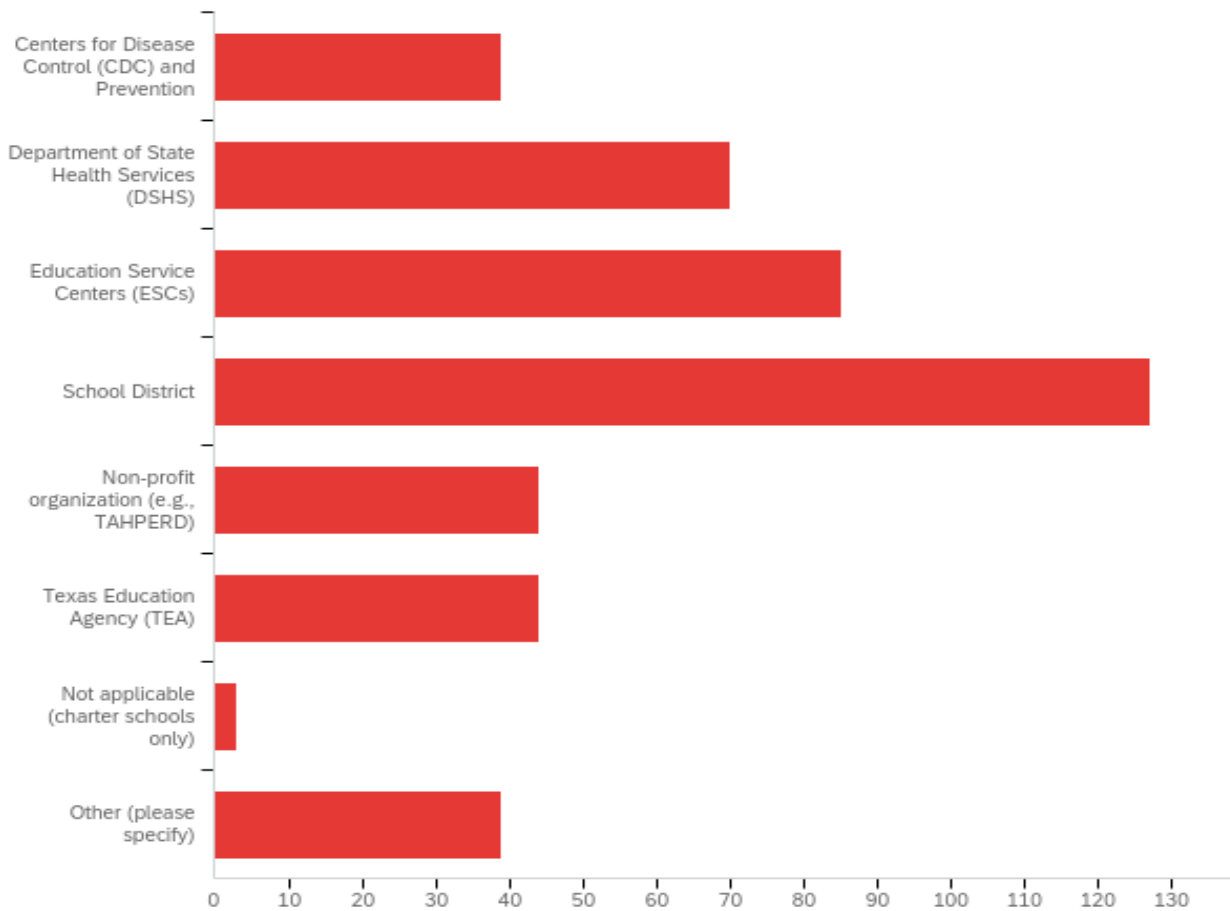
3	Health care professionals (e.g., school nurses)	16.67%	517
4	Law enforcement	6.71%	208
5	Local domestic violence programs	3.45%	107
6	Non-profit health organizations	7.12%	221
7	School administrators	16.12%	500
8	School teachers	14.67%	455
9	Senior citizens	5.93%	184
10	Students	8.48%	263
11	Not applicable (charter schools only)	2.22%	69
	Total	100%	3102

Q6: During the 2018-2021 academic years, did your district/charter school SHAC receive any formal training related to development, recruitment, leadership, policy improvement strategies, etc.?



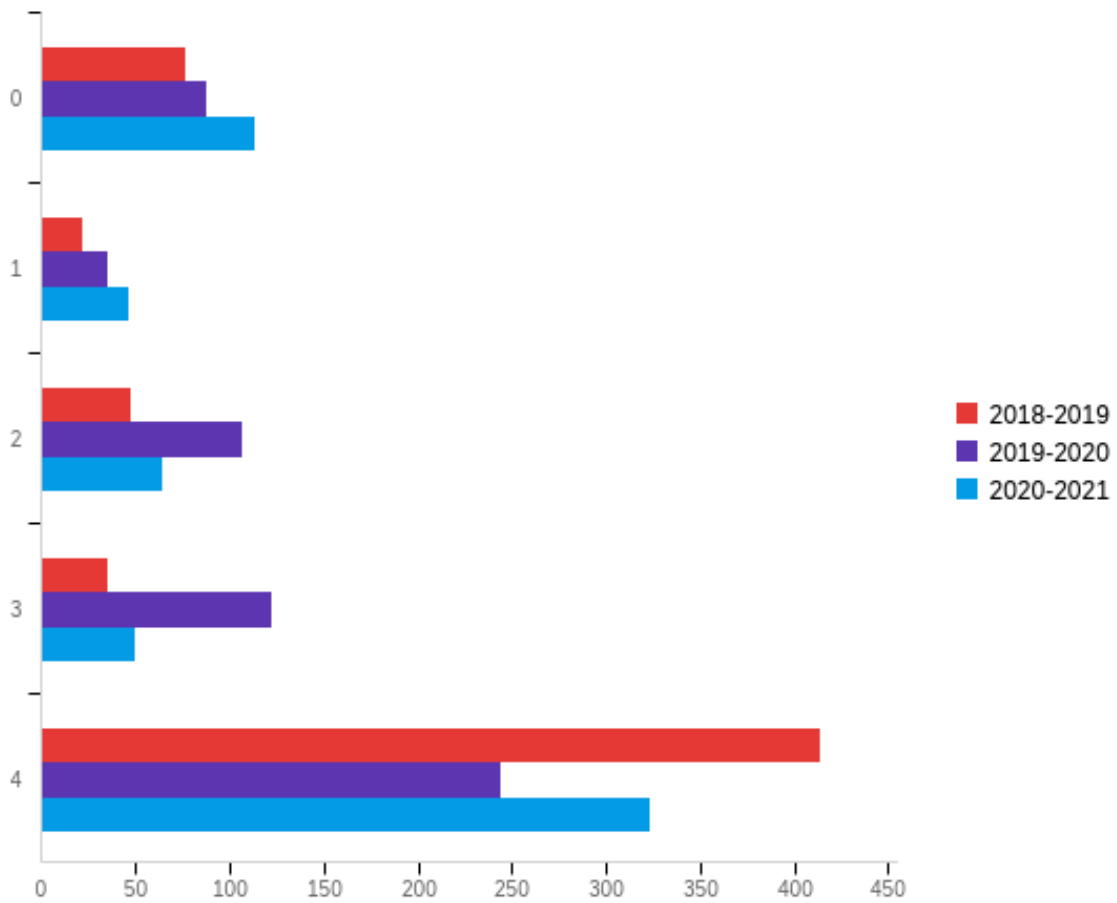
#	Answer	%	Count
1	Yes	34.98%	213
2	No	65.02%	396
	Total	100%	609

Q7: If you responded "Yes" on the previous question for the 2018-2021 academic years, please select the following organizations that provided the formal training. (Mark all that apply.)



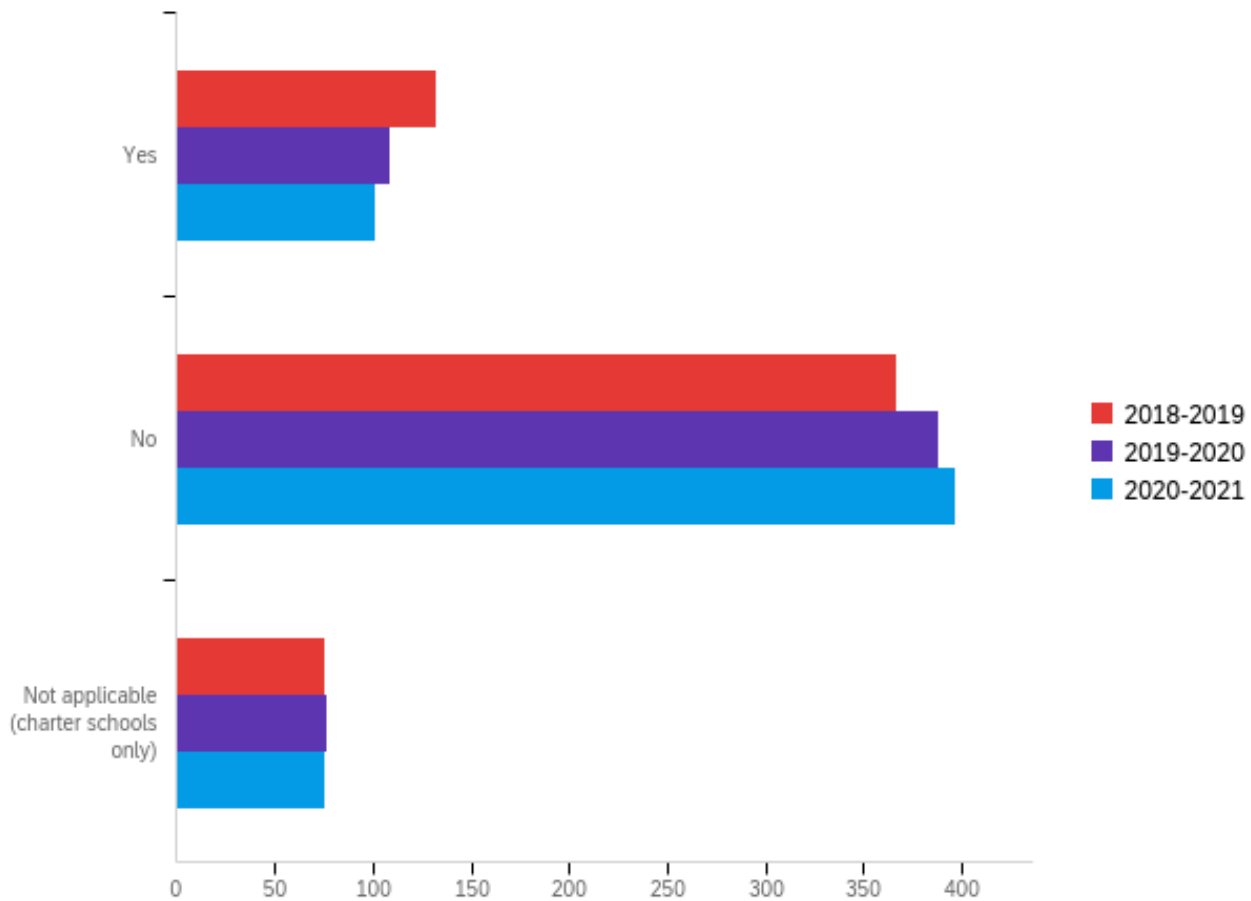
#	Answer	%	Count
3	Centers for Disease Control (CDC) and Prevention	8.65%	39
4	Department of State Health Services (DSHS)	15.52%	70
5	Education Service Centers (ESCs)	18.85%	85
6	School District	28.16%	127
7	Non-profit organization (e.g., TAHPERD)	9.76%	44
8	Texas Education Agency (TEA)	9.76%	44
9	Not applicable (charter schools only)	0.67%	3
10	Other (please specify)	8.65%	39
	Total	100%	451

Q8: How many times did your SHAC meet during the following academic years?



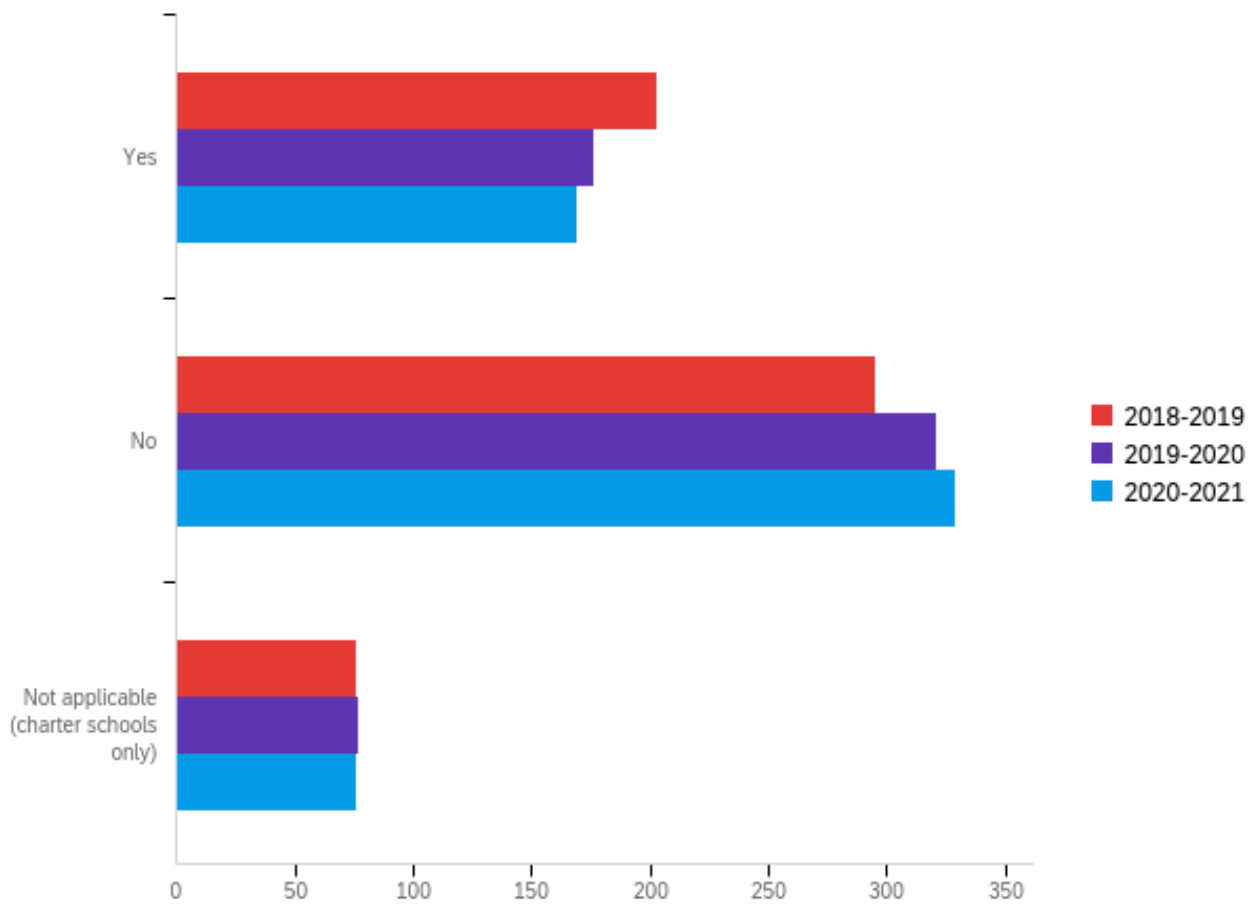
#	Question	0	1	2	3	4	Total					
1	2018-2019	12.92%	77	3.69%	22	8.05%	48	5.87%	35	69.46%	414	596
2	2019-2020	14.77%	88	5.87%	35	17.95%	107	20.47%	122	40.94%	244	596
3	2020-2021	18.96%	113	7.72%	46	10.74%	64	8.39%	50	54.19%	323	596

Q9: During the following academic years, did your local SHAC physical activity and fitness planning subcommittee make any policy recommendations related to physical activity and fitness pursuant to TEC [§28.004\(l-1\)](#)?



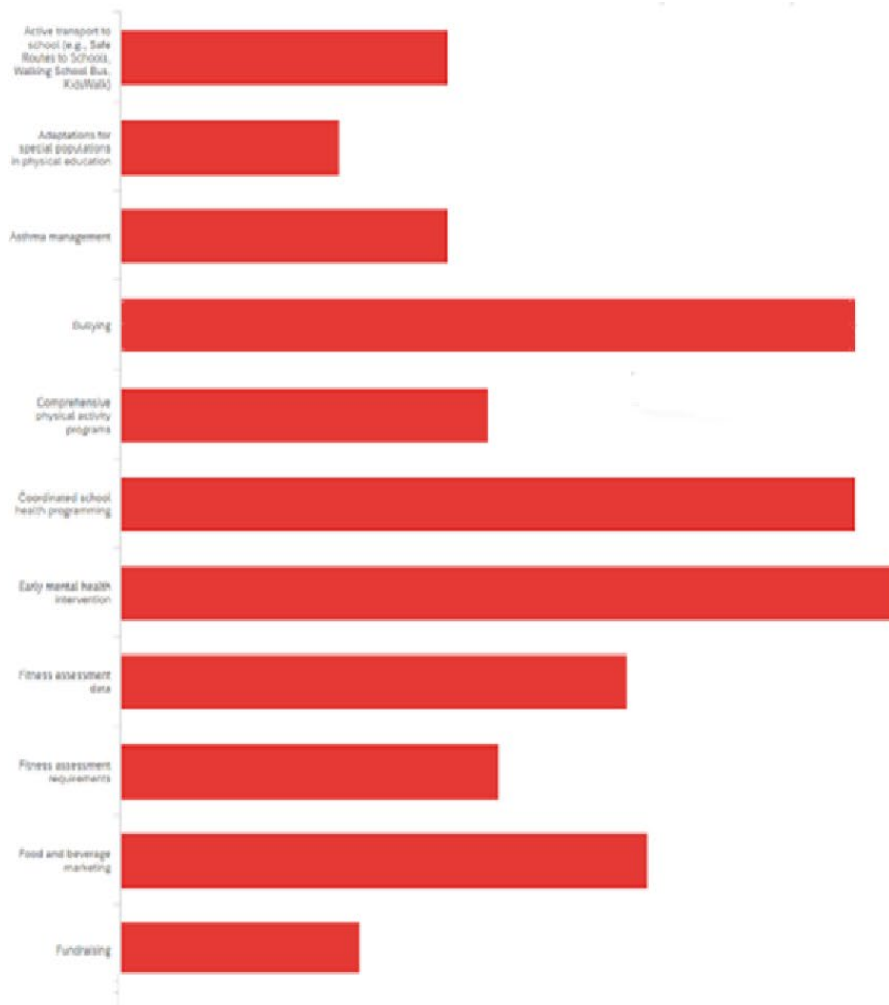
#	Question	Yes		No		Not applicable (charter schools only)		Total
1	2018-2019	23.00%	132	63.94%	367	13.07%	75	574
2	2019-2020	18.99%	109	67.60%	388	13.41%	77	574
3	2020-2021	17.60%	101	69.16%	397	13.24%	76	574

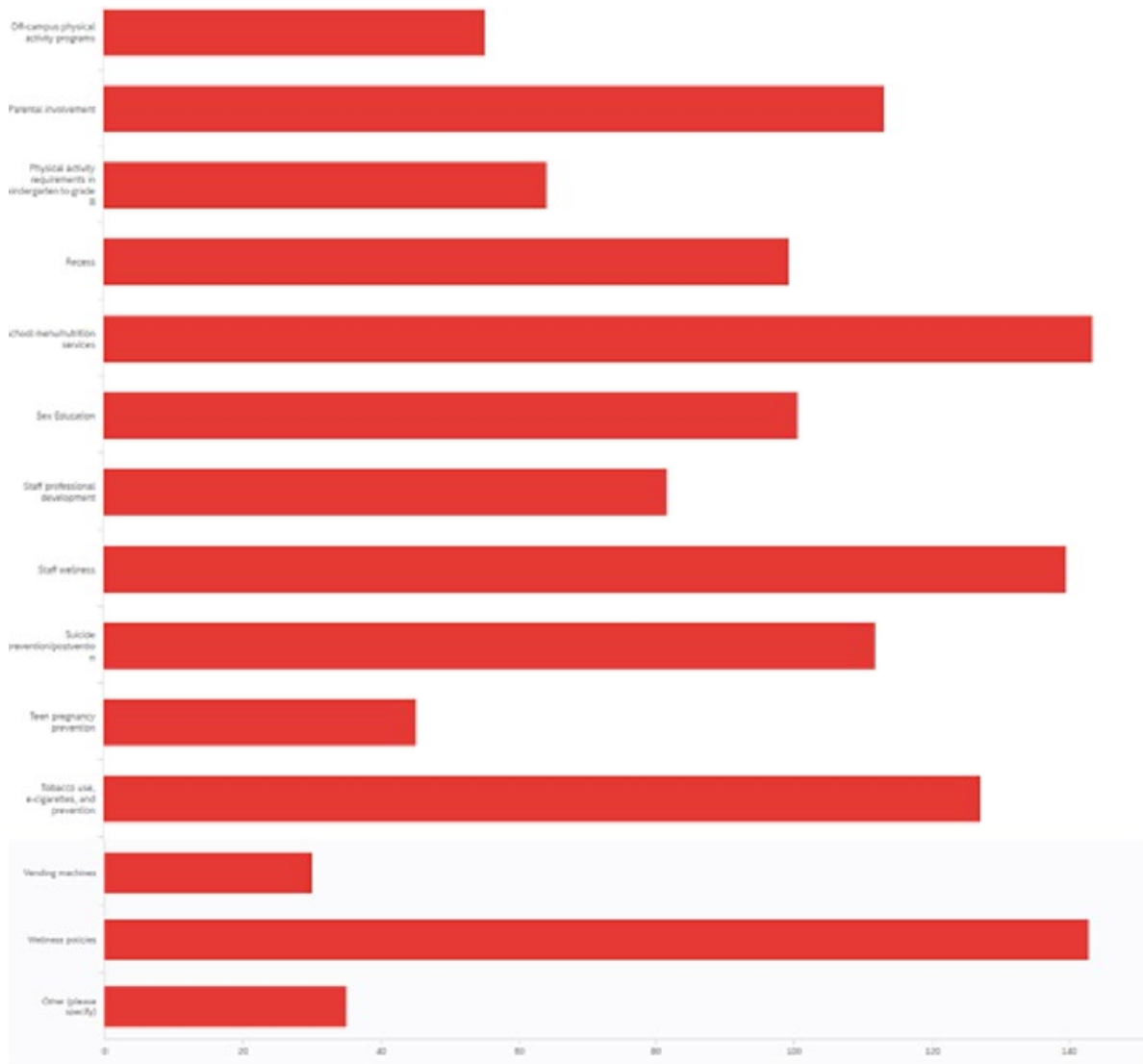
Q10: During the following academic years, did your school board or district/charter school implement/change a policy, program, or practice as a result of a SHAC recommendation?



#	Question	Yes		No		Not applicable (charter schools only)		Total
1	2018-2019	35.37%	203	51.39%	295	13.24%	76	574
2	2019-2020	30.66%	176	55.92%	321	13.41%	77	574
3	2020-2021	29.44%	169	57.32%	329	13.24%	76	574

Q11: If you responded "Yes" on the previous question for the 2018-2021 academic years, please indicate what topics were addressed. (Mark all that apply.)

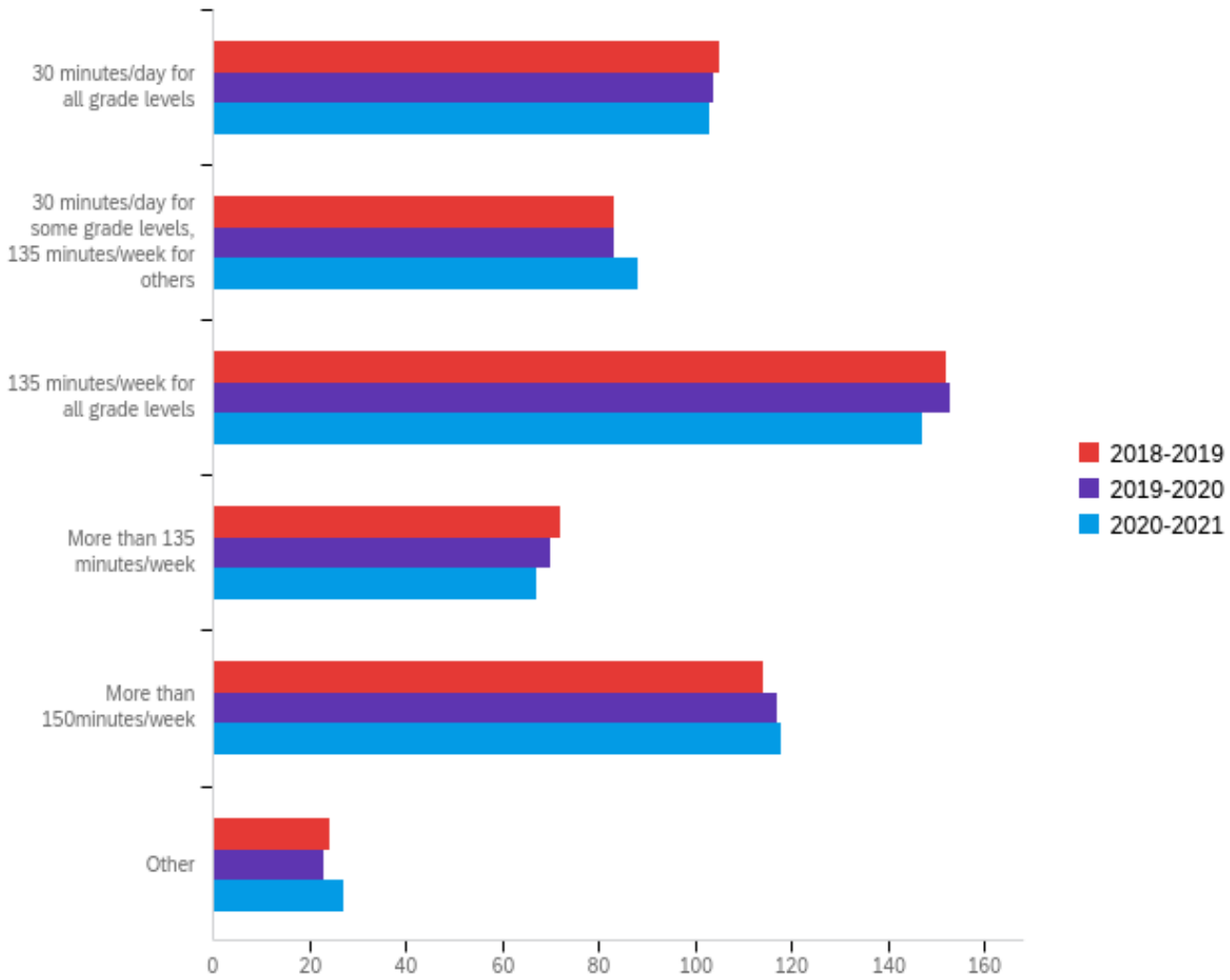




#	Answer	%	Count
1	Active transport to school (e.g., Safe Routes to Schools, Walking School Bus, KidsWalk)	1.80%	33
2	Adaptations for special populations in physical education	1.20%	22
3	Asthma management	1.80%	33
4	Bullying	4.04%	74
5	Comprehensive physical activity programs	2.02%	37
6	Coordinated school health programming	4.04%	74
7	Early mental health intervention	4.26%	78
8	Fitness assessment data	2.78%	51
9	Fitness assessment requirements	2.07%	38

10	Food and beverage marketing	2.89%	53
11	Fundraising	1.31%	24
12	Health education curriculum	4.37%	80
13	Health promotion	6.00%	110
14	High school graduation requirements	1.31%	24
15	HIV/STD prevention (education, universal precautions, curricula)	1.80%	33
16	Off-campus physical activity programs	2.40%	44
17	Parental involvement	4.91%	90
18	Physical activity requirements in kindergarten to grade 8	2.78%	51
19	Recess	4.31%	79
20	School menu/nutrition services	6.22%	114
21	Sex Education	4.37%	80
22	Staff professional development	3.55%	65
23	Staff wellness	6.06%	111
24	Suicide prevention/postvention	4.86%	89
25	Teen pregnancy prevention	1.97%	36
26	Tobacco use, e-cigarettes, and prevention	5.51%	101
27	Vending machines	1.64%	30
28	Wellness policies	7.81%	143
29	Other (please specify)	1.91%	35
	Total	100%	1832

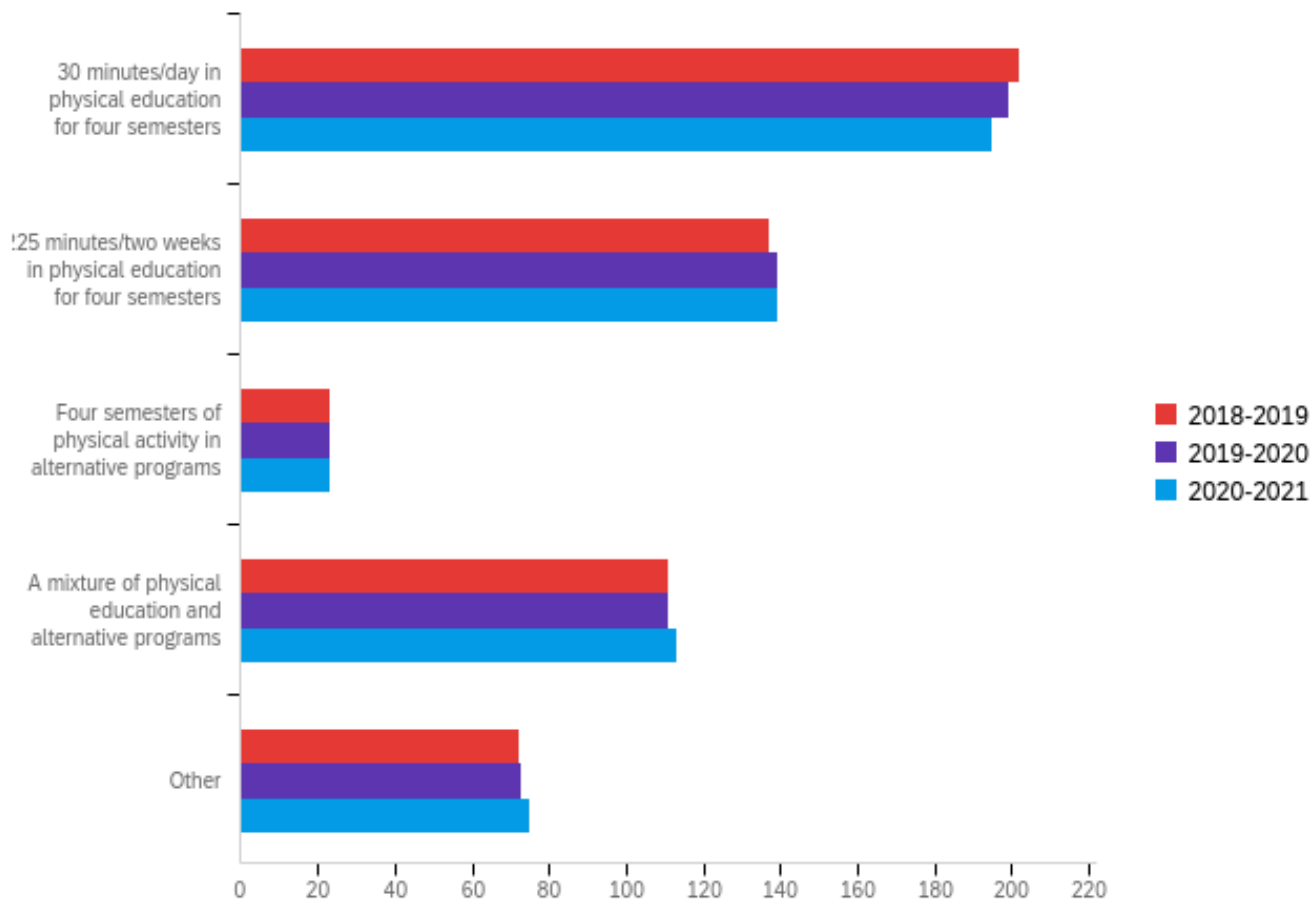
Q12: During the following academic years, what was your district/charter school's practice for meeting the elementary school physical activity requirement?



#	Question	30 minutes/day for all grade levels	30 minutes/day for some grade levels, 135 minutes/week for others	135 minutes/week for all grade levels	More than 135 minutes/week	More than 150 minutes/week	Other	Total						
1	2018-2019	19.09%	105	15.09%	83	27.64%	152	13.09%	72	20.73%	114	4.36%	24	550
2	2019-2020	18.91%	104	15.09%	83	27.82%	153	12.73%	70	21.27%	117	4.18%	23	550
3	2020-2021	18.73%	103	16.00%	88	26.73%	147	12.18%	67	21.45%	118	4.91%	27	550

Q13: If you select “other”, please specify. (free response)

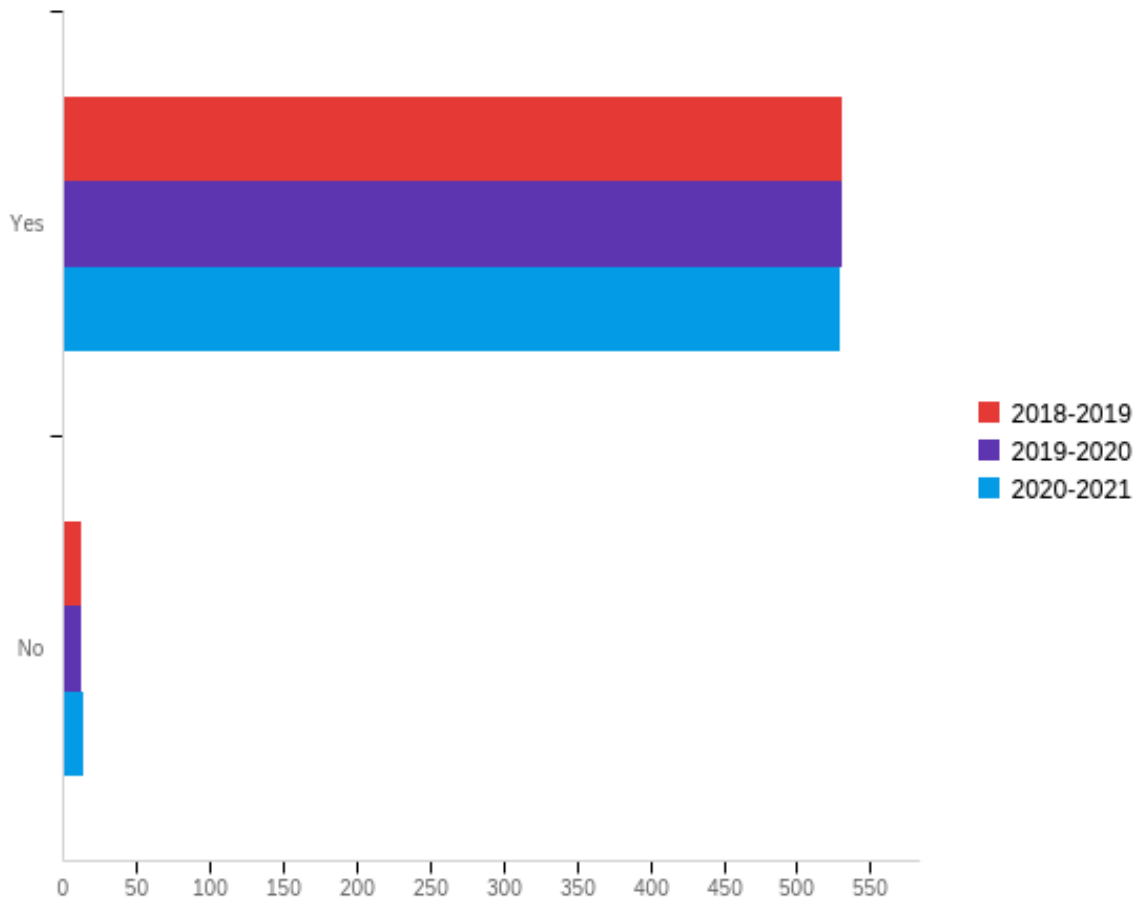
Q14: During the following academic years, what was your district/charter school's practice for meeting the middle/junior high school physical activity requirement?



#	Question	30 minutes/day in physical education for four semesters	225 minutes/two weeks in physical education for four semesters	Four semesters of physical activity in alternative programs	A mixture of physical education and alternative programs	Other	Total					
1	2018-2019	37.06%	202	25.14%	137	4.22%	23	20.37%	111	13.21%	72	545
2	2019-2020	36.51%	199	25.50%	139	4.22%	23	20.37%	111	13.39%	73	545
3	2020-2021	35.78%	195	25.50%	139	4.22%	23	20.73%	113	13.76%	75	545

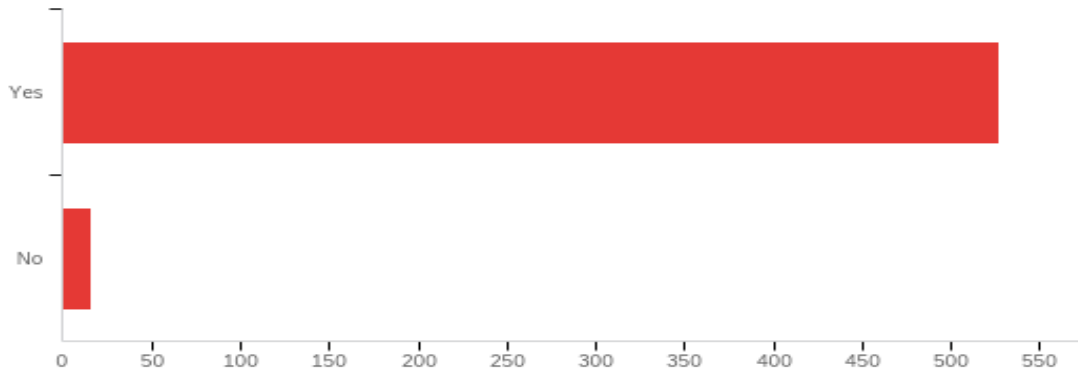
Q15: If you select “other”, please specify. (free response)

Q16: During the following academic years, did each campus in your district/charter school have the appropriate equipment and adequate facilities for students to engage in the amount and intensity of physical activity required by TEC [§28.002\(l\)](#)?



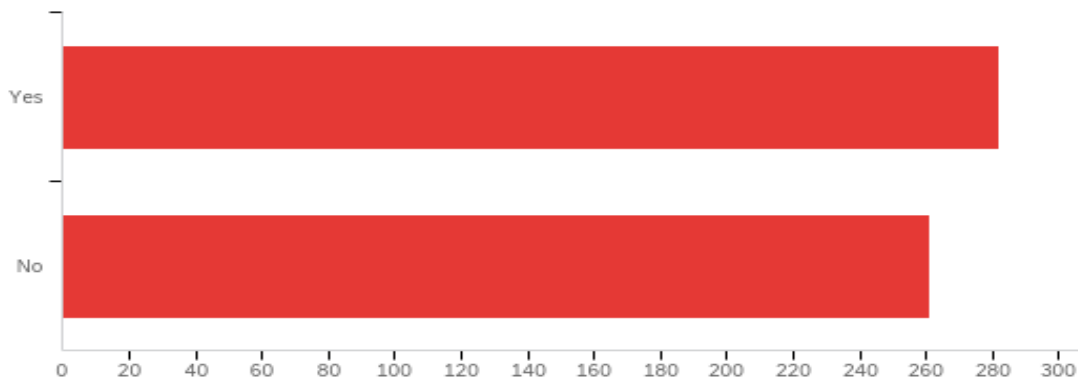
#	Question	Yes	No	Total
1	2018-2019	97.79% 531	2.21% 12	543
2	2019-2020	97.79% 531	2.21% 12	543
3	2020-2021	97.42% 529	2.58% 14	543

Q17: During the 2018-2021 academic years, did your district/charter school provide recess in elementary school?



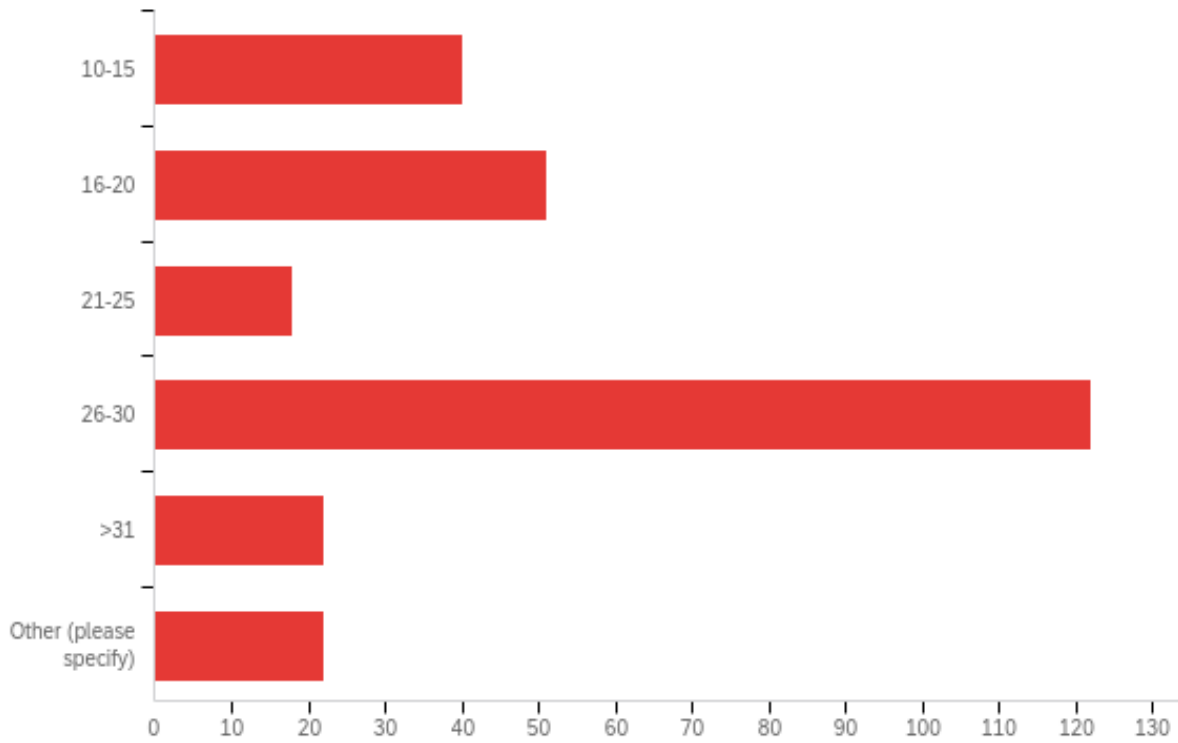
#	Answer	%	Count
1	Yes	97.05%	527
2	No	2.95%	16
	Total	100%	543

Q18: During the 2018-2021 academic years, did your district/charter school have a written policy specifying the number of minutes per day that students should participate in recess?



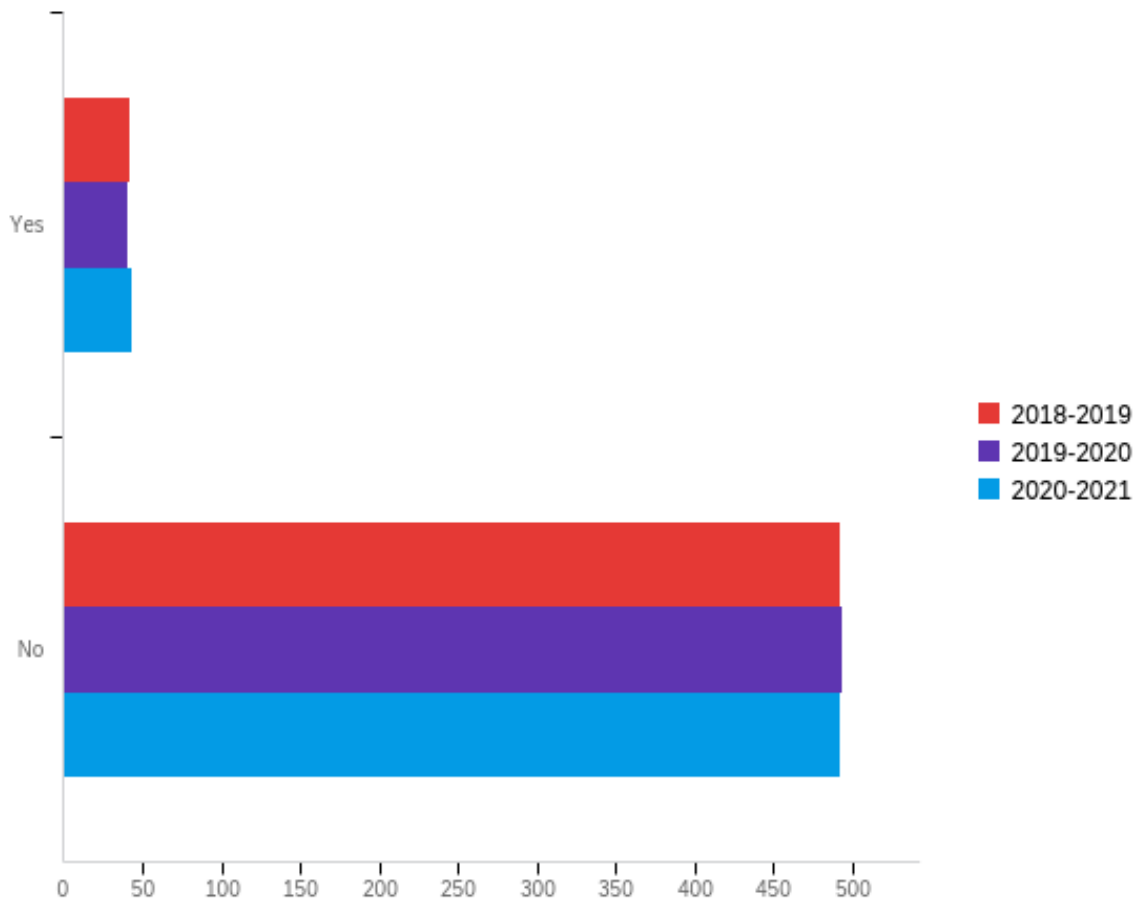
#	Answer	%	Count
1	Yes	51.93%	282
2	No	48.07%	261
	Total	100%	543

Q19: If you responded "Yes" to the previous question for the 2018-2021 academic years, how many minutes per day were required for recess in your district?



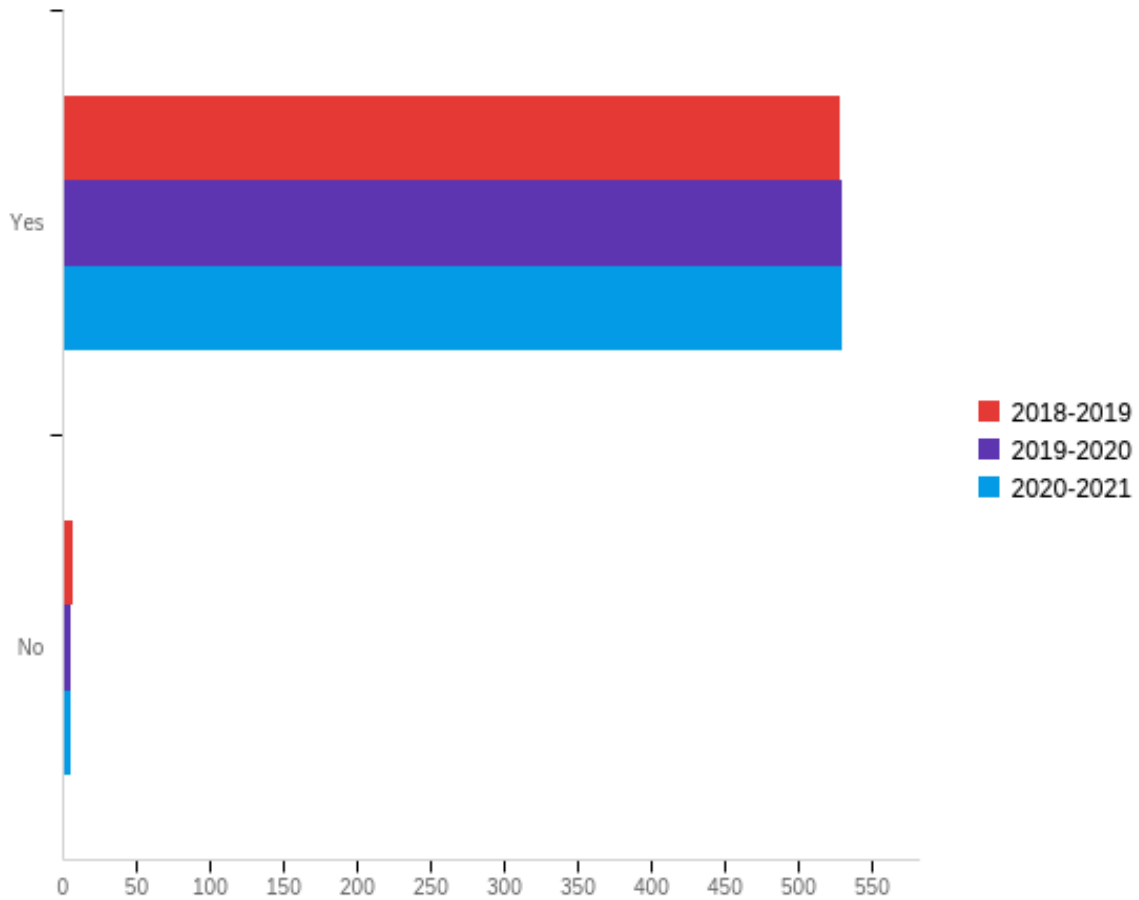
#	Answer	%	Count
1	10-15	14.55%	40
2	16-20	18.55%	51
3	21-25	6.55%	18
4	26-30	44.36%	122
5	>31	8.00%	22
6	Other (please specify)	8.00%	22
	Total	100%	275

Q20: During the following academic years, did your district/charter school have a policy to allow teachers or administrators in the district to withhold physical activity from a student as a form of punishment?



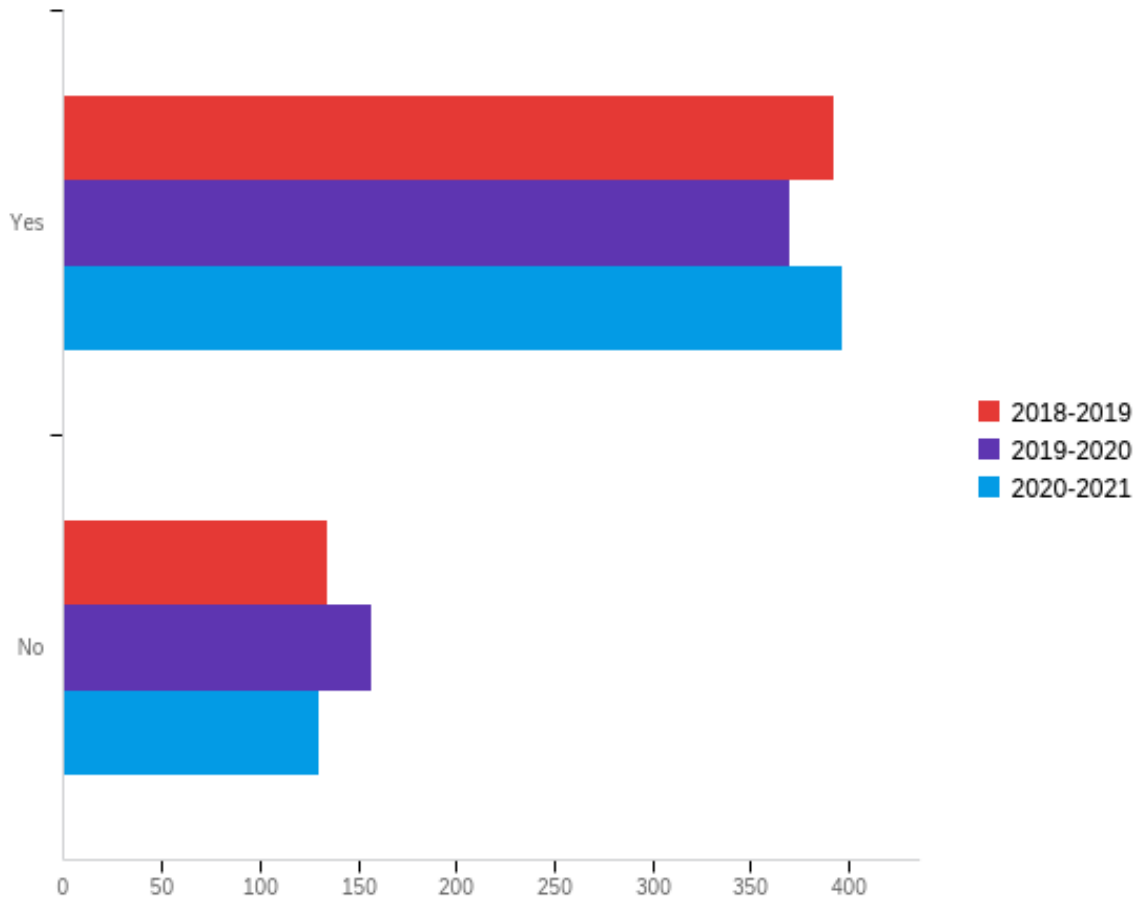
#	Question	Yes		No		Total
1	2018-2019	7.85%	42	92.15%	493	535
2	2019-2020	7.66%	41	92.34%	494	535
3	2020-2021	8.04%	43	91.96%	492	535

Q21: During the following academic years, did your district/charter school allow modifications or accommodations to enable physical education courses to meet the needs of students with disabilities?



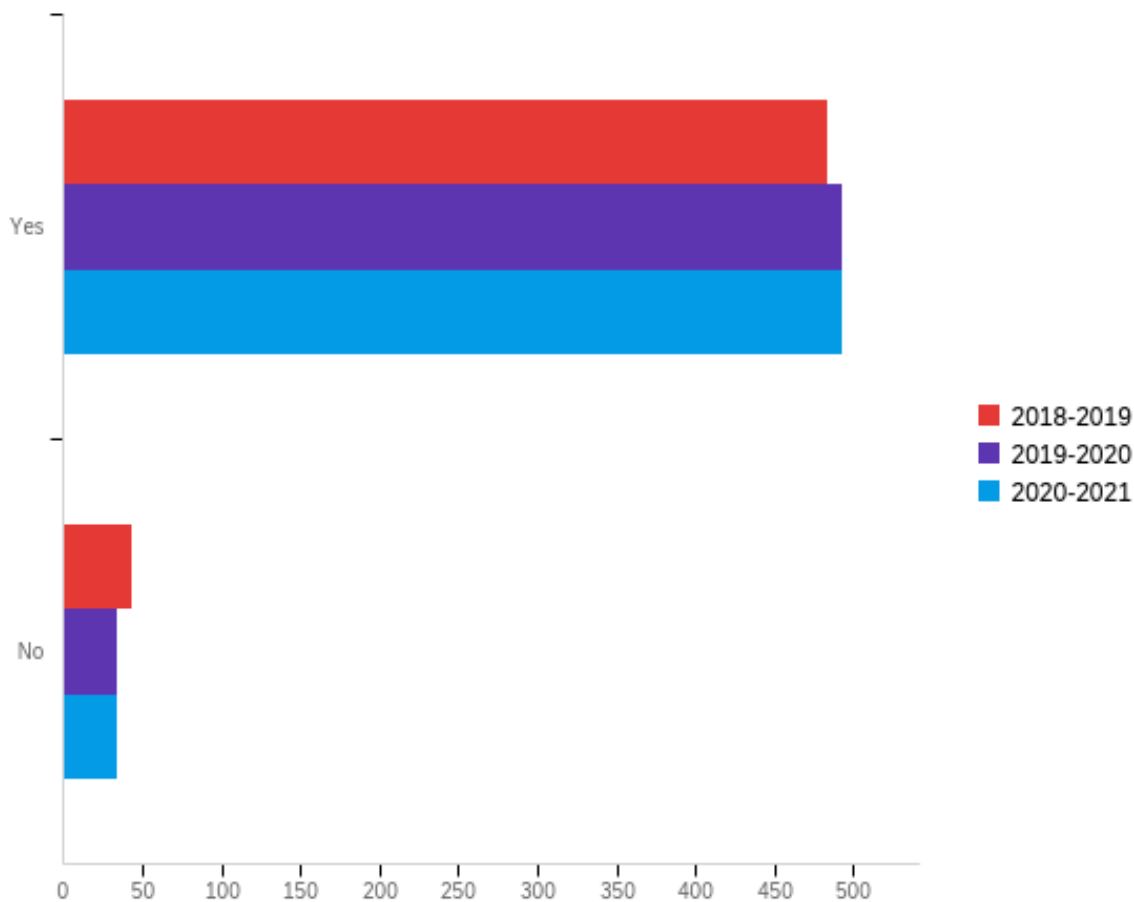
#	Question	Yes	No	Total
1	2018-2019	98.88%	1.12%	535
2	2019-2020	99.07%	0.93%	535
3	2020-2021	99.07%	0.93%	535

Q22: During the following academic years, did your district/charter school notify parents that they could request in writing their child's physical fitness assessment results at the end of the school year?



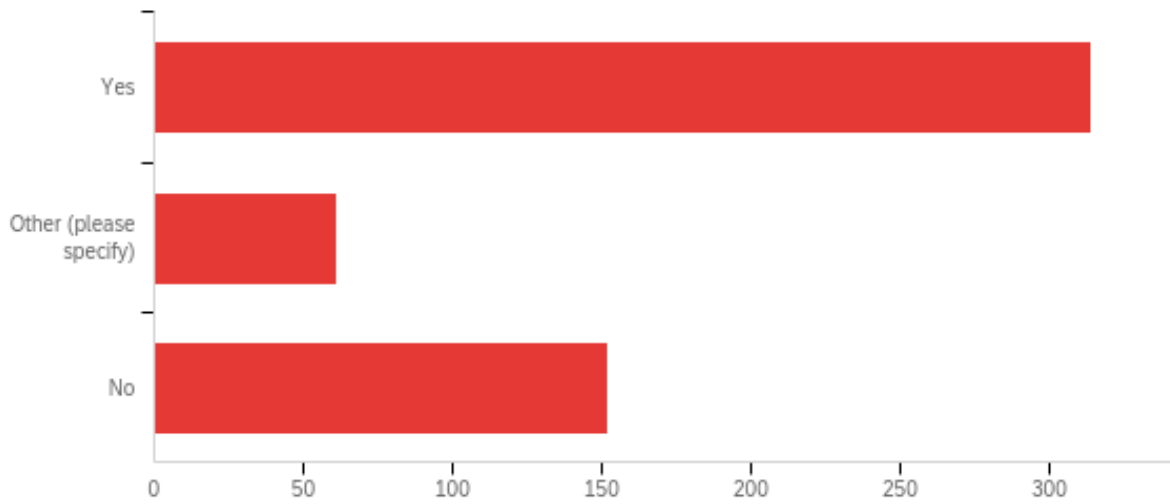
#	Question	Yes	No	Total
1	2018-2019	74.57%	25.43%	527
2	2019-2020	70.21%	29.79%	527
3	2020-2021	75.33%	24.67%	527

Q23: During the following academic years, did your district/charter school adopt policies and procedures that prescribed penalties for the use of electronic-cigarettes and tobacco products by students and others on campuses or at school-sponsored or school-related activities?



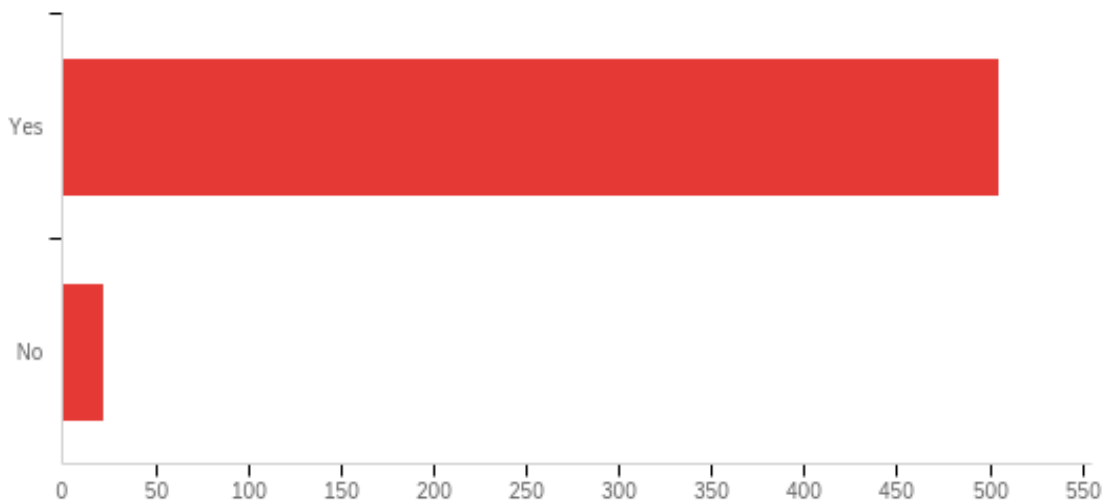
#	Question	Yes	No	Total
1	2018-2019	91.84% 484	8.16% 43	527
2	2019-2020	93.55% 493	6.45% 34	527
3	2020-2021	93.55% 493	6.45% 34	527

Q24: During the 2018-2021 academic years, did your district/charter school use a suicide prevention program or curriculum for students from the Suicide Prevention Resource Center's Best Practice Registry?



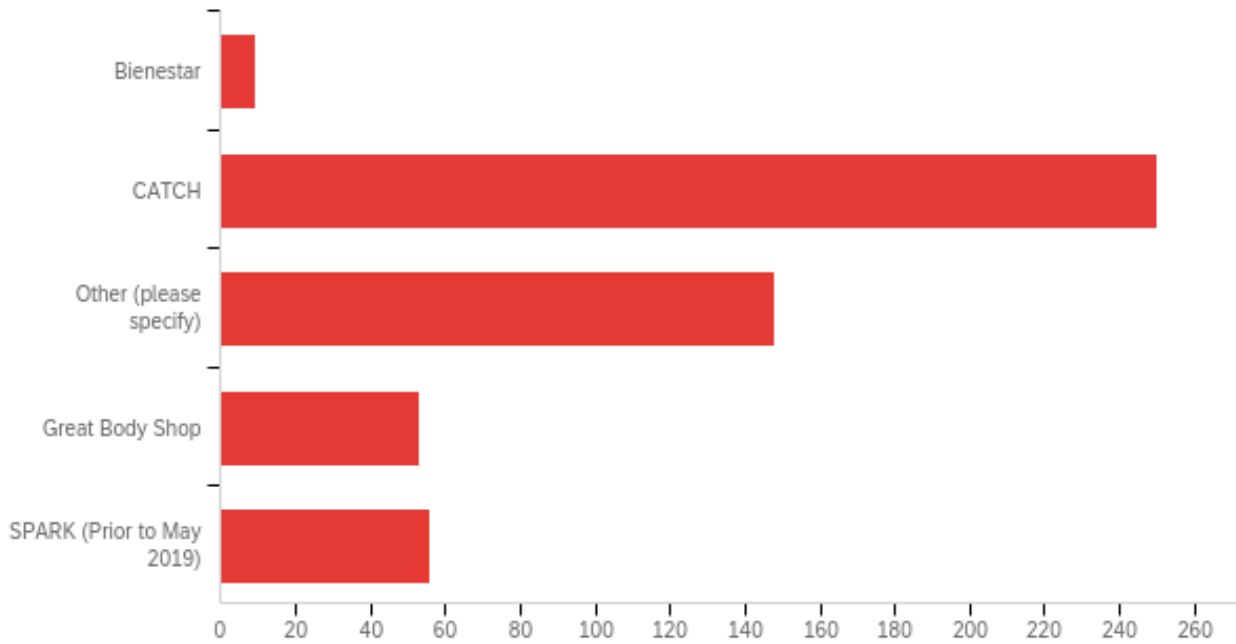
#	Answer	%	Count
1	Yes	59.58%	314
2	Other (please specify)	11.57%	61
3	No	28.84%	152
	Total	100%	527

Q25: During the 2018-2021 academic years, did your district/charter school provide training for staff in dealing with students at risk of suicide, recognizing early warning signs, and how to intervene effectively with students?



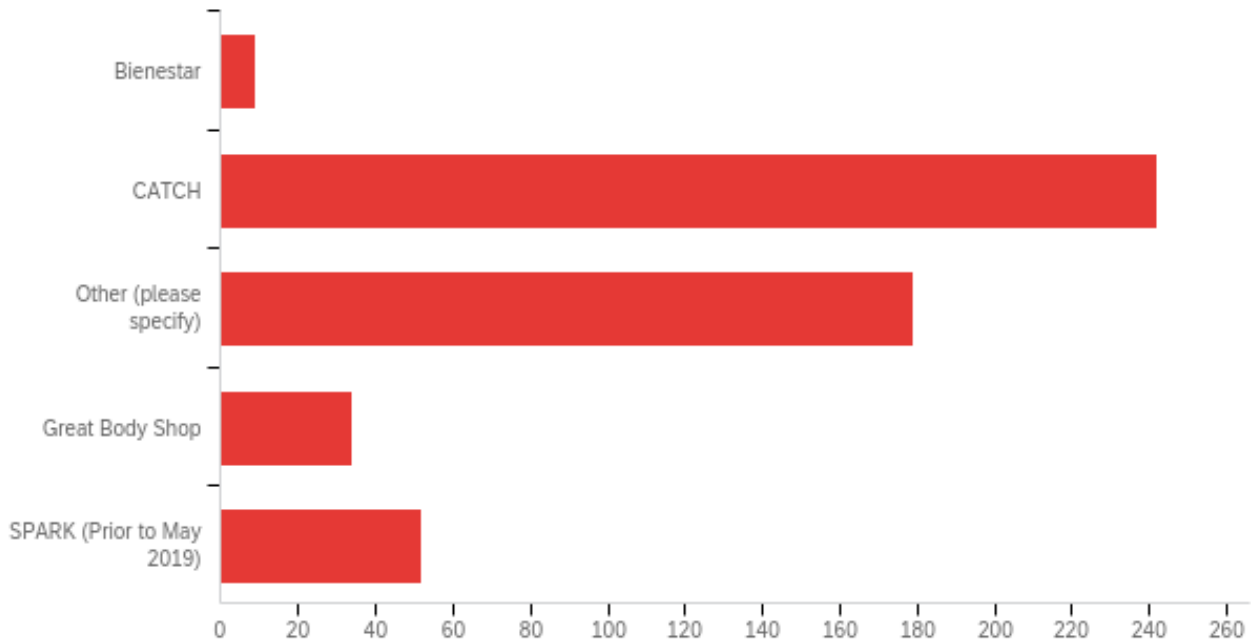
#	Answer	%	Count
1	Yes	95.83%	505
2	No	4.17%	22
	Total	100%	527

Q26: During the 2018-2021 academic years, which Coordinated School Health Program did your district/charter school implement in elementary schools?



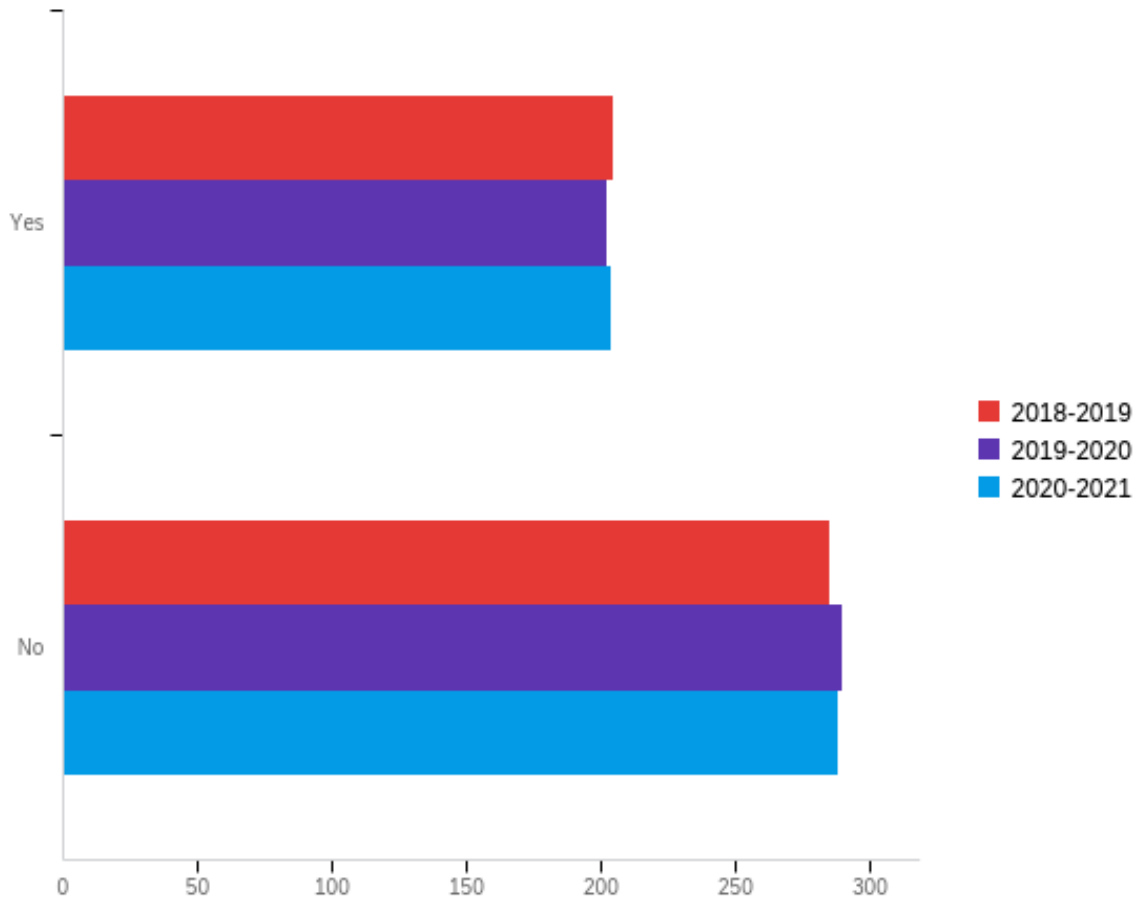
#	Answer	%	Count
1	Bienestar	1.74%	9
2	CATCH	48.45%	250
3	Other (please specify)	28.68%	148
4	Great Body Shop	10.27%	53
5	SPARK (Prior to May 2019)	10.85%	56
	Total	100%	516

Q27: During the 2018-2021 academic years, which Coordinated School Health Program did your district/charter school implement in middle and/or junior high schools?



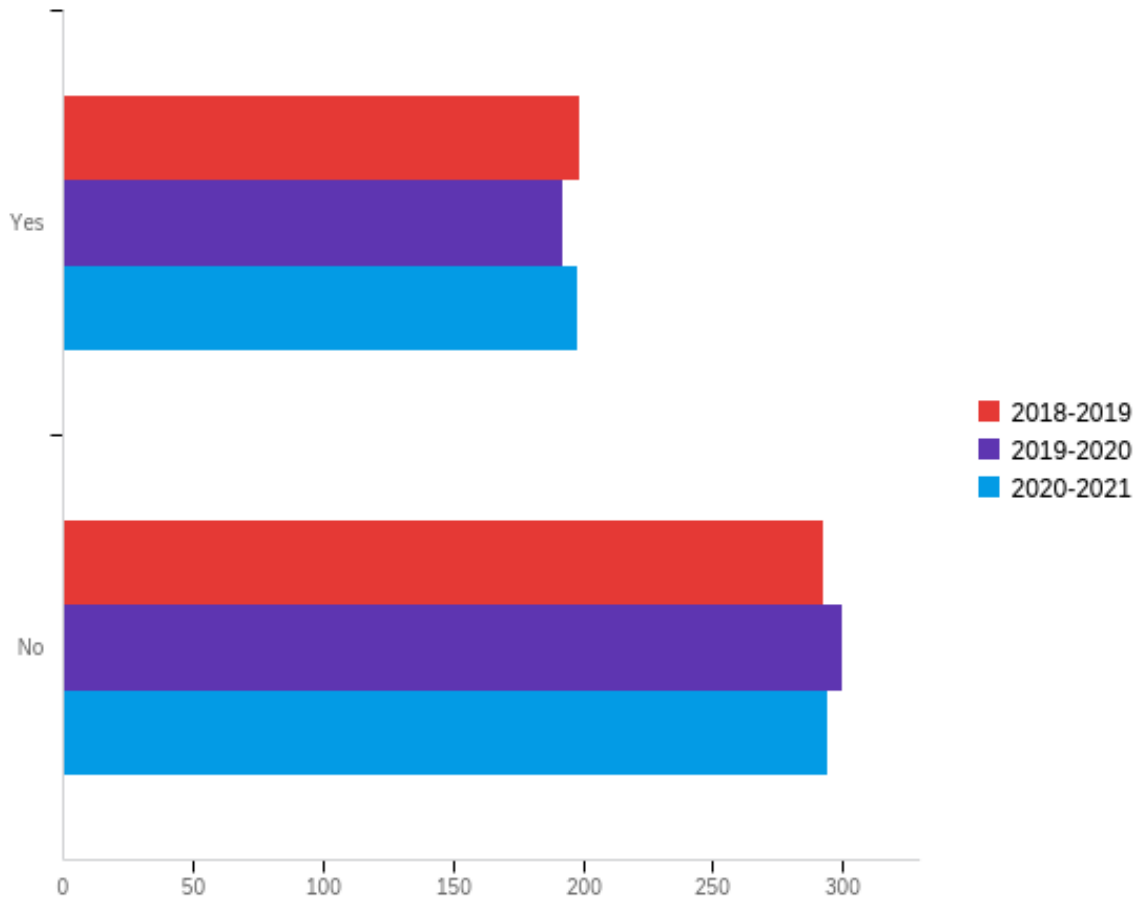
#	Answer	%	Count
1	Bienestar	1.74%	9
2	CATCH	46.90%	242
3	Other (please specify)	34.69%	179
4	Great Body Shop	6.59%	34
5	SPARK (Prior to May 2019)	10.08%	52
	Total	100%	516

Q28: During the following academic years, did your district/charter school require health education as a graduation requirement for high school students?



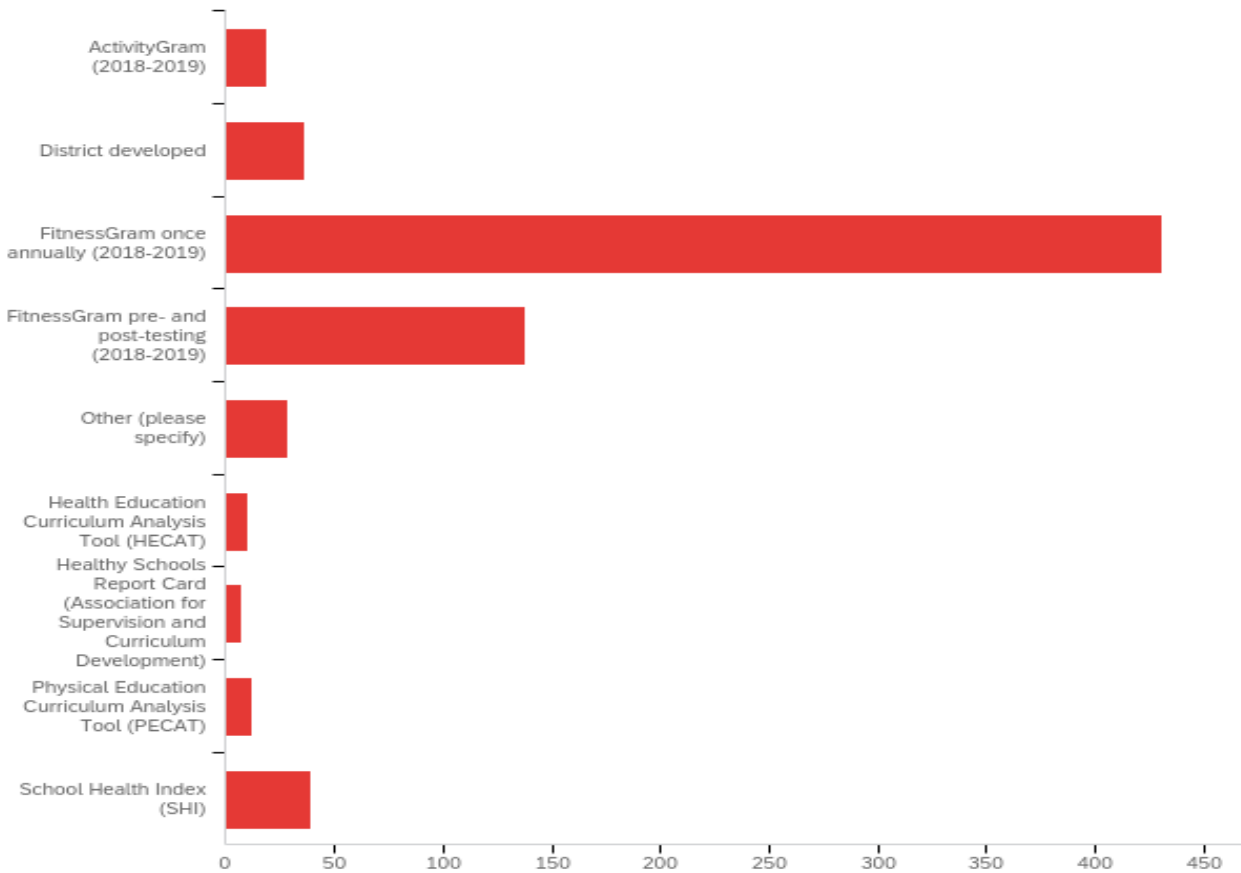
#	Question	Yes	No	Total
1	2018-2019	41.84%	58.16%	490
2	2019-2020	41.06%	58.94%	492
3	2020-2021	41.46%	58.54%	492

Q29: During the following academic years, did your district/charter school implement the Parenting and Paternity Awareness (p.a.p.a.) Program?



#	Question	Yes	No	Total
1	2018-2019	40.45% 199	59.55% 293	492
2	2019-2020	39.02% 192	60.98% 300	492
3	2020-2021	40.24% 198	59.76% 294	492

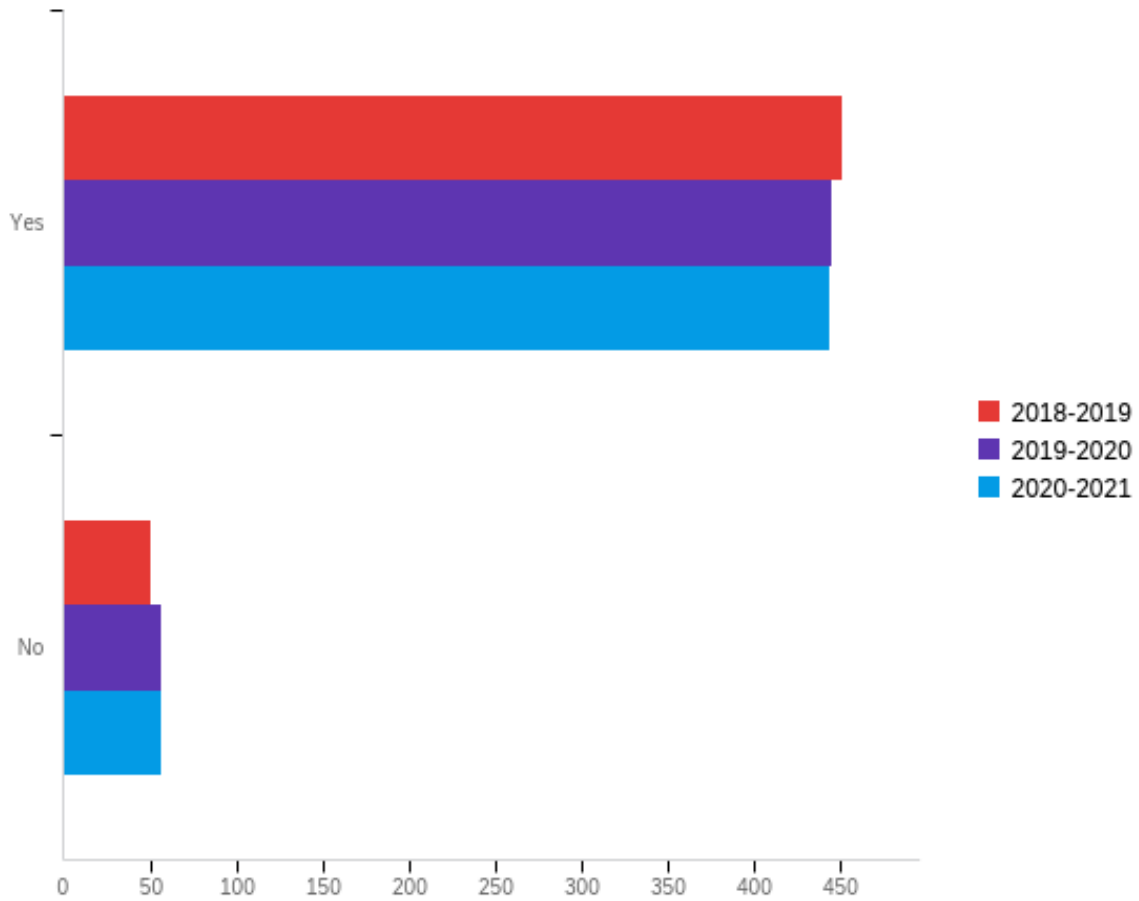
Q30: During the 2018-2021 academic years, which school health-related assessment tools did your district/charter school use? (Mark all that apply.)



#	Answer	%	Count
1	ActivityGram (2018-2019)	2.64%	19
2	District developed	4.99%	36
3	FitnessGram once annually (2018-2019)	59.78%	431
4	FitnessGram pre- and post-testing (2018-2019)	19.14%	138
5	Other (please specify)	4.02%	29
6	Health Education Curriculum Analysis Tool (HECAT)	1.39%	10
7	Healthy Schools Report Card (Association for Supervision and Curriculum Development)	0.97%	7
8	Physical Education Curriculum Analysis Tool (PECAT)	1.66%	12
9	School Health Index (SHI)	5.41%	39
	Total	100%	721

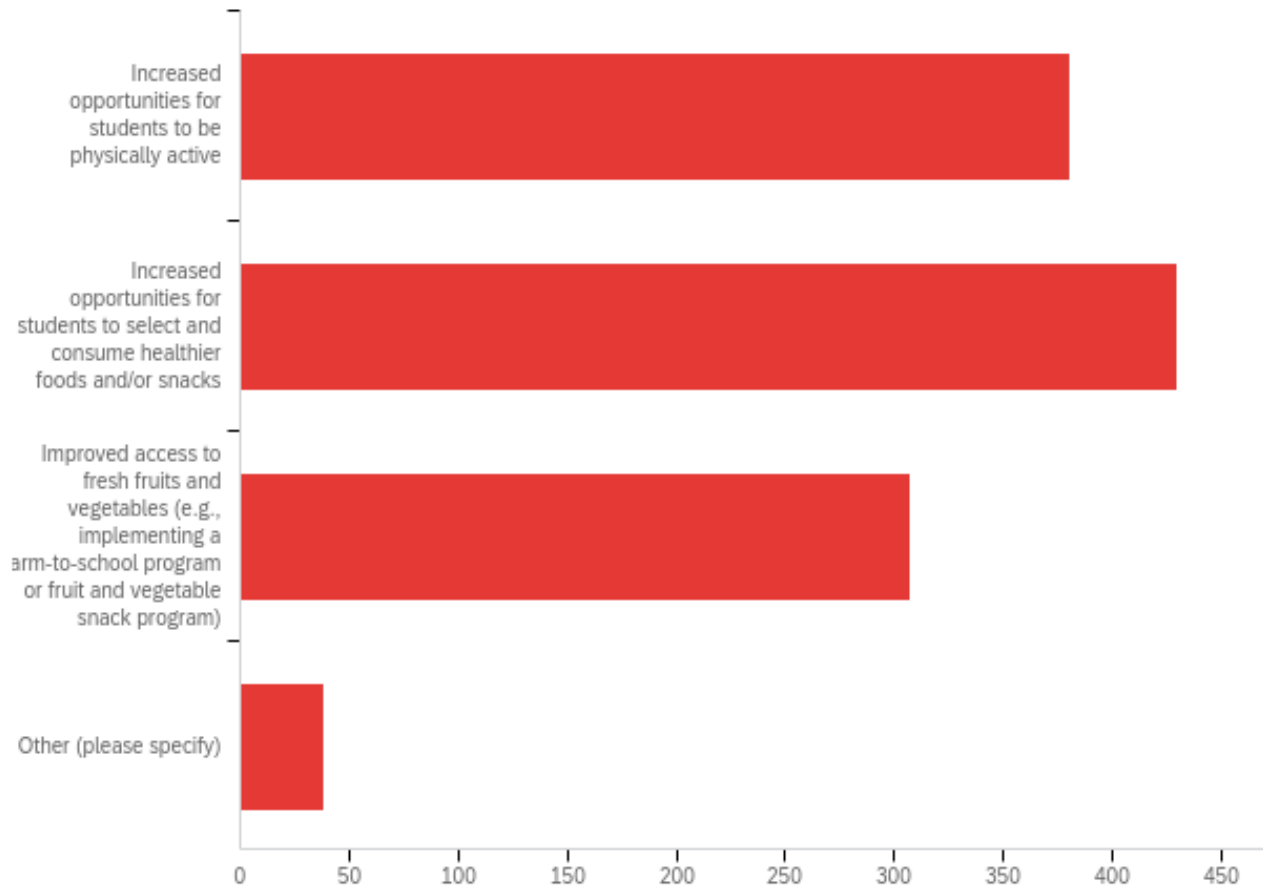
Q31: During the following academic years, did your district/charter school adopt policies to meet the

U.S. Department of Agriculture (USDA) smart snack requirements?



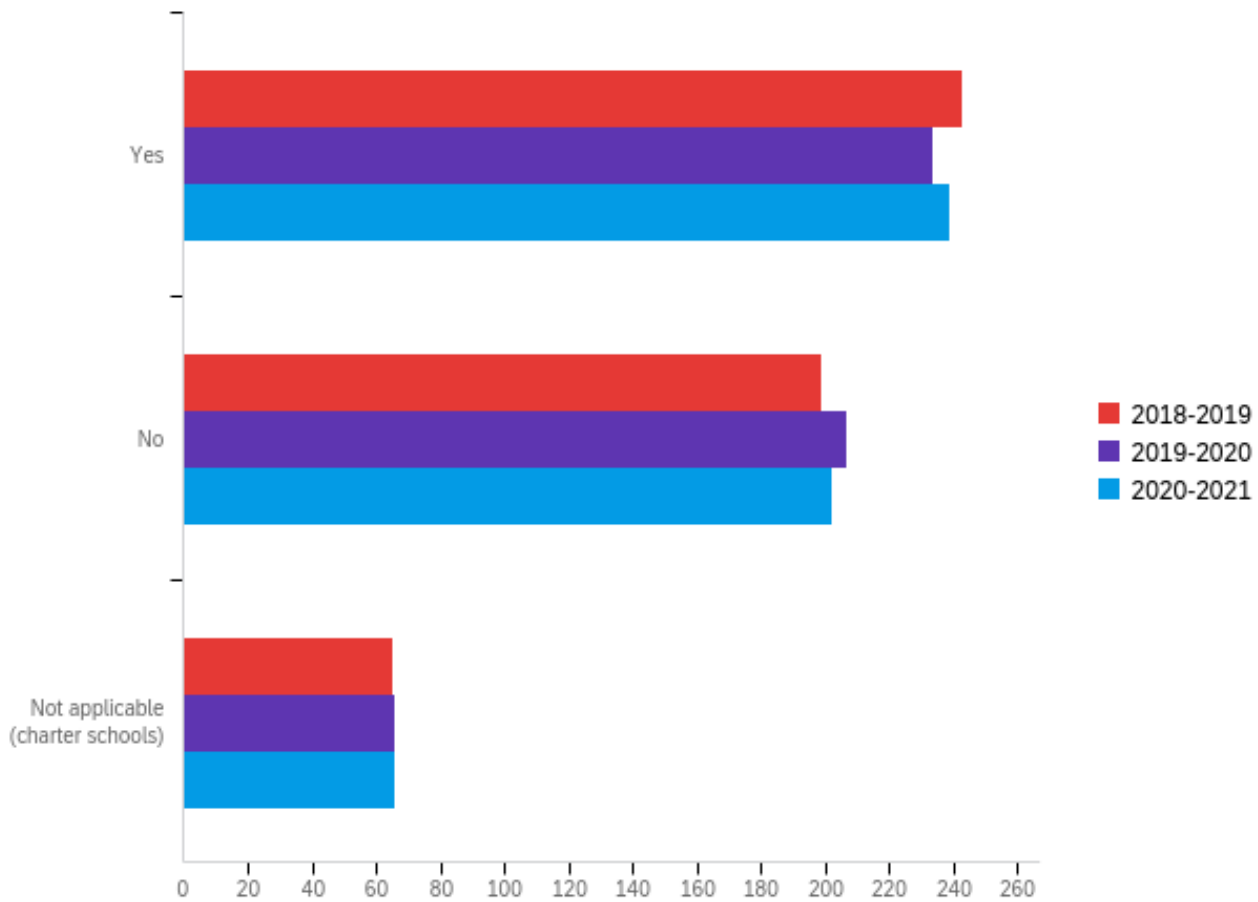
#	Question	Yes	No	Total
1	2018-2019	90.02% 451	9.98% 50	501
2	2019-2020	88.82% 445	11.18% 56	501
3	2020-2021	88.60% 443	11.40% 57	500

Q32: During the 2018-2021 academic years, did your local wellness policy address any of the following? (Mark all that apply).



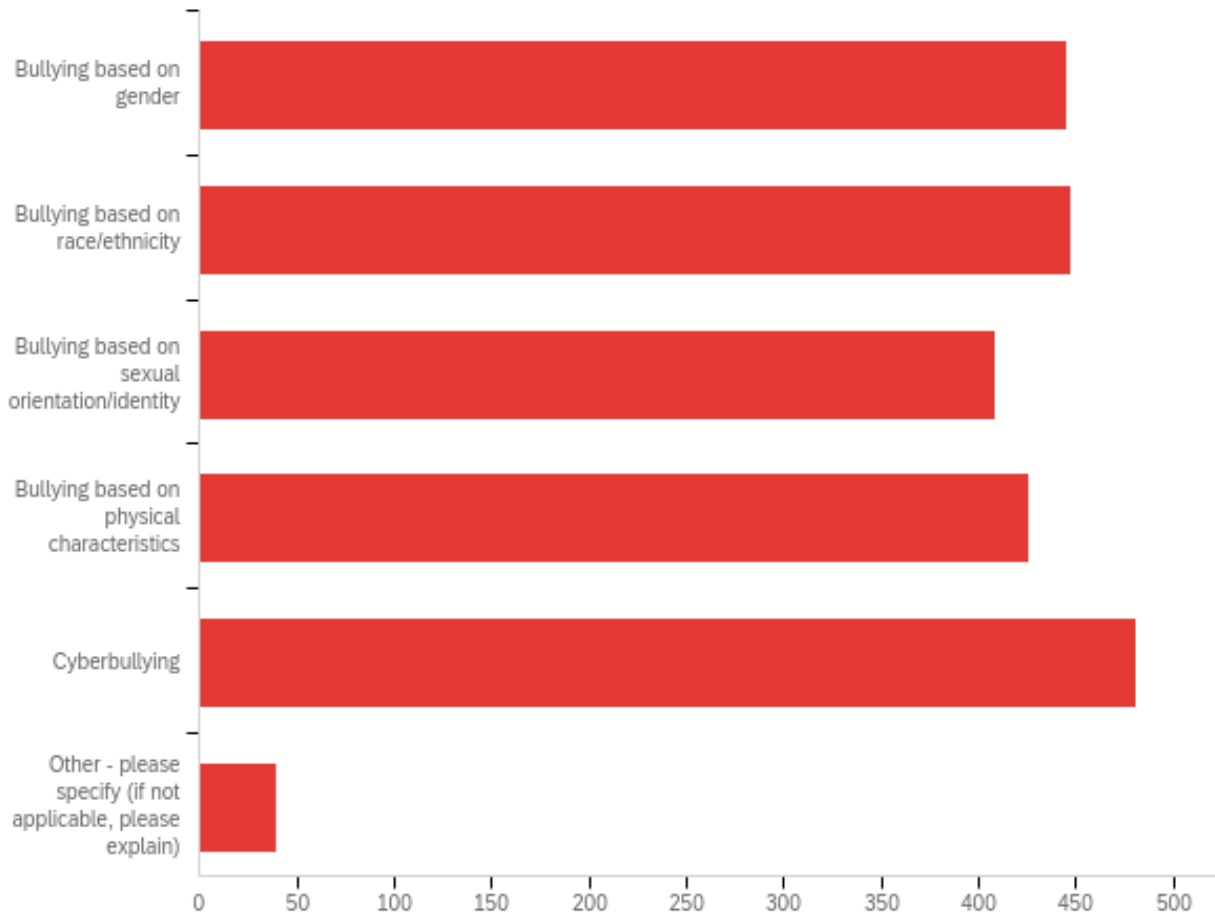
#	Answer	%	Count
1	Increased opportunities for students to be physically active	32.96%	381
2	Increased opportunities for students to select and consume healthier foods and/or snacks	37.20%	430
3	Improved access to fresh fruits and vegetables (e.g., implementing a farm-to-school program or fruit and vegetable snack program)	26.56%	307
4	Other (please specify)	3.29%	38
	Total	100%	1156

Q33: During the following academic years, did your SHAC recommend joint use agreements or strategies for collaboration between the school district/charter school and community organizations or agencies pursuant to TEC [§28.004\(c\)\(5\)](#)?



#	Question	Yes		No		Not applicable (charter schools)		Total
1	2018-2019	47.93%	243	39.25%	199	12.82%	65	507
2	2019-2020	46.15%	234	40.83%	207	13.02%	66	507
3	2020-2021	47.14%	239	39.84%	202	13.02%	66	507

Q34: During the 2018-2021 academic years, did your district/charter school bullying policy address any of the following? (Mark all that apply.)



#	Answer	%	Count
1	Bullying based on gender	19.80%	445
2	Bullying based on race/ethnicity	19.93%	448
3	Bullying based on sexual orientation/identity	18.19%	409
4	Bullying based on physical characteristics	18.95%	426
5	Cyberbullying	21.40%	481
6	Other - please specify (if not applicable, please explain)	1.73%	39
	Total	100%	2248